



SWISS MOUNTAIN EDITION

Golf

pleasure & taste

English

*Travel
Edition*

REPORTAGE: WINTER SUNNY DESTINATIONS N.6

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This winter edition is full of surprises and good news for the next 2025 golf season. We named the magazine "Travel Edition" because there are three sections dedicated to travellers, with Italian golf destinations, European golf destinations and a reportage entirely dedicated to a selection of hotels & resorts in the World.

We also have several interesting sections such as "Mentoring & Coach" with a series of interviews with experts in the sector, a Beauty column where you can find a careful selection of products and news.

And last but not least, our new digital product "GPT Digital Card", a digital discount card already purchasable on Apple Store & Android, which offers a vast selection of discounts and benefits in hotels, restaurants and spa resorts and golf clubs throughout Europe.

Visit our website "www.golfpleasuretaste.com/gpt-card" and access directly with one click!

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Francesca Ada Babini
General Manager





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Neue Zürcher Zeitung

Your success in the networking world

Golf

ZURICH



MANDARIN ORIENTAL SAVOY, ZURICH

After an extensive renovation, the city's oldest grand hotel joined MOHG's award-winning collection. Positioned on prestigious Paradeplatz on Bahnhofstrasse, Mandarin Oriental Savoy, Zurich lies close to high-end fashion houses, the historic old town and the business district. Within easy reach of leisure attractions and serene Lake Zurich, it is the perfect Zurich address.

Ideally situated close to Zurich's Paradeplatz, Mandarin Oriental Savoy, Zurich enjoys an enviable location. Adjacent to the renowned

Bahnhofstrasse, the captivating historic old town lies just minutes away, whilst the tranquil lake is situated just 600 meters from the hotel.

With captivating views of the city, Mandarin Oriental Savoy, Zurich is an elegant boutique hotel with 42 rooms and 38 expansive suites. Overlooking the city, every room enjoys a picturesque backdrop and a beautifully crafted design. With destination dining and a rooftop bar, the hotel exudes a contemporary, international style which contrasts beautifully with the building's striking architecture.



With hand-made porcelain art installation by artist Livia Marin, ORSINI invites you to appreciate the heritage of the Italian region whilst enjoying the unforgettable menu. Located in one of Zurich's most historic buildings, ORSINI offers the perfect backdrop for a fabulous dining experience.



ORSINI

Relish the essence of Italian cuisine at ORSINI.

Having previously won two-Michelin stars for Seta at Mandarin Oriental, Milan, Consultant Chef Antonio Guida has brought his unique talent to Zurich. Renowned for boundary-pushing culinary creations, Chef Guida's authentic Italian dishes burst with flavour and ingenuity.



MANDARIN ORIENTAL
SAVOY
ZURICH

www.mandarinoriental.com/en/zurich/savoy

PETROSSIAN

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PETROSSIAN, THE QUINTESSENCE OF CAVIAR IN SWISS

With more than a century of expertise, the Petrossian family business is synonymous with exceptional caviar. By combining tradition and innovation, it perpetuates unique know-how, guaranteeing the sustainability of sturgeon species while expanding its range of caviars. With its laboratory nestled in the heart of Switzerland, this innovative house combines the richness of the Swiss terroir with passionate craftsmanship, thus giving birth to caviars of exceptional quality. Since 1920, Petrossian has cultivated a French art of living with careful selection and refining of caviar, smoking fish and other delicatessen products. Excellence and innovation are at the heart of their approach to make each tasting exceptional.





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Excessively high or strongly fluctuating storage temperatures, low humidity and odor emissions can have a serious impact on the wine. It is difficult for professional wine lovers to meet these requirements. The exclusive member club where the Zurich wine scene meets to serve their «own» wines under the very best conditions to their circle of friends, business partners and interested parties. A dream location for wine fans.



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The Dolder Golf Club Zurich was founded in 1907 and it is one of the oldest golf clubs in Switzerland. The private 9-hole course is located in the area of the city of Zurich and is idyllically embedded in the forest of the Adlisberg. Guests are welcome. Tee times are to be agreed through the secretariat. The course is located on the southern slope of the Adlisberg.

For this reason, the many inclines make the place, despite its clarity, a physically and mentally challenging experience. 2004/05, the place was gently rebuilt and renewed all greens. The 9 hole course can be played in two passes. The deductions remain the same in both rounds. Slopes, stepped greens, bunkers and old, dense trees complicate the game. The course is not very long, but the greens are small and well defended. Precision is therefore more important than length.

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CH-8032 Zürich
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info@doldergolf.ch

9-Holes Course

- PAR 60
- 3366 m
- Putting Green
- Restaurant



WWW.DOLDERGOLF.CH



FINE JEWELLERY

ONTOO

jewellery & fashion



Martina Baeriswyl: Co-Founder of ONTOO Jewellery & Fashion – passionate about jewellery & fashion

Martina's vision behind ONTOO JEWELLERY & FASHION, combining her passion for timeless design and quality with a deep understanding of customer needs to create a brand that redefines luxury. Born and raised in Argentina with Swiss roots, Martina's love for fine jewellery started in childhood, inspired by her mother's collection of fine jewellery and gemstones. Today, the ONTOO collection reflects her fascination with valuable materials and stones, blending contemporary designs with the elegance of the past.

"I have always had a passion for marketing and understanding what customers need, no matter the industry I worked in," says Martina. "My journey began in the pharmaceutical industry, but my love for fine jewellery and design – eventually led me to offer marketing and communication services for luxury fashion brands."

This decision allowed her to work with iconic fashion houses like Gucci and Dior.

ONTOO: The blend of customer-focused design and timeless fashion.

The name reflects her vision and the brand's values. Every woman already has jewellery, and the 'ontoo' collection is meant to add something personal to what she already owns.

A piece of jewellery should not only be beautiful but also practical – designed to be worn every day and for any special occasion. This idea comes from Martina's personal experiences with jewellery that, while impressive, was often too extravagant or impractical for everyday use.

"My goal is to offer my clients fine jewellery that is unique and personal, comfortable, and versatile," she explains. "ONTOO pieces are designed to fit seamlessly into everyday life – whether in a formal office, at the gym, or on a night out. They should reflect personal style without being too demanding."

The newest «Infinity Collection», timeless and versatile, complements the ONTOO range, reflects again the brand's values. It combines playful simplicity with accents, designed to enhance any look and allow women to transition smoothly from everyday life to special occasions. Whether it's a bracelet, necklace, ring, or hoops – each piece of the collection is sensual with timeless appeal.

All collections includes ready made pieces, and for those looking for something more personal, ONTOO offers a customized service that allows clients to add an



individual touch to their jewellery.

Along with her jewellery line, Martina has expanded ONTOO to include a luxury fashion collection featuring elegant leather, suede and shearling clothing. These pieces are made for women seeking comfort and sophistication, with versatility being a key part of every design. "The leather collection was introduced to complement the ONTOO style – pieces that are comfortable, sexy, and unique while timeless and suitable for any occasion, whether at work or in the evening," says Martina.

The fashion line offers a wide range of colors and styles, allowing each piece to be worn all year around. Whether for the office or casual wear, these pieces are made with the same attention to detail and timeless appeal as ONTOO's jewellery.



ONTOO is not just about jewellery and fashion – it's about helping women rediscover themselves through jewellery and fashion, to enhance their individual style, confidence, and uniqueness.

Martina has created a brand that stands for more than just luxury – it represents a lifestyle of refined elegance, comfort, and individuality.

To explore the collections and learn more about ONTOO Jewellery & Fashion, visit [www.ontoo.ch]. As Martina summarizes

her philosophy: "We celebrate the beauty of simplicity and the luxury of durability. ONTOO stands for luxury that can be lived every day and will last a lifetime."

ONTOO Jewellery & Fashion

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The beautiful 18 hole / par 72 course, the 685 M.ü.M. can be played with a handicap below 30. Guests are welcome from Monday to Friday. An appointment by telephone, club membership and a valid handicap of maximum 30 is necessary. The Zumikon golf course is equipped with a club house, a driving range and a shop. Elevated tees and greens, sheltered by bunkers and water hazards, are the hallmarks of this golf course. In particular, the height difference provides some challenge to the player.

18 hole-course

- Par 72
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- Club House
- Pro Shop



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ITALIAN-SWISS INDUSTRIAL FORUM.
ON OCTOBER 16, IN LUGANO, THE SPOTLIGHT IS ON THE MEM SECTOR



Over 150 registered for the event. 21 exhibitors from Italy. 9 international speakers.

The first edition of the Industrial Forum of the Italian Chamber of Commerce for Switzerland promises to be more than positive.

The MEM community of Switzerland will meet in Lugano, the financial capital of Ticino, home to one of the 3 most prestigious universities in the Swiss territory, to participate in conferences, B2B meetings and in-depth sections related to the most interesting topics for the sector. There will

also be a large presence of representatives of Made in Italy which, data in hand, drives the European mechanical and electromechanical production sector, together with Germany.

The first Italian-Swiss Industrial Forum is therefore an unmissable event for all those who do business in this multifaceted sector and who want to come into contact with first-hand information, leading Made in Italy companies, researchers and excellent manufacturers. The sectors involved are numerous. Among these are the aerospace, automotive, railway ecosystems but also the molding and wiring as well as the medical and components for the pharma and medtech supply chain.

The objective that the Italian Chamber of Commerce for Switzerland sets itself by organizing this event is to give the opportunity to all the players in the MEM sector to learn about the previews, news, and innovations that will drive the mechanical and electromechanical ecosystem in the coming months. Hence the opportunity to better plan your business by developing one strand rather than another, and the possibility of creating opportunities for meeting and exchange.

The Italian-Swiss Industrial Forum will be held in the East Campus of Supsi, in the Multipurpose Room.

Registration of guests and press is scheduled to start at 9:15.

The morning conference, starting at 10:00, will have the following speakers:

Fabrizio Macri, Secretary General of the Italian Chamber of Commerce for Switzerland. Speaker: "Welcome and analysis of the industrial goods sector between Italy and Switzerland"

Ilaria Ceddia, Head of the Industrial Goods sector of the Italian Chamber of Commerce for Switzerland

Matteo Ramenghi, CIO of UBS Italia. Speaker: "Forecast of the global market of the



industrial goods sector"

Stefano Modenini, Director of the Ticino Industries Association (AITI). Speaker:

"Industrial Panorama in the Canton of Ticino" Stefania Padoan, Member of the Committee of the Ticino Industries Association (AITI).

Speaker: "Importance of associations such as AITI for supporting businesses"

Nicola Roberto Tettamanti, President of Swissmechanic. Speaker: "Focus on trends and analysis of the challenges of the sector"

Emanuele Carpanzano, Director of Research, Development and Knowledge Transfer at SUPSI. Speaker: "Best cases and federal funds

and Europeans for industrial collaboration” Matteo Castiglioni, General Manager and Head of Machining Division of Mikron Group. Speech: “Digitalization and artificial intelligence in industry”.

Roberto Candido, CEO Italy and Switzerland & Global CRO. Speech: “Sustainable growth in the industrial world: a unique opportunity driven by technology”. After the standing lunch offered by the Italian Chamber of Commerce for Switzerland to all participants in the areas adjacent to the multipurpose room, the day will continue with the opening of the exhibition area, which will be open to visitors from the morning coffee break.

21 Italian exhibitors have signed up. The large exhibition, with free access, will offer everyone present the opportunity to experience first-hand the innovative Made in Italy proposals and will give participants the opportunity to start one-to-one professional

relationships, in a dedicated and non-dispersive environment. The optimization of timing, for those who are worth it, will be guaranteed by the possibility of scheduling meetings between supply and demand, depending on the availability of the parties involved.

Furthermore, each exhibitor will be able to best set up their stand/booth, displaying their productions, information material or interesting machinery.

“The event is intended as a dialogue and a moment of celebration of the collaboration between Italy and Switzerland in this sector,” says Ilaria Ceddia, Head of the Industrial Goods sector of the Italian Chamber of Commerce for Switzerland and organizer of the Forum. “The two countries collaborate a lot, with trade and industrial R&D. For this reason, with the Forum, we are addressing both large players and SMEs. The Forum is also a moment of study of what has



happened in the sector from the pandemic to today and will guarantee a detailed analysis of possible future scenarios. Furthermore, Lugano is an area particularly suited to industrial production and the proximity of the border, as well as the presence of one of our three offices here, have pushed us to choose it as a place in which to create new collaborations and attract wealth and excitement for the entire territory”.

Below is the list of exhibitors in the meeting area:

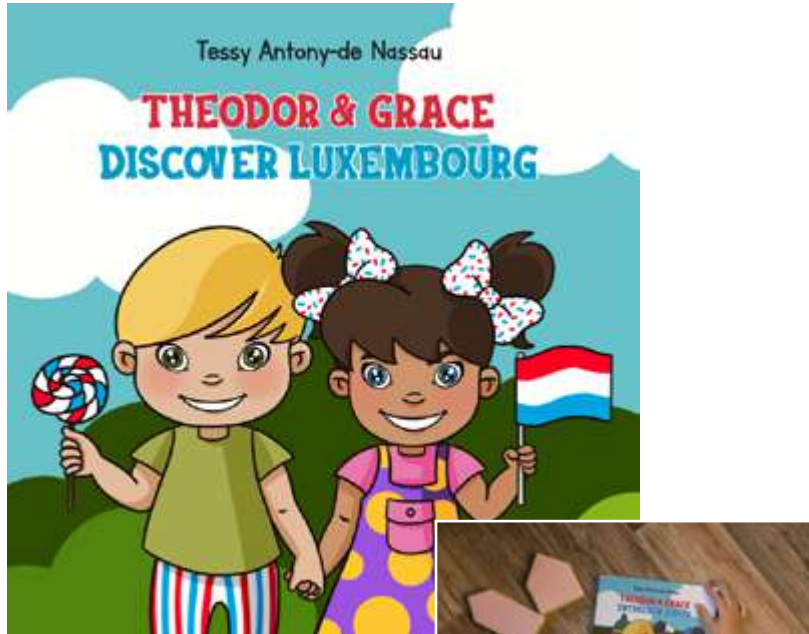
- PRECISIONET (Precision Mechanics, Grinding, Sheet Metal Working, EMS)
- BERMEC PRECISION S.R.L. (Precision Mechanics)
- CODATO SRL (Precision Mechanics)
- EDDI BRESSAN S.A.S. (Precision Mechanics)
- MECCANICA ROSSI SRL (Precision Mechanics)
- CAM SRL LAVORAZIONI MECCANICHE DI PREC. (Precision mechanics)
- ALGO SRL (Plastic and polymer processing for O-rings and gaskets)
- PMP SRL (Precision mechanics)
- ELETTROCABLAGGI SRL (Wiring, automation and robotics)
- LATOFRES SRL (Precision mechanics)
- MEC-2 SRL (Precision mechanics)
- VIPACO SRL (Precision mechanics)
- QUALITY CONTROL (Dimensional controls, 3D printing)
- COSTAM SRL (Precision mechanics, sheet metal processing)
- GRUPPO PONTIGGIA (Precision mechanics, sheet metal processing)
- LOGISTICS AND SERVICES (Mechanical assemblies and precision mechanics)
- OMV – OFFICINE MECCANICHE VIGLIANESI (Precision mechanics)
- FAIVELEYTECH (Plastic injection molding)
- OFFICINE GSP (Sheet metal processing)



Fabrizio Macri - Segretario Generale della Camera di Commercio Italiana per la Svizzera

CHRISTMASS GIFT IDEAS 2025

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For purchase:

- <https://editions-schortgen.lu/buch/theodor-grace-discover-luxembourg-tessy-antony-de-nassau/>
- <https://www.orellfuessli.ch/shop/home/artikeldetails/A1072423527>

Unveiling a World of Wonder: Introducing «Theodor & Grace,» a captivating collection of four books specially crafted for infants to five-year-olds, designed to spark curiosity and foster early development.

Cultural Odyssey in Every Page: Each book is a celebration of the rich tapestry of global cultures and traditions, told through vibrant stories that transport young readers to different countries and cities.

A Feast for the Senses: Embark on a gastronomic journey with «Theodor & Grace,» where food becomes a playful canvas to learn numbers and colors.

Shapes of Imagination: Discover architecture through shapes, inspiring

little visionaries to recognize and dream of the structures that make up our world.

Animal Encounters: Meet a charming array of animals, each character introducing children to the marvels of biodiversity from the region the book addresses.

Botanical Adventures: Explore the lush narratives of plants and trees, cultivating an early appreciation for nature's beauty.

Language Roots: The series takes pride in its linguistic heritage, with the local language edition being the inaugural release, connecting children to their cultural lingua franca.

Tessy's Vision: With four children of her



own, Tessy is not just an author; she's a mother with a mission. Her legacy is one of knowledge, wonder, and exploration—a belief that education is the most potent gift we can give our children and the world.

Theodor and Grace series are now available in Luxembourg as well as in Zurich. Contact Tessy 09190@gmail.com to order yours. The perfect Christmas gift.

If you want to become the sponsor for another city, also email Tessy.

Why you as a sponsor?

Empower Education: By sponsoring "Theodor and Grace Discover XX» you're not just backing a book series—you're igniting a flame of knowledge and curiosity in young minds. Your support is an investment in our children's future.

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Lead with Vision: As a thought leader, your influence can transform narratives. Your involvement with Theodor and Grace Discover XX» positions you



at the forefront of an educational revolution, inspiring countless others to follow.

Create a Timeless Legacy: "Theodor and Grace Discover XX» is more than a book series—it's a spellbinding journey that will captivate, educate, and inspire children for years to come. Be part of creating a legacy that echoes through time.



LIFE IS
YOUR CREATION.



MENTORING & COACHING

with

Golf Pleasure & Taste



ELEVATE YOUR GOLF GAME WITH BREATHWORK & BIOHACKING TECHNIQUES



Introduction: Meet Amanda Carmo, a trailblazer in personal transformation through biohacking. With an entrepreneurial spirit ignited early in her career, Amanda has been leading the charge in optimizing human potential. From launching her first business at 25 to guiding individuals and corporations since 2016, using her biohacking approach blending ancient wisdom with cutting-edge science. Affiliated with the International Breathwork Foundation (IBF), Amanda's mission is to empower individuals by hacking their physiology. She uses conscious breathing, cold exposure,

and mindset shifts to enhance physical performance and overall well-being.

Methodology: Amanda views the human experience from a systematic perspective. The state of our biology shapes how we feel, our energy levels, and the quality of our thoughts. Her mission is to expand knowledge and practical techniques to help individuals self-regulate their nervous system through conscious breathing and cold exposure, integrating body, mind, and spirit with cutting-edge technological tools.

Benefits of Breathwork for Enhancing General Performance: Mastering breathing control not only optimizes physical performance but also directly manages stress responses. Participants in Amanda's programs learn to initiate positive changes in both their mental and physical states, fostering self-optimization and achieving optimal health and performance.

Transforming Performance in Activities Such as Golf: Breathwork can significantly enhance performance in activities like golf by improving respiratory efficiency, stimulating the lymphatic system, reducing anxiety, and increasing energy and mental resilience. Amanda's specific «Transformational Breathwork» technique, combined with binaural beats, induces a state known as «transient hypofrontality,» temporarily silencing self-criticism and enabling players to release mental, emotional, and physical blockages.





Breathwork and Ice Bath: Cold exposure, integrated with breathwork, is used to reduce inflammation, boost the immune system, and build mental resilience. This practice enhances the golfer's ability to remain focused and composed under pressure, simulating the stressors faced during important matches.

Improving Performance through Breathwork: Breathing directly influences aspects such as a golf swing. Managing breathing allows for greater thoracic mobility and force transfer, enhancing swing consistency and power. Learning to properly

breathe before and during a swing can radically transform execution and outcomes.

With Amanda Carmo's biohacking strategies, golfers can achieve not just temporary fixes but lasting improvements in their game. By understanding and implementing the principles of intentional breathing and physiological control, golfers can look forward to a transformation that resonates both on and off the course.



ONTOO

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www.ontoo.ch

HOW TO EMBRACE YOUR SENSES AND ENJOY LIFE WITH MORE PLEASURE

By Angela Ramel

It's time to embrace your senses so that you can enjoy life with more pleasure, by feeling comfortable in your own skin!

We now know why feeling comfortable in our skin is so important to our growth as unique, vital and sensual human beings.

It's about expanding our awareness of life and experiencing greater levels of joy. It really should be a goal in and of itself. In this article I'm going to talk about tangible ways to embrace your senses and how to wake them up.



How can I embrace my senses?

- First become very quiet inside. It's important to eliminate distracting thoughts and worries. We spend too much of our lives worrying about the future or reminiscing about the past. It clouds our ability to perceive the here and now.

- Try to cultivate mindfulness, increasing the amount of quiet in your body and mind. You can do this through meditation, prayer or deep breathing exercises. Any level of quiet that you can achieve will be helpful.

- Focus on one particular sense. At least at first, focus on building your awareness of one or two specific senses only.

- Each of the senses align with a way of processing information. Intellectually-oriented individuals actually are quite discriminating when it comes to visual perception. More emotional people respond more to sound.

- Decide which sense you respond strongly to and would like to embrace.

- With that sense connect to a particular sensation. Close your eyes and try to pick out a particular sound or look very closely at a rose petal, for example. You could even focus on a particular sensation within your body, a tingling in your fingers.

- Using your chosen sense, continue focusing on the sight, sound, feeling, smell or taste allowing it to fill your awareness completely. If it's a bird chirping in the distance, focus on that sound until the bird sounds very near.

- Savour your perception by "swishing it around your mind" and your other senses. Allow the sensation to erupt inside your brain and cross-pollinate. Sounds may create visions, textures may suggest tastes.

- Delay thinking or labeling as much as possible, so that when your feelings do speak the words, they come from the heart, not the mind. But

don't be concerned if words don't come easily. Language is not always necessary nor pertinent to our subjective reality.

By following the suggestions I've listed, you will slowly deepen your embrace with your senses and realise that there's an entire range of joy to be found there.

Curious? Then let's dive deeper. Why and how focus works?

I cannot stress enough the importance of focus for living less in our mind and more in our body's senses. The quantity of information out there and the speed at which it can be transmitted represent a huge challenge for us, as we try to process it. The truth is, we simply cannot keep up.

In fact, the more sensory input we come across, the less information we actually derive from it. Through focus, we seek to train our senses to derive the maximum amount of information and joy, by focusing on the things that matter to us.

ENJOYING THE SENSES

So let's try out our new found deliberate use of our senses. We can call this deliberate use: Enjoyment. But it really doesn't matter what you call it.

SIGHT

As we first focus on just looking into a sunset and breathe deeply, we slowly allow our awareness to encompass our other senses, and it becomes a symphony of light, color, touch and sound as well.

SOUND

Like light, sound travels in waves. But, unlike light, the movement of sound in regular, repeating patterns is so pleasing to the ear that it quite naturally draws us in, making focus to all the other senses almost automatically.

So go and listen to your favourite song, close your eyes and enjoy. Maybe you feel the urge to get up at one point and move your body to it...



TOUCH & SMELL

Sometimes, however, it's the everyday pleasures that we really need to embrace more. We use touch so automatically and intuitively to soothe ourselves that we aren't even aware of it a lot of times.

Next time you are taking a shower to relax, close your eyes and go deeper into the pleasurable sensation of the water hitting your body. Expand that pleasure until you can feel it coursing throughout your entire body.

Then let that sensation combine with the sound of the water and the smell of the soap. It's almost as effective as getting a massage.

In fact, we tend to associate pampering with our ability to feel through the skin, whether it be a gentle breeze from a rotating fan, newly washed sheet or a relaxing bubble bath. Going deep into our sense of touch, seems to elicit an awareness of the scents that go with those textures.



TASTE

Taste can be one of the most sensual of the human senses. Unfortunately, we often don't embrace it. Instead we gulp things down due to compulsive eating, stress, and other psycho-emotional triggers.

This is one of the areas where a deliberate use of one's senses can really change the dynamic.

It begins with both the nose (your sense of smell) and your tongue (sense of taste). But when eating, I really think the slower the better. So why not use all your senses and make it into a true ritual? Take time to look at each piece of food that goes in your mouth, play with it, sniff it. This should not only be allowed. It should be encouraged.

Make sure the radio and tv are turned off,

however, then close your eyes and savour the juiciness of a piece of fruit or the crunchiness of your granola. Savour every bite as if it was the last piece of food you would be eating for a while.

After you've savoured it for a while, pause until a visual image of yourself enjoying your food appears in your mind's eye. See yourself with a big smile on yourself. Only then should you swallow.

SENSUAL PLEASURE

If we wait to enjoy life with all our senses, eventually we run out of opportunities.

The simplest experiences can trigger exquisite feelings in the body, often accompanied by waves of relief and deepest gratitude. A gentle breeze, the scent of night blooming

jasmine, soft sheets against the skin, the taste of a ripe peach, raindrops on one's face, the compassion of a healing embrace, or a lover's touch—all are registered within our sensuous and remarkable vessel, the human form, and it's spiritual co-heart, the Soul.

Why should we wait until that happens?

Why not listen to the music you love?

Why not spray a favorite scent on your pillow?

Why not take time out of your busy day to go get a massage?

Why not call that friend just to listen to the sound of his/her voice?



Am I advocating pampering yourself?

Yes, absolutely, we are sensual beings and sensual pleasures are what keeps our life force energy and creativity flowing!

Angela Ravel

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HOLISTIC HEALTH ADVICE AND COACHING FOR ENTREPRENEURS, SELF-EMPLOYED PEOPLE AND MANAGERS

Are you ready to take your physical and mental performance to a new level? As an entrepreneur, self-employed person or manager, you know that success doesn't just start in the office or on the golf course - it starts with your health.

I am Alexandra Baumann, your health advisor and life coach, specializing in the needs of performance-oriented people. With passion and expertise, I support you in leading a powerful, healthy and fulfilling life. If you want to achieve great things, you have to be strong in your head and abandon old thought patterns. But a balanced diet, targeted health strategies and the right balance between exercise and relaxation are just as important.

My offer for your maximum potential

Nutrition: A diet rich in vital substances is the key to energy, health and performance. I help you to supply your body with the necessary nutrients so that you can perform at your best in all areas of life.

Digestion: A healthy digestion is the basis for a strong immune system, a functioning metabolism and mental health. With proven and holistic methods such as colon hydrotherapy, I support your body to enable you to live an easier and healthier life.

Exercise: Daily exercise and regular training are essential for physical and mental resilience. Together we will develop a training program that is perfectly tailored to your needs and helps you achieve your goals - on and off the golf course.

Mindset: Success begins in the mind. With a strong winning mindset, clear goals and consistent routines, you will achieve not only professional but also personal success. I will help you develop the determination you need to make your dreams come true.

Health check-ups: Get a comprehensive overview of your state of health. Check-ups using integrative medical laboratory analyses



provide helpful basic data to initiate targeted measures for your health.

Coaching: Coaching offers an effective way and often a suitable shortcut in your change process or in developing your full potential. What will be possible if you make your quality of life your top priority?

Your path to more strength, health and joy of life begins here. Take the opportunity and arrange a free initial consultation now! Let's focus on your quality of life together and create the basis for long-term success. Contact me at +41 78 307 98 69 or by email at info@praxis-alba.ch. Visit my website www.praxis-alba.ch to find out more.

«It's not about achieving a specific goal. What matters is the person you become on the way there. This will permanently determine how strong and vital you feel and how resilient you become. And which future goals you can achieve, even if they may seem unattainable to you.»

Alexandra Baumann
naturheilpraxis alba GmbH
Kluggasse 15
8640 Rapperswil SG

Your success in the networking world
Golf
pleasure to lose

ANDERMATT



FOUR WORDS DESCRIBE THE SOUL OF THE VILLAGE:
LUXURIOUS, NATURAL, MAGICAL AND MYSTICAL.

To get an idea of „Mystic“, you can first watch the video series „Mystic Mountains“ on the official website www.anderlatt-swissalps.ch. Stories of enchanted mountains, of people who live there, love them and who have chosen sustainability and harmony between innovation and tradition as pillars of urban development.

Anderlatt, the pearl of the Ursern Valley at 1,444 meters above sea level, has won its bet with the future without losing the ancient soul of a mountain

village. With the two hotels The Chedi Anderlatt, for a luxurious stay and the Radisson Blu Hotel Reussen as the perfect base camp, Anderlatt is the ultimate travel destination.

The Anderlatt Reuss district continues to grow. In addition to the apartment buildings, there are shops and restaurants on the Piazza Gottardo.

Summer is just around the corner and there are great expectations. The multiple award-winning 18-hole

golf course „Best Golf Course in Switzerland“ with its spectacular mountain scenery allows you to play golf in a Scottish atmosphere and has quickly become one of the most sought-after in all of Switzerland.

Anderlatt is located in the heart of the Swiss Alps. Anderlatt Swiss Alps offers attractive opportunities for investors. The exceptional real estate, unforgettable mountain adventures and top gastronomy make Anderlatt a worthwhile investment.



The development in Andermatt Reuss with the apartment buildings, restaurants and shops around the Piazza Gottardo is progressing steadily. The state-of-the-art Andermatt concert hall offers first-class concerts and entertainment all year round. Those who come to Andermatt in winter will find pistes for every level in the ski area from Andermatt to Disentis: Professionals and freeriders can be found on the Gemsstock and families and sun-seekers will feel at home on the sunny mountain side from Andermatt via Sedrun to Disentis. The year-round destination of Andermatt is a small paradise in the Alps that has the right offer for every season and every type of guest.



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 www.andermatt-swissalps.ch



The generously designed golf course is an integral part of the Ursern Valley. While it offers a welcome challenge for golfers, guests enjoy the nature reserves and the opportunity to observe flora and fauna.

The Andermatt Golf Course lies between snow-capped mountain peaks on a plateau. It was planned with foresight and meets the highest ecological standards.

18 hole-course

- Par 72
- 6127 m
- Driving Range
- Pitching Green
- Chipping Green
- Training bunker
- Pro Shop
- Restaurant
- Bar



ANDERMATT GOLF COURSE
 The Club House
 Reussen
 6490 Andermatt
 T +41 41 888 74 47
 golf@andermatt-swissalps.ch

THE CHEDI
ANDERMATT, SWITZERLAND

2013
2023
A DECADE OF
MAKING THE
DIFFERENCE

THE CHEDI ANDERMATT SWITZERLAND

ALPINE, ASIAN, AUTHENTIC

The Chedi Andermatt will captivate and move you. With its authenticity, the unusual liaison of Alpine and Asian expression. Lifestyle at The Chedi Andermatt is the result of the successful mix of tradition and nature that is expressed in the resolute use of materials from the region. Star architect Jean-Michel Gathy combined Alpine chic with Asian features to create an interior design that oozes warmth and openness, an intimacy that is underlined by repeated design elements.



THE CHEDI

ANDERMATT, SWITZERLAND

THECHEDIANDERMATT.COM



THE WINTER VILLAGE

Open daily from November 15, 2024 until March 15, 2025

This year, you are once again invited to explore the magical Winter Village at The Courtyard.

Wander through snow-dusted paths with charming Swiss and Scandinavian cabins to discover. Enjoy private dining at The Chalet or The Kota – a cozy Scandinavian hut with a central firepit, offering warmth and atmosphere. Or warm your chilly hands around a cup of mulled wine from The Market Booth.

As the festive season blankets our alpine home in a cozy winter wonderland, we warmly invite you to celebrate a magical Christmas at The Chedi Andermatt. This special time of year is a celebration of joy, togetherness, and the creation of cherished memories. We are honored to share in the enchantment of this season with you and look forward to making your Christmas truly unforgettable.

The Winter Village: The Place-To-Be

This year, too, The Winter Village promises to be the place-to-be for guests and locals alike. Nestled between snow-covered fir trees, the inviting winter village offers a variety of culinary experiences: In The Chalet, Swiss delicacies such as raclette and cheese fondue can be enjoyed in front of open fireplaces. The Kota can be reserved for exclusive private dining experiences. At the market stall, visitors can expect to find Christmas classics

such as homemade mulled wine and local handicrafts for sale. Relaxing moments of well-being are also provided: an authentic Finnish sauna complements the luxury resort's existing wellness offering. There is a very special service for those who want to enjoy their time at The Chedi Andermatt over the Christmas holidays: guests can order Christmas trees for their rooms.



THECHEDIANDERMATT.COM



SWISS MOUNTAIN LUXURY REDEFINED:

Winter enjoyment at The Chedi Andermatt

When the Swiss Alps shine in winter splendor, The Chedi Andermatt offers the perfect setting for luxurious winter enjoyment. With its distinctive style and exceptional offers, the mountain village of Andermatt is a popular winter destination for discerning travelers from all over the world. Located at an altitude of 1,447 meters, the luxury resort is the ideal retreat for all those looking for something special in the winter. Whether for a romantic stay for two, an unforgettable family vacation or an exclusive short trip with friends - at The Chedi Andermatt, all wishes are fulfilled in the most beautiful way.

Culinary Ski-In & Ski-Out

The Japanese at Gütsch, one of the highest Japanese restaurants in the world, promises the highest level of culinary enjoyment. At an altitude of 2,400 meters, guests enjoy kaiseki, caviar, sushi and champagne with a breathtaking view of the alpine landscape. A special highlight awaits guests in the 2024/2025 winter season: an exclusive collaboration with the renowned German brand N25 Caviar. As part of this collaboration, the restaurant's terrace will become the stage for an extraordinary culinary ski-in & ski-out experience. In addition to an incomparable view over the

snow-covered peaks, guests can look forward to special caviar menus - a culinary journey that pampers the senses and sets new standards in the alpine world of enjoyment.

Après-ski redefined

Back at the resort, The Bar and Living Room takes classic après-ski to a new level in terms of style and elegance. Atmospheric fireplaces, soft leather sofas, cushions and cool DJ beats ensure a relaxed, uncomplicated atmosphere. Guests can enjoy entertaining evenings here with cocktails from the creative cocktail menu - the bar is equipped with everything a mixology heart desires. Wine lovers, on the other hand, will find their perfect retreat in the elegant Wine Library. Inviting lounge furniture, an intimate atmosphere and the best wines from Switzerland and around the world - this is the perfect way to round off a day. From December 21st, there will be a very special Jour Fixe for guests: every Saturday, General Manager Jörg Arnold welcomes them for an aperitif - a great opportunity to get to know the special DNA of the luxury resort even better.

Pure relaxation

After a long day in the fresh mountain air, guests at The Spa & Health Club can expect everything that brings body and mind back into balance. The spacious hydrotherapy area, a heated outdoor pool, the 35-meter-long indoor pool and



a Tibetan relaxation lounge offer a wide range of options for absolute relaxation. The large glass facade with a panoramic view of the Gotthard massif and several fireplaces create an inviting, warm atmosphere. In the twelve treatment rooms, guests can look forward to Far Eastern-inspired treatments from internationally renowned therapists.

A paradise for winter sports enthusiasts

With its location in the heart of the Swiss Alps, The Chedi Andermatt

offers access to one of the largest and most varied ski areas in the region, the SkiArena Andermatt-Sedrun. Over 180 kilometers of slopes and state-of-the-art lifts guarantee winter sports fun for all requirements, from beginners to experienced skiers, snowboarders and cross-country skiers. Those who prefer a more leisurely pace will also get their money's worth: Numerous winter trails invite you to discover the alpine mountain world on a snowshoe hike or (horse-drawn) sleigh ride.



THECHEDIANDERMATT.COM



THE CHEDI

ANDERMATT, SWITZERLAND

Biologique Recherche is the epitome of French skincare. Excellence, quality, expertise and passion.

The brand was founded 50 years ago in a Parisian research laboratory by the Allouche family. Clinical, personalised, powerful and effective: Biologique Recherche is considered the most luxurious skin-care brand in the beauty industry and promises immediate and long-lasting results thanks to a high

concentration of plant, biomarine and organic active ingredients of 30-80%.

THE CHEDI ULTIMATE MANICURE AND PEDICURE

Our nail care rituals start with a gentle exfoliation to remove dry skin, followed by meticulous cuticle and nail care, along with a hand or foot massage to release tension. The ritual is completed with a high-gloss nail polish in the color of your choice.

THE SPA & HEALTH CLUB

Dive into a world of tranquility and relaxation: Guests experience the symbiosis of Alpine and Asian traditions in their most soothing form across 2,400 square meters.

At The Spa & Health Club, a comprehensive range awaits to harmonize body, mind, and soul. The spacious hydrotherapy area, with saunas and steam baths, and the tibetan relaxation lounge offer pure

relaxation. Enjoy the tranquility of our impressive indoor pool or the heated outdoor pool with breathtaking views of the mountain panorama, leaving the everyday behind. The offer is completed by a first-class fitness facility equipped by TechnoGym, which supports your goals for mental strength and physical health with a large variety of options.





**INTERVIEW TO THE SPA MANAGER,
SABINE LANGE**

- Which are the news about the treatments for this winter? Any winter package to promote?

At The Spa & Health Club we do not offer any special winter treatments, but some of our signature treatments are particularly popular in winter. These include the Chedi Signature Himalayan Warm Stone Massage and the Chedi Signature Pantha Jama Silent Mountain, both 90 minutes long, as well as our Chedi Signature Aromatherapy Mountain Rituals:

- Mountain of Love (100 minutes)
- Mountain of Tranquility (120 minutes)
- Mountain of Healing (120 minutes)

Our collaboration with Biologique Recherche complements the offer with exclusive treatments that are appreciated in every season.

- Is there any special extra activity or retreats you would like to promote?

In winter we offer fitness group classes at The Spa & Health Club. Retreats are not planned as most guests come to ski and prefer more classic massages. These retreats are very popular in autumn and spring.

- The outdoor pool in winter, which are the benefits of it?

In addition to our pleasantly temperate outdoor pool, the outdoor sauna strengthens the immune system in winter by alternating between hot and cold. A tried and tested ritual includes sauna sessions, snow rubbing and rest periods for regeneration and relaxation.





Almost one year of management, some things remain true to The Chedi's soul, but there are certainly new experiences and offerings. Could you kindly inform us about them?

First, it was my task to understand the «DNA» of the incredible The Chedi Andermatt, to get to know the people, and to immerse myself in its essence. The high expectations from everyone regarding quality and service must continue or even improve. The Chedi Andermatt is an iconic hotel in Europe, and therefore, we must continue to surprise our guests with exceptional and unexpected services.

For example, our Signature Suite Special now includes a private chef to prepare breakfast in your suite, private spa access after 9 pm, and many other exclusive details.

New offerings include the chance to enjoy a fantastic Harley Davidson experience, incredible bicycle rides on a Twinner e-bike, and a picnic excursion in our classic Morgan 4/4. Live music is also featured on weekends at our new platform at The Courtyard during summer months. Our New Year's experience begins on the morning of December 31st, 2024, and culminates with a grand New Year's brunch buffet on January 1st, 2025.

Slowly but steadily, we are adding more experiences and memorable moments to enhance our guests' stays.

Back to your roots, but with an international flair: Take, for example, the Tavolata Andermatt, a concept that is gaining popularity everywhere. Being back in my home canton, Uri, where I grew up, offers great advantages. I understand the character of the locals, and therefore, our first edition of the Tavolata through the village of Andermatt, together with 20 local restaurants, will bring The Chedi Andermatt closer to the community. Being involved in local life and overseeing local restaurants like Teufelsbrücke, The Swiss House, and even The Club, shows that The Chedi Andermatt is truly part of Andermatt and is committed to creating new, sustainable experiences.

What are your ideas/projects for the winter?

We are redefining our winter village with a charming chalet for fondue, and we are also creating a fantastic kids' experience in The Courtyard. The New Year's experience is also evolving with a kids' celebration featuring a mini-playback show. With our new Culinary Director, André Kaiser, we aim to set new standards in food quality. Additionally, we are offering various masterclasses (wine tastings, cooking with The Twins, etc.) to create unforgettable moments.



YELLOW BALL CUP 2025 BY GOLF PLEASURE & TASTE

Andermatt Swiss Alps Golf Course

The Yellow Ball format took its actual form many years ago thanks to a group of friends sharing the same passion for golf and the desire to spend time together. This special game formula makes the event unique and certainly different from all other competitions, that's the reason why no one wants to miss out on it! Each team is made up by 4 players taking turns in playing a yellow ball: one shot per hole with final score counting the sum of yellow balls together with the best 18 shots played during the competition.

21.07.2025 THE YELLOW BALL

Dress code: Masquerade Team dress

PROGRAM:

8.30 Start the Game

During the day: buvette with sandwiches

When you leave the score you can fill up a free form to participate to the Lottery.

We will return with a nice gift.

17.30 Apero Riche and Price Giving Ceremony

18.00 Lottery

19.30 Farewell and Open Bar

POSSIBILITY OF STAY:

The Chedi Andermatt and Radisson Blu Hotel Reussen

Andermatt are now offering your guests the following benefits:

15% discount on the best flexible room rate, bookable online with code GOLF via

<https://www.thechedianderematt.com/explore/summer-activities>

10% discount on Restaurant and Spa Services (no retail and excluding The Japanese)

Costs of Competition: 210 CHF all inclusive (green fees + all extra entertainments)

payable directly at Andermatt Swiss Alps Golf Course

golf@anderematt-swissalps.ch

Possibility of trial of the Course for only 120 CHF



Golf at the Gotthard

Our golf course in Realp is shaped and built by weather and ice. A golf course that harmoniously adapts to the natural terrain and provides exciting and challenging sports. A golf course that turns golfing into an adventure in the midst of an imposing mountain world. Our place is most likely to be called the «alpine golf course in the world». Something nostalgic please? The clubhouse is housed in a former army building. We offer the right menu for every occasion. Take a seat and let yourself be pampered in the restaurant or on the garden terrace.

9 Hole-Course



- Par 66
- 4154 m
- Restaurant

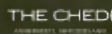
GOLFCLUB ANDERMATT REALP

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T +41 41 887 01 62



WWW.GOLF-GOTTHARD.CH

SPECIAL THANKS TO:





Your success in the networking world
Golf
pleasure case

HEIDILAND



THE HOLIDAY REGION HEIDILAND

Clear air, impressive mountains, personal hospitality - and above all the myth of Heidi, which has retained its great magic: In the holiday region Heidiland the Lake Walen, the rugged Churfürsten, the Sarganserland with its side valleys and the vineyards of the Bündner Herrschaft form the backdrop for leisure experiences with added value. Situated on the border of the cantons of St. Gallen and Graubünden, this tourist region can be reached within an hour by motorway or train from Zurich or Lake Constance.

Winter hiking in Heidiland

Winter hiking is spontaneous, requires no

special equipment or knowledge and turns your winter into an unforgettable nature experience. The groomed winter hiking trails on the Pizol and Flumserberg make for an uncomplicated ascent to the most beautiful winter landscapes of all and offer phenomenal views of the Glarus Alps, Churfürsten, Lake Walen and the St. Gallen Rhine Valley.

Snowshoe hiking in Heidiland

Stroll through the winter landscape on snowshoes: ideal for anyone who wants to spend a cosy winter. In Heidiland, you can retreat to Schönholden and enjoy the tranquillity of the small area on a leisurely



tour. Pizol and Flumserberg offer extensive tours, with the unique panoramic view uniting all three spots.

Skiing area Flumserberg

The snow sure Flumserberg is the largest winter sports destination between Zurich and Chur and offers 65 km of slopes of various levels of difficulty. The Flumserberg is the only ski resort in Switzerland with an S-Bahn connection. From Zurich main station, take the S2 directly to Unterterzen, where the Unterterzen-Flumserberg aerial cableway takes you directly to the ski area in just 20 minutes. Children can familiarize themselves with snow sports in two children's parks. The winter offer at Flumserberg is rounded off with fun parks, night skiing, tobogganing, winter hiking trails and 18 km of cross-country skiing





trails. Even Husky taster tours are offered in the cold season at Flumserberg. Après-ski bars as well as the cozy Bergbeizli provide variety on and off the slopes.

Skiing area Pizol

In less than an hour from Zurich and St. Gallen you can reach the two valley stations in Bad Ragaz and Wangs, respectively. There the spacious Pizol massif rises up to 2,844 m above sea level (Pizol summit). The varied winter sports area with 12 lifts and 50 km of slopes, snow fans can enjoy skiing,, snowboard, toboggan, winter hike or snowshoeing. Night skiing is also regularly offered on the Pizol. In recent years, the Pizol has also invested in the modernising of its transport facilities and in snowmaking technology.

Recharge your batteries in winter: Tamina Therme, Bad Ragaz

The Tamina Therme is an architectural masterpiece - embedded in the Grand Resort Bad Ragaz as the leading wellness and medical health resort in Europe - and as a wellness oasis an incomparable place for relaxation and regeneration for body, mind and soul. In the Center stands the 36.5 degree warm thermal water of the Tamina spring, which is used here for various bath applications. The thermal water in its purest form, the celebrated sauna culture and the Tamina wellness offer in the atmospheric and lightflooded ambience create an intensive wellness experience. The modern spa also offers its own café and regular events and courses. Just in time for the 10th anniversary, the sauna landscape of the Therme 2019 was expanded to include the largest infusion sauna in Switzerland.





Your success in the networking world

Golf

ENGADIN



CELEBRATING 40 YEARS ST. MORITZ SNOW POLO WORLD CUP: FROM ITS BIRTH IN A SNOWSTORM TO THE MOST SPECTACULAR WINTER POLO EVENT IN THE WORLD

Held each year on the last weekend in January, The Snow Polo World Cup is an event unlike any other – truly unique, extraordinary and exhilarating. From its inception in 1985 to its 40th anniversary in 2025, it has become a world-class polo tournament and a must-see polo spectacle which generates around 24 million Swiss francs per year for the region. Whether you're a seasoned spectator or a polo novice, The Snow Polo World Cup St. Moritz is in everyone's polo calendar and each year 25,000

spectators travel from across the globe to the frozen Lake of St. Moritz for an unmissable weekend of polo, which sees the world's best polo players go head-to-head in three days of intense competition. But when Swiss hotelier Reto Gaudenzi played a polo match in Munich on a hot July day in 1983 and less two years later brought to life his dream of playing snow polo in St. Moritz – back then no one could have anticipated the event would become so iconic.

Reto Gaudenzi was born and bred in the Engadin with the spirit of the Swiss Alps running through his veins – and was part of the St. Moritz polo team which won a tournament in Munich in 1983. Reto stepped in front of the press and was only supposed to discuss the history of summer season polo in St. Moritz. However, the forces of fate were already in motion, as his friend (and then Director of Tourism in St. Moritz, Hans Peter Danuser, who had travelled with him), was looking for a new event with a British connection to celebrate the centenary of the Cresta Club. He suggested to Gaudenzi he should announce something that had never been done before: a polo

tournament on snow on the frozen lake. No sooner said than done and the journalists had their sensational headlines and The Snow Polo World Cup St. Moritz was born.

THE SENSATIONAL SUCCESS BEGAN WITH A SNOWSTORM

Two years later, in January 1985, what many considered to be impossible became possible as polo players from Munich, Paris and Geneva arrived with their entourages to compete in two teams. However, the organisers faced an unexpected challenge as on the night



before the first match on 26 January 1985, a storm broke out, the snow fell constantly and the perfectly prepared pitch was covered with almost a metre of fresh snow. With impressive efficiency, the entire team managed to clear an 80 x 40 metre pitch within two hours and so the first tournament took place as planned. Against the odds another sport was born in St. Moritz. What began as a bold experiment quickly became a highly anticipated fixture on the international polo calendar, attracting the cream of professional players over the years. From Alfonso Pieres, Pablo McDonough, David 'Pelon' Stirling and Alejandro 'Piki' Diaz-Alberdi, Oliver Hipwood, the Heguys and Nic Roldan to Juan-Martin Nero, Chris Hyde, Guillermo "Sapo" Caset and Nacho Figueras.



UNIQUENESS AS A TRADEMARK

Since that memorable weekend in 1985, The Snow Polo World Cup St. Moritz has established itself as the world's only high-goal



tournament on snow and has become an integral part of the global polo calendar. The birthplace of snow polo sees not only the best players in the world, but also the world's press and most glamorous spectators in the world, converge on the ultra-chic resort, all of which make this tournament so special and have contributed it to its continuing success.

While remaining true to its roots, the tournament has reinvented itself time and again to meet the high expectations of both its players and spectators. The 40th anniversary provides an opportunity to look back on past successes as well as looking forward to the future of the Snow Polo World Cup St. Moritz. "This 40th anniversary is an incredibly important milestone for all of us", says founding father Reto Gaudenzi. "It is a very special opportunity to look back on the impressive development of the tournament and at the same time to celebrate the future of snow polo. We are very much looking forward to sharing this fantastic event with our partners, players and visitors."

A SYMBOL OF COMMITMENT AND COOPERATION

In addition to the top-class polo matches on the frozen lake, the expected 25,000 guests can look forward to an exciting spectacle on the field, a big get-together in the Polo Village and as always, glamorous social events. The fact that the tournament has been running successfully for four decades is not something that can be taken for granted. The Snow Polo World Cup St. Moritz is the result of an extraordinary commitment and close cooperation between local and regional partners, numerous patrons and supporters, as well as international sponsors. "Our tournament is not only a sporting highlight, but also a symbol of the passion and team spirit required to organise such a high-calibre event," says Reto Gaudenzi. "It is only thanks to the close cooperation of all those involved that we are able to celebrate the 40th anniversary today."



THE WORLD'S ONLY HIGH-GOAL TOURNAMENT ON SNOW - ESTABLISHED 1985
TRADITION - CLASS - INTEGRITY - EMPLOYING THE SOCIAL HIGHLIGHT OF
WINTER



24-25-26 JANUARY 2025

on the frozen lake of St. Moritz

Your success in the networking world
Golf

CRANS MONTANA

CRANS MONTANA



THE HISTORY OF THE EUROPEAN MASTERS

The Swiss Open has a long history, having been held for the first time in 1923. At that time there were only eleven golf courses in Switzerland. The one in Engadine-Samedan, the oldest amongst them all, created in 1898, organized the first editions of the

tournament. Until 1938 the Open took place alternately in Engadine, Lucerne, Lausanne and Zurich Zumikon. In 1939 the Swiss Open took place on 72 holes for the first time in Crans-sur-Sierre and the winner was the French professional Fifi Cavallo.

However, this success is obviously also due in large part to the financial support and the

faithful partners of the tournament, beginning with Omega, the title sponsor since 2001. UBS, Ebel, Volvo, Canon (main sponsor from 1991 to 2000), Swiss(air), Swisscom, Moët & Chandon and others have also contributed to the fabulous development of the Open. To all of this is added, for the organization, the

presence of a local close knit and efficient team, directed for many years by Gaston-F. Barras, and the support of the Crans-sur-Sierre Golf Club. The former Swiss Open, now the European Masters, is a sports operation, both commercial and touristic of great measure of which the budget exceeds



ten million Swiss francs.

Since the end of the 1970s, the list of winners is rich with laureates of major Grand Slam tournaments like the Spaniards Severiano Ballesteros (1977, 1978 and 1989) and José María Olazabal (1986), the American Craig Stadler (1985), the professional from Zimbabwe, Nick Price (1980) or the British,

Nick Faldo (1983) and Ian Woosnam (1982).

GASTON-F. BARRAS – EUROPEAN MASTERS FOUNDATION

Golf has always been part of the history of the resort of Crans-Montana. The course, built in 1906 and the tournament, with its first



edition in 1939, have largely contributed to the development of the resort.

In order to maintain and develop the practice of this sport and to perpetuate the organization of the tournament, it was decided to create a Foundation, recognized of public utility.

It will bear the name of Gaston-F. Barras, long time President of the Golf-Club and the tournament, instigator of the development of golf on the Haut-Plateau and initiator of the organization of an international golf tournament, as well as the name "European Masters", one of the most spectacular

tournaments in the world.

STATUS OF THE FOUNDATION

The Gaston F.Barras – European Masters Foundation has for nonlucrative purpose to ensure the development of golf on the High Plateau of Crans-Montana in all possible ways and in the broadest sense (help in the organization of golf events; the carrying out of works to improve the golf infrastructure – course and facilities; the purchase and availability of fields for the golf course; supporting the best young golfers; promoting golf in all its aspects).



MATT WALLACE WINS THE 77TH EDITION OF THE OMEGA EUROPEAN MASTERS

British golfer Matt Wallace, who was defeated by Thruston Lawrence in a playoff in 2022, held his ground this time to secure his first victory at Crans-Montana. Tied with Alfredo Garcia-Heredia at the end of the 18 holes, the two players returned to the 18th tee for a decisive playoff hole. Ultimately, Matt Wallace emerged victorious, winning the tournament with a score of -11, ahead of Garcia-Heredia and Englishman Andrew Johnston, who finished 3rd with a score of -10.

A setting and infrastructure that continue to impress

The Omega European Masters continues to captivate with its exceptional setting and ever-evolving infrastructure. Tournament director Yves Mittaz highlighted the progress, saying, "I believe we've reached a new level in terms of infrastructure and the course." For over 12 years, the Crans-Montana course has been improving annually to meet the expectations of professional golfers. This year, despite difficult playing conditions, the enhancements, including the renovation of greens on holes 10 and 17, were widely praised.



SUPER COMFY ROOMS TO SHARE SPECIAL MOMENTS

Relax and unwind in the thoughtfully designed rooms, where every detail has been carefully curated to ensure your comfort and satisfaction. Each room is equipped with amenities such as a bathrobe, slippers, flat-screen TV, coffee machine, towels, shower, hairdryer, wardrobe or closet. Experience a restful stay in the stunning surroundings of Crans-Montana.



WHERE LIFESTYLE MEETS ALPINE SPLENDOUR

Let us introduce you to Faern Crans Montana in the breathtaking landscape of Crans-Montana. With 134 well-equipped rooms offering a variety of cosy single, comfy double, maxi triple,

and family rooms, the guests are met by the perfect blend of comfort and elegance. Immerse yourself in the beauty of the Swiss Alps and indulge in exquisite dining, rejuvenating wellness experiences, and a wealth of recreational opportunities.



EXCEPTIONAL DINING VENUES



The elegantly designed area of Eteila Brasserie provides a versatile, inviting space to gatherings. Whether for a corporate function, family celebration, or intimate social event, the private section at the restaurant ensures a memorable bespoke experience for all attendees.



Sewi Bar & Social Club is the perfect setting for groups.

Get to know the Sewi Bar & Social Club's skilled bartenders that craft a wide range of expertly made drinks and snacks. Plus, they're more than happy to cater to your group's unique preferences, from cocktails to healthier refreshments.

EXTENSIVE WELLNESS FACILITIES

Our special recommendation is the spa of 750 m2 that offers a sanctuary of relaxation and well-being. Immerse yourself in the tranquil ambiance and embrace the soothing benefits of the offering.

MEETINGS & EVENTS IN CRANS

Faern Crans Montana offers exceptional meeting and event facilities, providing a perfect blend of functionality, modern amenities, and alpine charm. Whether you're hosting a conference, seminar, or a corporate gathering, a vast choice of versatile spaces are designed to cater to your

needs, ensuring a successful and memorable event. Depending on the size of the event and preferred setting, you can be sure that the perfect spot for will be found in this exceptional resort.

UNFORGETTABLE WEDDINGS AMIDST ALPINE SPLENDOR

Exchange vows surrounded by awe-inspiring mountain vistas. Charming venues of Faern Crans Montana provide the perfect backdrop for a dream wedding. From intimate gatherings to grand celebrations, their experienced team will bring your vision to life. Cherish your love story in the Swiss Alps, where romance meets nature's grandeur.



GOLFING AT THE RENOWNED SEVERIANO BALLESTEROS

Faern Crans Montana offers sophisticated and sporty team-building at Crans-Montana's legendary Severiano Ballesteros golf course. Challenge yourself and compete amidst breathtaking mountain views. Promote teamwork, strategic thinking, and camaraderie in an elegant, relaxing setting.



ULTIMATE GOLF GETAWAY IN THE MOUNTAINS

Escape to the mountains for the ultimate golf retreat! Book now and enjoy exclusive perks, relaxing amenities, and unforgettable experiences.

Included Services:

One night in a Comfy Double Mountain View room
Welcome gift in your room
Hearty breakfast to start the day

One aperitif per person at our SeWi Social Club bar
3-course dinner per person in our brasserie
One back massage per person
One green fee per person on the Ballesteros championship course
Taxes included

Travel Period and Price:

Starting from CHF 630.- for 2 people and CHF 390.- for 1 person
Available: From 22.07.2024 to 29.09.2024

Additional Information:

Not including Outdoor parking
Package subject to availability and change

Customize your stay with spa treatments and other outdoor activities. Friendly staff of Faern Crans Montana are here to assist you with any requests, ensuring a seamless experience.

Route de Vermala 10-12
3963 Crans-Montana
crans@faernresorts.com
www.faernresorts.com/crans-montana





Your success in the networking world

Golf

ZERMATT

HOTEL ZERMAMA

Z E R M A M M A



Welcome to the Julen Group, a family business with deep-rooted hospitality in Zermatt. With five restaurants, bars and a first-class hotel as well as an international team of around 100 employees, we are the leader in entertainment and enjoyment in the region. A highlight is the Hotel ZERMAMA, which has been bringing a breath of fresh air to the mountain village since 2019. Sandrine Julen took over the company in 2017 and designed the hotel into a place of security, inspired by Mama Mariette. Here, individualists, returnees and mountain lovers will find a home away from home.

The Hotel ZERMAMA offers 29 rooms, including cozy single rooms, romantic «sweets» and combinable room types. Many of the rooms offer breathtaking views of the Matterhorn - the perfect place for a DIY cheese fondue with a panoramic feeling. The heart of the hotel is undoubtedly the ZERMAMA Bistro, which is open daily from 7 a.m. to midnight. Here, late risers can enjoy an à la carte breakfast, while changing lunch menus provide variety at lunchtime. The menu offers a colorful variety that leaves nothing to be desired.



The outdoor terrace invites you to après-ski from 4 p.m. with laid-back beats and bottle service.

PURAWORKA's first co-working space in Zermatt ensures productivity. Creative minds from all kinds of industries meet here to work and exchange ideas in an inspiring environment.

At Mama's you can also celebrate. The Hotel ZERMAMA is also suitable for private and business celebrations, where the Mama team takes care of every detail.

The Julen Group operates five unique restaurants along Bahnhofstrasse:

Grampi's (Mediterranean cuisine with pasta, pizza and legendary spare ribs)

Hexenbar (magical retreat since 1989)

Elsie's Wine & Champagne Bar (exquisite wines and delicacies)

Restaurant Stadel (Swiss specialties)

Club Mamacita (South American culture and live music)

Starclean & Doli Laundry (flawless cleaning services)

The Julen Group in Zermatt stands for authentic hospitality, culinary diversity and innovative concepts. The Hotel ZERMAMA combines tradition and modernity in a unique way. With a



wide range of restaurants and bars, the Julen Group offers an incomparable experience, ideal for enjoying, celebrating or working. Warmth and passion can be felt in every detail. Welcome to the Julen Group - where hospitality has a tradition and every encounter is special.



www.julengroup.ch
Bahnhofstrasse 70
3920 Zermatt
T +41 27 967 77 73
info@julengroup.ch

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EVERY GOLFER IS UNIQUE



MATTERHORN GOLF CLUB

The golf course of the Matterhorn Golf Club, built in 2004 in the municipality of Randa, Switzerland, offers a unique golfing experience set against an impressive Alpine backdrop. The club was established with the goal of providing golfers with a first-class course in one of the most picturesque regions of Switzerland, while also expanding the variety of outdoor activities in Zermatt and the neighboring communities of Grächen, Randa, and Täsch.

The club's 9-hole course is beautifully integrated into the alpine landscape. The design utilizes the natural topography to provide players with both a sporting challenge and a visual experience. The course features a mix of par 3, par 4, and par 5 holes, ensuring a diverse round of golf.

A particular highlight of the course is the stunning views of the Klein Matterhorn,

the Breithorn massif, and the surrounding peaks, making the game an unforgettable experience. The elevation of the course affects the flight and distance of the ball, requiring players to adjust their club selection and strategies accordingly. The golf club also offers a comfortable clubhouse with practice facilities and a pro shop. The season runs from May to October, with optimal playing conditions in the warmer months.

Since its opening, the Matterhorn Golf Club has earned a reputation for quality and attracts golf enthusiasts from all over the world. The club preserves the natural beauty of the surroundings while combining it with an exceptional golfing experience.

We look forward to your visit!

Facts:

9 - Holes Course + (with option to play 18 holes)
PAR 36 + 36
Over 3'000 m per 9 holes
Putting Green
Driving Range
Restaurant
Fantastic views....

GOLF CLUB MATTERHORN
Golfclub Matterhorn
Neue Kantonsstrasse 124
CH - 3928 Randa
+41 27 967 70 00



WWW.GOLFCUBMATTERHORN.CH

Your success in the networking world

Golf



TESSIN



HOTEL SPLENDE ROYAL LUGANO



La Dolce Vita on the shores of Lake Lugano

At the Hotel Splendide Royal, a historic hotel overlooking a unique panorama suspended between the lake and the Prealps, a stay is an experience to be treasured among your most precious memories.

Founded in 1887, the Splendide combines past and present, thanks to the historic building rich in architectural details from the Belle Epoque and a contemporary offering typical of a modern urban resort. The attentive and

elegant service, combined with the refined spaces and an atmosphere from another era transforms a simple stay at the Splendide into a moment of pure relaxation and well-being.

The environment of the Splendide Lifestyle Spa is inspired by the colors of nature and the sinuous shapes of water, giving its guests a space of elegant tranquility, with personalized treatments to awaken body and soul.

Treat yourself to a panoramic morning swim to awaken your senses, dedicate time to the sauna and Turkish bath, don't forget to choose your personalized treatment with our therapists or recharge with a fitness session. The swimming pool overlooks large windows that open directly onto the lake in the





summer and allow you to swim while observing the snow-capped peaks of the Prealps in the winter.

Great attention is paid to the gastronomic offer, thanks to the Mediterranean soul of the cuisine of its two restaurants, both with panoramic views. I Due Sud, one Michelin star and 18 Gault&Millau points, is the gastronomic restaurant of the Hotel where two territories meet, the south of Switzerland with the south of Italy, offering a signature cuisine with character

The gastronomic offer also ranges from the seasonal dishes and the old-fashioned service of the La Veranda Restaurant to the refined and contemporary cocktails of the Belle Epoque Bar, up to the real Neapolitan pizza served at La Piazzetta, the panoramic summer terrace of the hotel. Choose a stay suspended in time, a stone's throw from the comforts of the city and the green and lush nature of this Mediterranean oasis in Switzerland!



HOTEL SPLENDE ROYAL LUGANO

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HOTEL SPLENDE ROYAL
LUGANO






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EVERY GOLFER IS UNIQUE



**GOLF CLUB LUGANO:
 A LOVE STORY**

In 1915 Erwin von Riedemann moved from Germany to Lugano with his beloved wife Josefa. Josefa was a passionate golfer, winner of various important competitions. So it was that her husband Erwin decided to show all his love for her by founding one of the first golf courses in Switzerland, inaugurated in Magliaso on 24 November 1923.

Created as a 9-hole course by the architect Percy Dell, it was expanded to 18 holes by Donald Harradine in 1970. It is a small miracle: in fact the land on which the course extends today is only 32 hectares, while modern courses they employ around fifty. The holes alternate well, offering inter-

esting challenges for both beginners and professionals.

The Lugano Golf Club also hosts the Lugano Golf Academy under the direction of Paolo Quirici, a golfer who in the late 1980s took fourth place at the Crans Open, the most important competition for professionals in Switzerland and part of the European circuit.

Today the course winds along the Magliasina river on flat terrain among woods of birch, oak, pine, beech, rhododendron, oleander and azalea, among which one encounters many squirrels and also a splendid heron, which often stops between holes 10 and 11. We warmly welcome you and wish you a good game!

GOLF CLUB LUGANO

Via Boett 2
 6983 Magliaso

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Beauty
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Ambassador Golf Pleasure & Taste

HUMAN HIGHNESS

****HUMAN HIGHNESS: EMPOWERING WOMEN THROUGH FASHION BY TESSY ANTONY DE NASSAU****

Fashion has always been more than just clothing; it's a form of expression, a canvas for individuality, and a powerful tool for empowerment. Human Highness, originally founded by Tessa Antony de Nassau and Milli Maier, embodies this philosophy by creating a line of luxurious, ethically crafted pieces that elevate women through style, comfort, and confidence. Grounded in a commitment to quality, versatility, and sustainability, Human Highness celebrates the unique elegance of each woman, encouraging her to step into her power and embrace her own form of royalty.



www.human-highness.com



****EMPOWERING WOMEN THROUGH STYLE****

At the core of Human Highness is the belief that every woman deserves to feel empowered and confident in her skin. Clothing can be an extension of one's inner strength, and Human Highness is dedicated to crafting pieces that resonate with this sentiment. With each design, Tessa Antony de Nassau channels her vision for a world where women are emboldened, respected, and inspired to be their best selves. Human Highness bridges the gap between style and purpose, offering a collection that speaks to the modern woman: dynamic, refined, and unapologetically herself.

****THE VERSATILITY OF HUMAN HIGHNESS CAPES****

One of the brand's most iconic offerings, the Human Highness cape collection, stands as a testament to both elegance and versatility. Capes have been a symbol of power and poise throughout history, and Human Highness reinvents them for the contemporary woman. Designed to transition effortlessly from day to night, these capes bring sophistication to any outfit, whether draped over a simple blouse for a daytime meeting or layered over a cocktail dress for evening elegance. By embracing the transformative power of capes, Human Highness invites women to embrace their multifaceted roles with grace and ease.



****THE LINEN COLLECTION AT LUXEMBOURG FASHION WEEK****

This year's Luxembourg Fashion Week saw the launch of Human Highness's highly anticipated linen collection, an ode to natural luxury and sustainability. Linen, known for its durability, breathability, and eco-friendliness, is at the heart of this collection. Each piece is meticulously crafted to combine timeless style with the utmost comfort, embodying the Human Highness ethos of elegance rooted in simplicity. From flowing dresses to tailored separates, the linen collection offers effortless style for the modern woman who values beauty with conscience. The collection's launch was a proud moment for Human Highness, marking the brand's commitment to offering fashion that resonates with both aesthetics and ethics.

****A NEW CHAPTER FOR MILLI****

The journey of Human Highness has been guided by passionate individuals who believe in its mission. Milli, who has been an instrumental part of this vision, recently chose to step away from the fashion industry entirely to dedicate herself to her mindfulness community. Her influence and dedication have left an indelible mark on the brand, and her decision reflects her personal journey toward purpose and wellbeing. Her legacy within Human Highness serves as an inspiring reminder of the brand's



commitment not only to fashion but to meaningful, impactful living.

****DISCOVER MORE AT WWW.HUMAN-HIGHNESS.COM****

Human Highness invites every woman to explore the collection and experience the transformative power of fashion that uplifts and empowers. Discover the elegance, versatility, and sustainable luxury of Human Highness at www.human-highness.com and join the movement toward fashion with purpose.

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SwissGlam

LUXURY LIFESTYLE, EVENTS AND BRANDS

Swiss Designer Days Zurich 2024 Celebrating Swiss Fashion and Creativity in Zurich



Last week marked another milestone in celebrating Swiss fashion and creativity: the second edition of the “Designer Days” took place on 21 June 2024 at the VN Residency in Zurich. The event showcased the talent of the Swiss based designer labels ARIENNE BIRCHLER, Kienast, Moya Kala, NINA YUUN, and PAVÉ PAVÉ.

Organized by Nina Yuun, Swiss fashion designer and founder of NINA YUUN, and Darya von Bergen, a lifestyle influencer SwissGlam, the Swiss fashion designer pop up event “Designer Days” is a future-forward, efficient fashion platform that brings together local designers and fashion enthusiastic consumers.

The event offered an intimate setting for meeting designers in person, shopping selected collection pieces in a relaxed atmosphere with DJ beats, designer interviews on stage, wine and chocolate tasting, giveaways, Anastasia Beverly Hills make up corner, photo moments, styling sessions and interaction with the local creative community.



Designer Days showcased the seamless integration of traditional fashion platforms: the emotional impact of fashion shows, the commercial dynamics of trade fairs, and the convergence of press and the creative community – all in one cohesive event.

Acknowledgements

A special thank you for the invaluable insights into the Swiss fashion industry: Yannick Aellen, founder of Mode Suisse.

We are immensely grateful to our partners who made this event possible:

Venue: VN Residency
Wine: Terravigna
Refreshments: LEMONAID
Chocolates: MAX Chocolatier

Makeup: Anastasia Beverly Hills
Flowers: Hedonist Studio
Music: DJ Sophie Z

Stay connected and follow us on Instagram @designerdays.ch to stay informed about our upcoming editions and events.

About NINA YUUN

Since 2019, Nina has been at the helm of the fashion brand NINA YUUN, blending her Swiss and Korean heritage into each collection. Her aspiration extends to foster an alternative, healthier ecosystem for emerging fashion designer brands in Switzerland.

ninayuun.ch | nina@ninayuun.ch | IG @ninayuunofficial



About Darya von Bergen

Darya von Bergen is the visionary behind SwissGlam.ch, an urban lifestyle online magazine and private and public lifestyle events dedicated to showcasing the glamorous side of Switzerland.

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SERICIN INTEGRA-BASED COSMETIC PRODUCTS

Luxury Silk Style is the new and luxurious beauty line created by J.A.N.D.C. Cosmetici in the area of Lake Como.

It is a revolutionary conception, bearing Giada Mieli's signature, owner of the unique plant in the whole world capable of extracting – from silk threads of choice only – the best Integral Sericin, entirely manufactured in Italy. Luxury Silk Style, the luxury tradition behind silk, long kept among the secrets to glowing skin in Ancient East Asia, is a reality, now.

J.A.N.D.C COSMETICI was born in Como from a revolutionary conception, bearing Giada Mieli's signature: she's part of the third generation of entrepreneurs in the silk field, who considered, in 1999, to delve into the ancient beauty benefits of silk, not worn as a dress, but as a new, second skin.



She is the owner of the unique plant in the whole world capable of extracting – from the best silk threads of choice only – the Integral Sericin, acknowledged in an international research study by researchers from the Tokyo University as “the one and only effective cure for skin regeneration”.

“This is no miracle of technology,” – Giada Mieli states – “It is a reality of nature, kept among the secrets of the medical and cosmetic tradition from Ancient China and Ancient Japan. These are models by which women from all over the world drew inspiration over the centuries. I have grown up listening to the stories told by my grandfather about princesses from the Eastern imperial dynasties and I dreamt about one day having skin and hair as they do. At last, after several years of research and development, not only have I fulfilled my dream, I have also

made real the most played out claim in the history of advertisement: ‘Your skin as soft as silk’. At last, nowadays we can really experience this reality, thanks to the cutting-edge beauty line Luxury Silk Style designed by J.A.N.D.C.



Your success in the networking world
Golf
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GOLFING IN ITALY



THE BIKE AND GOLF: DISCOVER AUTHENTIC PLACES AND FLAVOURS THROUGH A UNIQUE AND SUSTAINABLE EXPERIENCE THAT COMBINES BIKING AND GOLFING.

The Join the Club project aims to combine sports and tourism to promote and develop the local area. This integrated tourist offer is designed to meet the needs of sports tourists by providing high-quality services that enhance the travel experience, showcasing the beauty and traditions of the region. Sports and tourism come together to promote and develop the area. In this context, golf and cycling make a winning combination, forming the basis of the Bike and Golf - Join the Club project.

Bike and Golf offers the opportunity to enjoy a round of golf while also exploring cycling paths that start from the clubhouses and lead to historical sites, local customs, and specialities.

Experience a unique blend of sports,

wellness, environment, culture, and fun through custom-designed itineraries. These exclusive experiences include accommodations, historical sites, museums, farms, wineries, restaurants, and more. We offer a diverse selection of weekend activities such as golf experiences, bike tours, cultural visits, food and wine tastings, and innovative and exciting experiences.

Here are the Prosecco Hills (a UNESCO site) and Asolo Golf Club in the province of Treviso with a tasting of one of the most prestigious wines in the area, from here you can start to discover the places of the Great World War or visit the Gypsoteca of Antonio Canova, the Brion Memorial or the Palladian Villa of Maser with the wonderful frescoes by Paolo Veronese.



From Garda Hotel San Vigilio Golf to Euganean Hills area, we have the option to play on three golf courses: Golf della Montecchia, Frassanelle or Padova Valsanzibio. Here, we can enjoy a round of golf or take an e-bike ride, followed by relaxation in Galzignano, Abano, and Montegrotto, which are home to the largest thermal complex in Europe. Additionally, we can enhance our journey by discovering sites of rare beauty, exploring Venetian villas, and visiting wine shops and olive oil mills.

Far from the crowded tourist spots in southern Italy, in the province of Matera (a UNESCO site), you can find the Golf Club Metaponto. Staying in an ancient farmhouse, you can experience authentic local activities at a relaxed pace, including literary parks, archeological sites, and enjoying local produce. You can play golf amidst the citrus groves or explore the ghost town of Craco by bike.

The network is growing and we can also propose Marbella in Spain, where you can play golf on the beautiful courses of the Costa del Sol and Patagonia, Argentina, with Pedalando Suenos, offering bike tours through the untouched landscapes of the Andes or, you can enjoy golf at the breathtaking Arelauquen Golf & Country Club and savour local gastronomy.

These biking and golfing opportunities are the result of collaborations with welcoming hotels, golf clubs, and local tourism operators, aiming to provide unique and original experiences for golfers and cyclists to indulge in their passions.

Discover Bike and Golf weekends and itineraries on

www.bikeandgolf.it

M.ph. + 39 327 4610167



DETOX LIKE BECKHAM: A LOOK BEHIND THE SCENES OF THE RENOWNED REVITAL METHOD AT THE PALACE MERANO

The prestigious Palace Merano reveals the secret behind the radiant health of celebrities like Victoria Beckham. The innovative Revital method combines the latest medical knowledge with traditional healing methods to create an incomparable detox experience. Individually tailored treatments and holistic therapies promise a lasting increase in vitality and well-being.

In our fast-moving and often environmentally polluted world, detoxing is becoming increasingly important. It is not just a trend among health-conscious people and celebrities, but a fundamental method for increasing well-being and performance. The human liver has over 500 detoxification functions, which makes cleansing the body complex and important. Detox cures help eliminate

toxins from polluted air, processed foods and stress, promote physical health as well as mental clarity and emotional balance. With this in mind, the Palace Merano offers a specially developed detox program that optimizes natural detoxification processes and enables holistic well-being.

The revolutionary Revital method

It is not only celebrity guests such as Victoria Beckham who appreciate the benefits of detoxing. Under the direction of an experienced and versatile medical team, including specialists such as Dr. Massimiliano Mayrhofer, Dr. Silvano Mascodri and Dr. Claudia Arganini, the comprehensively developed Revital method helps guests to revitalize their physical and mental health. In addition, chef Günther Pirhofer supports them with his expertise in healthy nutrition. The initial examination of each guest includes advanced diagnostic procedures such as bioelectrical impedance analysis, which provides essential body data and thus creates the basis for personalized treatment plans. These plans include a specially tailored diet and targeted exercise programs. These are supplemented by special therapies such as hydrotherapy and phytotherapy, which relies on the healing power of plants to increase physical well-being.

A key element of the Revital method is ozone therapy, which is used for its antioxidant properties. Ozone neutralizes free radicals and improves the oxygen supply in the blood,



supports cell renewal, promotes well-being, detoxification and strengthens the immune system. In parallel, hydrocolon therapy is used, a gentle cleansing of the colon that removes toxins and improves intestinal health, enabling effective detoxification.

Since the beginning of 2024, the Palace Merano has been expanding its detox offer with an innovative posture analysis. This method uses the latest technologies to precisely examine posture and identify misalignments and muscular imbalances. The analysis includes a detailed assessment of the spine, joints and muscles to uncover individual problems that often lead to pain and restricted movement. By

combining high-tech equipment and expert medical care, the data from the posture analysis is evaluated to create tailor-made treatment plans. These plans can include physiotherapy exercises, specific training programs and ergonomic adjustments aimed at improving posture in the long term and increasing general well-being. The introduction of posture analysis as a new service at Palace Merano offers guests an advanced way to optimize their health and take preventive action against posture damage.

A holistic journey to longevity

At Palace Merano, modern and traditional healing methods merge into



a symbiosis that promotes sustainable health. The Revital method combines insights from functional, allopathic and energetic medicine as well as principles of traditional Chinese medicine (TCM). This integrative approach not only treats acute complaints, but also strengthens health and well-being in the long term. Dr. Massimiliano Mayrhofer emphasizes the importance of this holistic approach: "Well-being is an active journey, not a passive expectation. By strengthening our health every day through an antioxidant-rich diet and targeted self-care, we can slow down the aging process and promote a fulfilled life. Our revitalization method at the Palace Merano is based on regenerating the body and maintaining mental freshness in order to give everyone the best experience in every phase of life.»

These well-founded approaches are the basis of the more than 20-year success story of the revitalization method at the Palace Merano. The combination of scientifically researched treatments and age-tested natural healing methods enables guests to experience deep regeneration and lead a vital life. The «Palace Merano Experience» package can be booked from 2 nights and offers guests an excellent introduction to the world of detox and longevity (from 1900 EUR).





TERME DI SATURNIA -
„A WONDER OF
NATURE TO BE
PRESERVED“

CASCATE DEL MULINO



CLEANSE YOUR SPIRIT, HEAL YOUR BODY AND FEEL REBORN

The natural hot spring thermal waters at Saturnia maintain a constant temperature of 37.5 °C. This warmth is beneficial, helping to immediately ease issues with muscles and bones. Saturnia's thermal waters also boost the basal metabolic rate, reduce water retention, reinvigorate capillary circulation, and enhance hepatic cell activity, ultimately lowering blood sugar levels. This, in turn, increases the production of bile needed for fat digestion and decreases the absorption of cholesterol in the intestines.

When consumed on an empty stomach and in small amounts, these waters aid digestion and have a positive impact on gastrointestinal disorders. Additionally, Saturnia's thermal waters naturally exfoliate the skin due to their



TERME DI SATURNIA NATURAL DESTINATION A HAVEN FOR REGENERATION AND RELAXATION

Situated in the heart of Tuscany, just under a 2-hour drive from Rome, Terme di Saturnia Natural Destination is one of the best and renowned international Spa destinations. It offers a chance to escape the stresses of daily life and indulge in a transformative experience that seamlessly combines luxury and relaxation. A place characterized by magnetic energy, it is ideal for those in search of psycho-physical balance, harmony between mind and body, health and beauty. The art of hospitality, coupled with the expertise and passion of the Terme di Saturnia team, works harmoniously to turn a stay at the 5-star Luxury Resort into an

authentically rejuvenating experience.

IMMERSE IN THE MAGICAL WATERS OF TERME DI SATURNIA

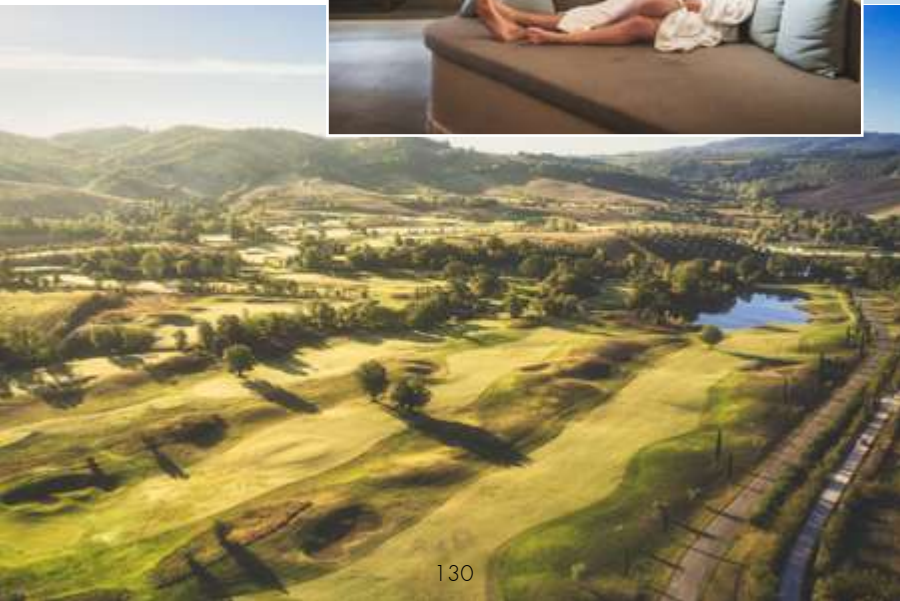
The miraculous waters, continuously flowing from the depths of the Earth for 3,000 years at the very heart of the Resort, bestow upon you the precious gift of genuine rejuvenation. The Terme di Saturnia experience is rooted in the tradition of thermal culture, harnessing the inherent therapeutic power of the certified thermal waters — a source of vitality, well-being, and physical restoration dating back to Roman times.



cleansing and antiseptic properties. They are characterized by being sulphurous, carbonic, sulphate, bicarbonate, alkaline and ferrous.

THERMAL PLANKTON

The thermal plankton that forms and matures in the Natural Hot Spring is a priceless biogenic treasure of natural minerals and nitrogenous substances, rich in amino acids, sulphur, potassium and magnesium and endowed with extraordinary anti-inflammatory, antioxidant and regenerative properties. Its effectiveness and tolerability have been demonstrated at the most prestigious Italian university centres. Radical-scavenging activity tests were conducted on this seaweed and its extracts, and they proved to be antioxidants.



TERME DI SATURNIA NATURAL DESTINATION - A SYMBOL OF HOSPITALITY AND WELLNESS

Nestled within 120 hectares of untouched nature, Terme di Saturnia Natural Destination comprises a hotel offering 124 rooms and suites, a multi-awarded spa, a GEO-certified 18-hole golf course and two restaurants. Surrounded by rolling hills, vineyards, and olive groves, the Resort serves as an ideal retreat to immerse oneself in a world of radiant well-being. The hotel is also the gateway to unlocking your active well-being, offering numerous complimentary facilities and daily activities. Positioned at the heart of Tuscan Maremma, a region that captivates with its charming villages, historical sites, cultural attractions, wineries, and local gastronomic excellence.

A WORLD-RENOWNED SPA

Terme di Saturnia Natural Destination is celebrated for its tailor-made programs using its' exclusive cosmetic line. The spa offers a wide array of comprehensive physiotherapeutic treatments, encompassing kinesiotherapy, hydrokinesis, therapeutic massage, and Tecar therapy. Advanced non-invasive cosmetic treatments, utilizing cutting-edge equipment, include filler injections, laser therapies, and skin peels.

The Natural Spa also provides specialized services, such as medical, thermal, dermatological, physiatric and naturopathic consultations. Through the «Terme di Saturnia Method», tailored programs harmonize body, mind, and soul, promoting holistic



healing and equilibrium. These programs, spanning Mind, Detox, Slim, and Classic, activate the body's defenses, countering the adverse effects of free radicals.

NATUROPATHY

At times, individuals may seek an alternative route to enhance the overall quality of their lives. Terme di Saturnia's in-house Naturopath, Laura Quinti, an expert in Nutrition, Energy Medicine, Homeopathy, and Bio-Energy, provides guidance through diverse modalities including iridology, family constellations, reiki, and bioenergetic healing. These approaches aim to address, unblock and reenergize, fostering positive transformations.

TERME DI SATURNIA'S ACTIVE BEAUTY COLLECTION

Every cosmetic in this collection is formulated with precision, featuring Saturnia bioplancton, a natural marvel. This cosmetic line empowers you to carry the essence of a Terme di Saturnia spa treatment, allowing you to experience its extraordinary softness wherever your journey takes you.

MEDICAL CONSULTATIONS

In the realm of preventive healthcare, the doctors at Terme di Saturnia are available for consultations in the private and serene surroundings of the facility. The multidisciplinary team is committed to preventive healthcare, addressing immediate concerns and contributing to the development of a stronger body for a healthier long-term life.



CULINARY JOURNEY - LOCAL TRADITION, INNOVATION, PRIME QUALITY, FRESHNESS

Embark on a culinary adventure that follows the rhythms of nature, offering a delightful journey for the senses. The Resort features a fine-dining restaurant, a typical Tuscan «trattoria» and a bar overlooking the Natural Spring. Each venue has a unique ambiance and a menu celebrating the flavors of the region and the prime-quality ingredients of Italy.

Executive Chef Salvatore Quarto strives to deliver distinctive flavors to both the plate and the palate, creating lasting memories and evoking emotions. His seasonal approach forms the foundation of his culinary philosophy, creating dishes that evolve with the changing seasons. Chef Quarto is environmentally conscious, selecting ingredients and practices that



respect the local ecosystem. Prioritizing nutrition and wellness, his creations are designed not only to delight the senses but also to nourish the body and soul. Each dish is a symphony of balance and taste, leaving guests not only satisfied but also energized and revitalized.



GOLF

Terme di Saturnia Golf is a championship, Par 72, 18-hole course designed to merge with the surrounding hills while carefully conserving natural habitats.

Professionals appreciate the many challenges, while beginners quickly discover the pleasures of golf in these inspirational surroundings.

Excellent facilities include an extensive practice area with driving ranges and manicured putting greens, with the Club House conveniently located in the Resort's premises.



NATURAL DESTINATION

TERME DI SATURNIA NATURAL DESTINATION

Via Follonata
58014 Manciano (Grosseto),
Toscana/ Maremma, Italy
+390564600111
www.termedisaturnia.it



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SAN VIGILIO GOLF**
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THE BEST GOLF HOTEL SPA & RESORT
ON THE GARDA LAKE • ITALY



HOTELS & APARTMENTS

On Lake Garda, it is perfectly located within a 110-hectare park, in harmony with the surrounding environment and equipped with all services and comforts. The care in furnishing and in the choice of materials has created a sophisticated Italian environment that tells a story of style and great hospitality.

RESORT

Once you enter the Garda Hotel San Vigilio Golf, you will be immersed in a world where modernity, efficiency and excellent service standards blend with unspoiled nature surrounded by rolling hills and lush vegetation.



GARDA HOTEL SAN VIGILIO GOLF
Loc. San Vigilio, 1
25010 Pozzolengo (BS) - Italy
T +39 030 91801
P.IVA: 02559330986
info@gardahotelsanvigiliogolf.it



The resort offers many personalized packages such as stay and platzreif package, stay with unlimited golf, outdoor sports, wellness, wine tastings and a restaurant that offers both traditional dishes and surprising combinations of flavours.

A golf course, a hotel with SPA, apartments, restaurants, meeting rooms, a sports center and large spaces to plan a holiday with many different but harmonious ingredients have been created around a 12th century Benedictine abbey, the historic heart of the park.

The location of the Garda Hotel San Vigilio Golf is ideal because it is close to Lake Garda and is open all year round, with all its attractions and uninterrupted holiday seasons, as well as the cities of Lombardy and Veneto and is inserted in a landscape where tranquility and being in contact with nature are essential. This enchanting place is the perfect destination for athletes, travellers, families, couples and businessmen who can find a break, a moment of pleasure, entertainment or the ideal environment for business meetings. Garda Hotel San Vigilio Golf is also the venue for the 77th Italian open, awarded many times as the best golf hotel and best golf course in Italy.



**GARDA HOTEL
SAN VIGILIO GOLF**
POZZOLENGO
LAGO DI GARDA • ITALY



The Gardahotel San Vigilio Golf, a stone's throw from Lake Garda, was designed by architect Kurt Rossknecht and boasts 36 holes, 9 of which executive and 27 championship, divided into three courses: Benaco, Solferino and San Martino.

When you enter the Club House, you will immediately feel enveloped in elegance and sophistication. Situated in such a way that it has a panoramic view of the golf course and the entire resort, it has a wonderful outdoor area where you can relax.

In addition, a large space for pro shops and accessories for golfers (changing rooms, luggage storage and parking trolleys, etc.) complete the functional services.

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**BEST CLUB HOUSE AWARDED
IN ITALY**





The Argentario Golf & Wellness Resort is located in a protected natural area 5 minutes from the Duna Feniglia Nature Reserve, 10 minutes from the seaside villages of Porto Ercole and Porto Santo Stefano, and just 90 minutes from Rome Fiumicino international airport.

The Orbetello lagoon, the sea and the slopes of Monte Argentario offer a panorama of extraordinary beauty and create a microclimate that allows you to practice sports and outdoor activities at any time of the year.

All the greenery of the Resort, including the 18-hole course, is «Agri Cert» certified organic and eco-compatible: all the products used for its maintenance are totally natural.

The Argentario Golf & Wellness Resort is a design hotel, whose philosophy was born from the search for well-being while respecting the environment: everything develops around these concepts. The resort offers luxury rooms and villas with incredible views of the golf course, the landscape of Monte Argentario, the sea and the Orbetello lagoon. Each design accommodation is equipped with a panoramic terrace and the latest



technologies, and is the result of meticulous research into materials and furnishings.

In 2023, the Argentario Golf & Wellness Resort in Porto Ercole became part of the largest and most prestigious hospitality group in the world, the Marriott International group, thus becoming the first 5-star resort in Italy and one of few golf Resorts in Europe belonging to Marriott's golf portfolio.

A series of restyling operations have led the Argentario Golf & Wellness Resort to join the exclusive Autograph Collection Hotels brand in June 2024, a collection of independent

hotels individually selected by Marriott International for their unique perspectives on design, craftsmanship and hospitality, and with exclusive and luxurious experiences.

In March 2019, The PGA (Professional Golfers Association) chose the Argentario Golf & Wellness Resort and its 18-hole course as its national headquarters for Italy, making it the only course in Italy to have the PGA National Italy license.



The Argentario Golf & Wellness Resort is not just golf. The sporting opportunities that await you in this Design Resort are many: in addition to the 18 holes, there are also 2 padel courts and 2 tennis courts, a five-a-side football pitch, 2 jogging paths, an indoor gym and an outdoor fitness station, the indoor and outdoor swimming pools.

At the Espace wellness centre, the choice of massages and treatments is wide, from relaxing ones with olive oil from the surrounding olive groves and lavender from the Maremma fields, to shock and energizing treatments for athletes. In the warmer months, the Argentario Golf & Wellness Resort offers a terrace surrounded by greenery with 2 swimming pools to cool off in the Tuscan sun, including one for children. The indoor swimming pool continues towards the outside and is open all year round with the water heated to 28°C.

For those who love fitness, the large gym is equipped with Technogym cardio machines and equipment for weightlifting, CrossFit and functional gymnastics. The huge windows allow you to admire the verdant nature while lifting weights or running on the treadmill.

At the Resort's restaurants, Dama Dama and Club House, you can enjoy cuisine made of local flavors and colours. Chef Emiliano Lombardelli gives particular importance to organic products from the Resort's garden and scrupulously chooses the raw materials from small local producers, thus favoring the seasonality of the ingredients and their authenticity.

Dama Dama is the fine-dining restaurant, while Club House offers an informal atmosphere. Both offer an outdoor terrace with panoramic views.

The Club House Restaurant is open every day for lunch and dinner, and is the ideal place to enjoy relaxation after a day spent on the golf course, on the beach or around Tuscany.

If you choose the Resort for a detox holiday, you can also savor the dishes cooked with the Wellbeing Method of the nutritionist biologist Luca Naitana, who teaches a lifestyle based on the well-being of the body and mind, a diet that favors vegetables and fruit, legumes, extra virgin olive oil, white meats and fresh fish.

Among the other services of the Resort there are:

- Affiliated beach at an exclusive establishment on the sandy beach of

Giannella, nestled between the crystal clear sea and the Mediterranean pine forest, just 10 minutes from the Resort;

- Covered garage (for a fee) and free outdoor parking;
- Heliport;
- Mini Club in the summer months and on New Year's Eve;
- Boat and yacht rental;
- Boutiques and Pro Shops;
- Concierge for organizing tours, cooking lessons, wine and oil tastings, horse riding...



ARGENTARIO
GOLF & WELLNESS RESORT
AUTOGRAPH COLLECTION

ARGENTARIO GOLF & WELLNESS
RESORT
Località Le Piane, 58019 Monte
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www.argentarioresort.it



A BIELLESE IN MARBELLA FOR 13 YEARS



www.physiogolfmarbella.com
 Magna Marbella Golf,
 Avda calderón de la barca s/n 29660
 Nueva Andalucía (Málaga)
 Chiara Cantone +34 691 011 240

My name is Chiara Cantone, I was born in Biella and at the age of 20 I graduated in 2001 in Novara as a Physiotherapist.

Always a lover of sport, nutrition and health, I wanted to get involved and started my professional experience in the south of Spain in Marbella.

From the first moment I was struck by the large number of golf courses and, with a clinical eye, how potentially harmful the golf swing could be. But I had to know more so I approached the world of golf as an amateur.

As a former volleyball player, I didn't have too many difficulties in understanding the dynamics of the game (in volleyball the ball is simply bigger and the field smaller than in golf) and my sports mentality helped me a lot to be determined in my training goal.

As a physiotherapist I decided to specialize in golf injuries since, having done market research, none of my colleagues had this profile; I started taking lessons, training, playing competitions, until after several years and sacrifices, I went to Madrid and after tests and exams, in 2012 I became a golf teacher.

This is where it all started; I integrated my knowledge of anatomy, biomechanics and health into the technical gesture of golf and together with my friend and colleague Luis Martínez (golf teacher and professional) I

created the revolutionary Less is More Golf® method

Our headquarters is Magna Marbella Golf Academy, in the beautiful golf valley, in New Andalusia, a district of Marbella.

It is a method with a holistic approach oriented towards the player's health at 360 degrees, thanks to which our students learn or continue to play without incurring the pain or injuries typical of the game of golf; the swing is natural, it respects the individual's innate abilities and movements, learning through the 5 senses.

We complete our wellness offer with workshops dedicated to well-being, to give practical advice in order to improve the quality of life of the people who participate through mindfulness exercises, functional training, postural education etc.

In my team of teachers, we have physiotherapists, masseurs, osteopaths, personal trainers, sports psychologists and medical support, the method being endorsed by various clinics on the coast as a way to heal.

To complete the product, we offer, through the Physio Golf Marbella platform, therapeutic treatments at home or room service in the hotel, 7 days a week and at any time, to allow golfers to fully enjoy their stay in Marbella and the golf experience, without being limited by unexpected physical problems.

Our motto is "Feel better, live and play better"





"You don't realize how important your health is until you lose it"

Phrase from my dear grandfather that has stuck with me and has certainly influenced my personal and professional path.

A university-trained physiotherapist, I became a golf teacher in Madrid in 2012 and combined the world of health with that of golf in Marbella, southern Spain.

The golfer's profile fascinated me right away and the approach from a golfing point of view is very similar to the medical one.

It is necessary to diagnose the main errors, determine a treatment and give specific exercises until the next appointment.

The golfer is a person who wants to feel good and fit to be able to play as much as possible and my 2 projects were born from

this need; Physio Golf Marbella is a platform of health therapists specialized in home services to be able to physically help golfers not to miss a single day of golf, treating their pain and injuries.

Co-founder and director of the revolutionary golf teaching method Less Is More Golf which, through a holistic approach focused on wellness, takes care of both the golfer's body and swing, improving health and technique.

Magna Marbella Golf Academy is located in the beautiful golf valley, in New Andalusia and is open to the public 7 days a week.

The public in Marbella is decidedly cosmopolitan and we receive visits from all over the world; for this reason we also offer an online lessons service, to be able to follow

our students wherever they are in the world. Being Italian and close to Switzerland (my hometown is Biella, Piedmont) the goal I am consolidating is to create a solid bridge with these regions, to be able to offer golf, health and a splendid climate all year round.

For the same reason I am creating a strong relationship with the Emirates, who due to the high temperatures cannot play as much as they would like and for reasons of culture and religion, the female sex is limited; this is why we are creating an exclusive and reserved area in my academy so that I, as a woman and golf teacher, can give lessons to this specific audience.

Marbella offers quality of life all year round, including easy and effective golf, with health and well-being.

My motto is "Feel better, live and play better"





Among the various services that physiotherapist and golf instructor Chiara Cantone, director of Physio Golf Marbella, offers, there is the revolutionary body fitting.

Very often physical pain distances the golfer from his favorite activity due to acute, chronic pain or even surgery.

The doctor, thinking of the patient's well-being, very often recommends rest and interruption of all activity (golf included), forcibly suspending practice and play for months.

From a technical and physical point of view, the game of golf is so varied that the practice can be adapted to the patient's recovery phase, re-educating him directly on the practice field.

Body fitting is a service that consists of three phases:

- careful study of the medical history to carefully understand the patient's profile
- golf lesson based on the analysis of movement and consequently in the flight of the ball in order to identify potentially harmful movements or points of the swing
- detailed report with photos and text, where the cause is identified and technical and healthy solutions are proposed (treatments, functional exercises, stretching, etc.) in order to return to the game without pain or injuries

The body fitting is sent online to allow the player to share it with his golf instructor if necessary and at the same time, understand and implement to

correct the cause of the pain.

Golf is a game for life, it is essential to play it without pain for the benefit of the body and the game.

The body fitting can be in person or online since we offer a free tutorial to be able to film yourself and correctly send the visual and medical material via email for your prior study.

"feel better, live better and play better"

Chiara Cantone, physiotherapist, golf instructor and wellness consultant can be contacted through her website www.physiogolymarbella.com

Good golf, with health!



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GOLFING IN EUROPE



 **DAS ACHENTAL**

PURE CHIEMGAU

In the heart of the Chiemgau, between Chiemsee and Kampenwand, you will find our resort DAS ACHENTAL. Pure nature, lots of feel-good ambience and first-class service guarantee you relaxation and enjoyment from the very first moment. Discover our rooms and suites, indulge yourself in our restaurants, relax in our spacious wellness area or enjoy our excellent 18-hole golf course in a unique natural setting. Edip Sigl and his team will be happy to welcome you to the 2-star gourmet restaurant es:senz and take you on a culinary journey. Whoever enters es:senz is greeted by a pleasant atmosphere, atmospheric lighting, noble interior, open fireplace and stylishly set tables. This luxurious yet relaxed ambience is complemented by cordial staff and crowned by the culinary delights from the kitchen.



STAY IN THE HEART OF CHIEMGAU

Our 195 well-being rooms, Junior suites and suites combine relaxed luxury and Alpine cosiness. The facilities include plenty of original wood, loden and natural materials to create a cosy atmosphere, in which you get to wonderfully relax.

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ES:SENZ

The pure flavour of Chiemgau. Surprising re-interpretation.

Behind the name es:senz is the promise to concentrate on the essentials in every dish. Instead of many ingredients, only a few selected components are used, from which the best of their original taste is extracted. True to our motto «Chiemgau Pur», mainly regional products are used for this, naturally in the best organic quality. The 2-Michelin-star gourmet restaurant es:senz in Chiemgau, combines everything the heart desires. Visitors can expect plenty of variety, such as the magnificent Chiemsee, mountains, moorland, sights such as Herrenchiemsee Castle, the hotel's own golf course, lots of relaxation in the Achenal SPA and plenty of feel-good ambience in the resort's rooms and suites. A perfect combination for a relaxing break paired with the finest culinary delights at the gates of Munich.

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ACHENTAL SPA



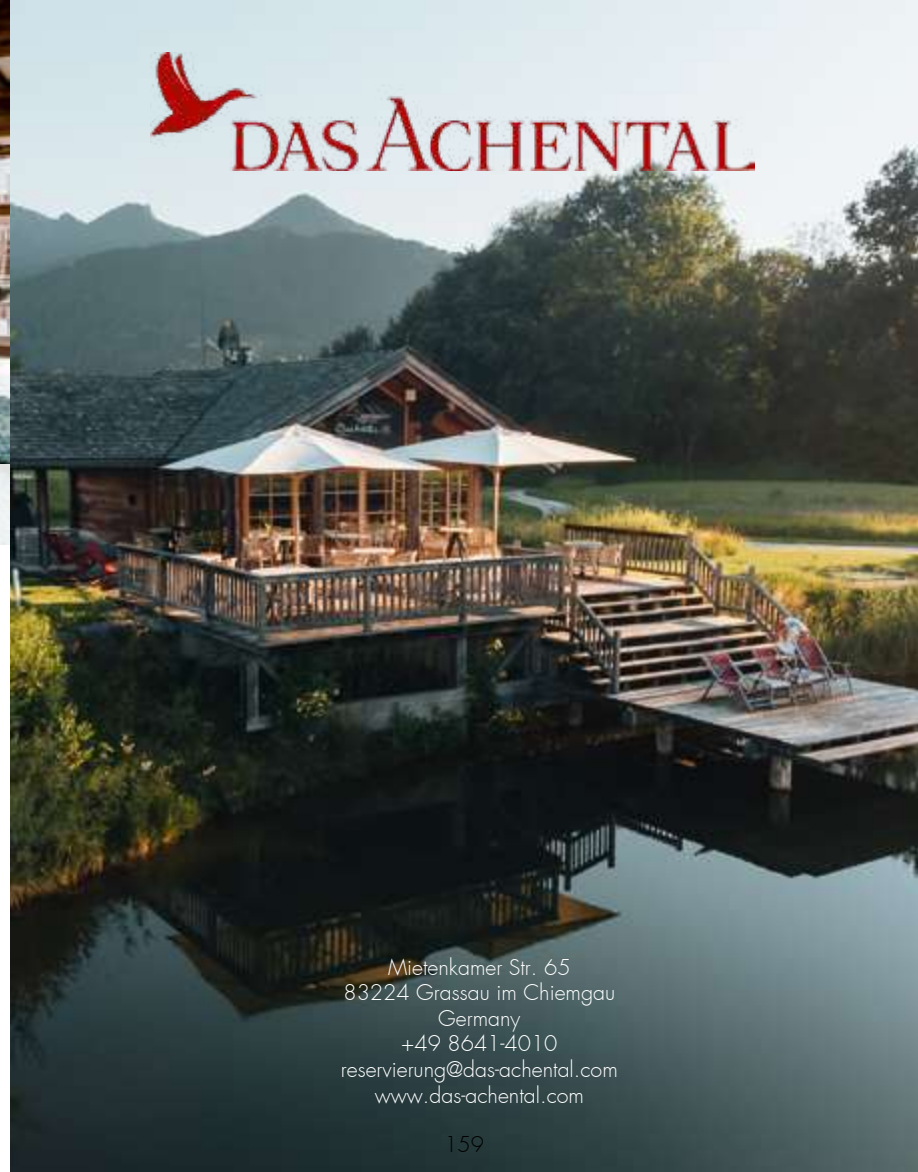
True beauty comes from within. Let's start with your well-being. With our feel-good treatments, we create moments of happiness that you can draw on for a long time to come. We pamper you from head to toe and ensure relaxation that you will see. Let our spa team pamper you and return home fresh and relaxed. We will be happy to advise you individually and put together a feel-good program according to your wishes.



We recommend that you book your personal spa break before you arrive so that you can make a firm reservation as you wish. You can reach us by email at: spa@das-achental.com or by telephone at Tel: +49 8641 401 760.



DAS ACHENTAL



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DAS ACHENTAL

18 hole - course

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- 6 Restaurants
- PGA Premium Golf School
- PGA Academy
- Pro Shop
- Simulator
- Fitting Center

The Das Achenal resort is located in the heart of the Chiemgau, between Kampenwand and Chiemsee. The in-house 18-hole golf course, rated as a 5-star superior golf course and one of the „Leading Golf Clubs of Germany“ as well as the PGA Premium Golf School with spacious practice facilities are right next to the hotel. Opened in 2013 and designed by the renowned course architect Thomas Himmel, the course challenges players of all handicap classes and at the same time impresses with its excellent maintenance and high standard of service on and off the golf course. Another highlight is the Halfwayhaus Seehütte10, which is well-known across the border and is located on the hotel's own lake.

DAS ACHENTAL

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Your success in the networking world

Golf

REPORTAGE:
SUNNY TRAVEL DESTINATIONS



LE LUXE REDÉFINI : MARADIVA VILLAS RESORT & SPA DÉVOILE UNE SUPERBE RÉNOVATION À L'ÎLE MAURICE, OFFRANT DES EXPÉRIENCES INOUBLIABLES

Maradiva Villas Resort & Spa, located in the tranquil enclave of Flic en Flac on the enchanting southwest coast of Mauritius, announces the grand reopening of its estate following a €50 million renovation by Hirsch Bedner Associates (HBA), featuring brand-new family villas. Against the breathtaking backdrop of the iconic Le Morne mountain and the pristine Tamarin Bay, the resort offers a captivating retreat for luxury and tranquility.

An Oasis of Unparalleled Luxury

Spread across 11 hectares amidst magnificent

gardens and with 750 meters of nearly untouched beach, the resort boasts 64 one- and two-bedroom villas in six different luxurious types ranging from 163 sqm to 345 sqm. Each villa features a private heated pool and a luxurious outdoor shower, inviting guests to immerse themselves in nature. This exclusive refuge epitomizes opulence and provides an intimate retreat with exclusivity for discerning travelers.

The Pinnacle of Indulgence: Presidential Luxury Villas

The crown jewels of Maradiva's villas are the

two Presidential Luxury Villas. These expansive retreats, each 345 sqm, feature extensive heated pools of 56 sqm, panoramic ocean views, two bedrooms with en-suite bathrooms, a spacious living area with home theater, a private kitchenette, and 24/7 private butler service.

Culinary Delights: A Gastronomic Journey at Maradiva

From Mauritian to upscale Indian and Japanese cuisine, as well as relaxed beach barbecues, every palate is catered to, even by a Michelin Star Chef ready to indulge every culinary fancy. Fresh, local ingredients and sustainable production methods are central, with special options like Ayurvedic cuisine. Cigar aficionados can enjoy the largest cigar humidor in Mauritius and an impressive collection of 3,000 cigars from around the world, while the wine cellar offers the finest wines.



Unforgettable Memories

Guests at Maradiva can experience a variety of exclusive activities, from swimming with dolphins to private beach picnics in a Rolls Royce, or enjoying the holistic rituals of the in-house Ayurveda spa, ensuring an unforgettable vacation. Romantic sunsets by the infinity pool overlooking the UNESCO World Heritage Site Le Morne mountain and Tamarin Bay are worth the trip alone. Family-friendly offerings like the kids' club and teen lounge ensure fun for all ages. Golf enthusiasts can indulge their passion at the Tamarina Golf Club, a premier 18-hole course just 20 minutes from the villa.

The Beginning of a Remarkable Journey of Self-Discovery and Renewal

Maradiva Spa's holistic wellness packages



offer an extraordinary journey of self-discovery and revitalization, carefully crafted to align invigorating treatments with mindful practices. The «Rejuvenate at Maradiva» package provides ten 60-minute treatments, allowing guests to tailor their wellness journey and create a true sense of enchantment.

Unparalleled Service and Tailored Details

At Maradiva, excellent service is paramount, from a Les Clefs d'Or accredited concierge to bespoke experiences like in-villa dining,

private yoga sessions, spa treatments, and champagne sunset cruises. A dedicated wedding planning team turns dream weddings into reality, while the choice between a Rolls Royce and an eco-friendly BMW i7 ensures a special arrival experience. CEO Sanjiv Ramdaneer adds, «Maradiva is more than a resort; it is a place that connects with the soul of Mauritius.»

A Legend of Enchantment

As the setting for the 2019 film «Serenity»



starring Matthew McConaughey, Anne Hathaway, and Diane Lane, Maradiva has a rich history of captivating guests.

Commitment to Sustainability

Maradiva is dedicated to reducing its carbon footprint and ecological impact through various sustainable initiatives, including the implementation of a water treatment station for refilling glass bottles and the use of biodegradable products. Additionally, the resort partners with Green Globe to promote responsible tourism and global sustainability efforts.

Experience the pinnacle of luxury, personalized service, tranquility, and well-being at Maradiva Villas Resort & Spa,

where every moment is a captivating journey in paradise.

For more information: <http://www.maradiva.com>



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FANCOURT

SOUTH AFRICA
20 years of quintessential hospitality



FANCOURT: A GOLFING HAVEN IN THE HEART OF SOUTH AFRICA

Fancourt, the unparalleled destination for golf enthusiasts in South Africa, extends an invitation to embark on an unforgettable winter retreat amidst the captivating landscapes of George. Nestled within a sprawling 613-hectare estate, offering sweeping views of the majestic Outeniqua Mountains, Fancourt provides the backdrop for an extraordinary escape, seamlessly blending the excitement of golf with the

serenity of nature.

Golfing Excellence at Fancourt: A Golfer's Paradise

As South Africa's premier golf resort, Fancourt proudly presents three distinctive Gary Player-designed courses, each possessing its own unique allure. The Links, standing as Africa's top golf course, is the

crown jewel of Fancourt. A masterpiece personally acclaimed by golfing legend Gary Player, it features undulating terrain, a dune-style landscape, and a challenging layout, making it a sanctuary for global golfing legends.

The Links has a storied history, hosting prestigious tournaments such as the Presidents Cup (2003), SA Open (2005), and the 2012 Volvo Golf Champions European Tour. Beyond its golfing prowess, The Links champions environmental sustainability, emphasizing wildlife and habitat management, outreach, education, chemical use reduction, safety, and water conservation.

The Montagu course presents visually stunning landscapes with rolling fairways and strategic bunkers, providing a tactically challenging experience for golfers of all

levels. Meanwhile, the Outeniqua course, translating to the 'land of milk and honey,' offers breathtaking views of mountains and forests, catering to golfers seeking a parklands course.

Fancourt Golf Experience: Elevating the Game

Embark on the ultimate Fancourt Golf Experience, where the Fancourt Academy Golf & Fitness Academy offers professional lessons tailored for all ages and skill levels. Catering to seasoned pros refining their game and novices eager to learn, the warm-up and practice facilities are designed to meet the diverse needs of every player. The Fancourt Golf Experience ensures a comprehensive journey, allowing both seasoned enthusiasts and beginners to elevate their game in the idyllic surroundings of Fancourt's premier golf destination.





Beyond Golf: A Lifestyle Retreat

Fancourt transcends being a mere golfing paradise; it is a lifestyle retreat offering a comprehensive experience for leisure and relaxation. The Fancourt Hotel features over 115 luxurious rooms, 18 Manor House suites, four exquisite restaurants, two sizable pools, a rejuvenating spa, and fully equipped fitness facilities. With additional amenities such as an in-house cinema, biking trails, fishing, and more, Fancourt creates an unparalleled ambiance for an unforgettable holiday.

Key highlights of the Fancourt experience include exploring biodiversity through a leisurely Botanical Walk, indulging in delightful wine pairings amidst the sprawling grounds, and savoring the tranquility of the enchanting rose garden and koi pond. These diverse and immersive experiences underscore Fancourt as a premier lifestyle destination.

Discover the perfect synthesis of nature's beauty and world-class amenities at Fancourt, where each winter retreat is a celebration of lifestyle and golf. Unwind, rejuvenate, and forge lasting memories at South Africa's leading golf destination.

About Fancourt:

Fancourt stands as South Africa's leading golf resort, renowned for its world-class golf courses and luxurious amenities. Nestled in the heart of George, the estate seamlessly blends golfing excellence with a lifestyle retreat, providing an unforgettable experience for enthusiasts and leisure seekers alike.



FANCOURT
— SOUTH AFRICA —
30 years of exceptional hospitality

www.fancourt.co.za
reservations@fancourt.co.za
Montagu Street, Blanco, George, South Africa
6530



SOMABAY



Experience luxury in every meticulously crafted detail, where prestige hospitality is rediscovered with genuine warmth and passion. Our commitment to sustainability ensures that every indulgence is balanced with environmental responsibility, allowing you to awaken forgotten desires and build unforgettable memories while preserving the beauty of our surroundings for generations to come. Somabay is where glorious coastlines converge with modern-day opulence in a land rich with vibrant culture and mystical history. Succumb to the alluring siren of Somabay—a destination that transcends the boundaries of euphoria and tranquility, offering an unparalleled experience of harmony and sustainability intertwined.

DESTINATION PREMIUM LOCATION

Situated on the eastern shores of Egypt along the captivating Red Sea coast, Somabay offers an ideal location just a convenient 20-minute drive from Hurghada International Airport. Accessible with a mere 4-hour flight from Central Europe, this expansive, self-contained community spans an impressive ten million square meters, enveloped by the sea on three sides. Boasting some of the region's most stunning sandy beaches and breathtaking panoramic vistas of desert mountains, Somabay promises a picturesque resort experience. Nestled within 10 million square meters of verdant landscapes, life at Somabay transports you into a world where fantasy-scapes seamlessly blend with reality, and sun-drenched activities offer endless possibilities for elevation and enjoyment.

VISION

Establish a premier destination for discerning travelers and homeowners alike. Through our relentless commitment to providing unparalleled experiences, we aim to redefine luxury living and hospitality. Our goal is to elevate Somabay beyond being just a vacation spot, but rather a coveted first-choice destination where individuals can seamlessly transition into a lifestyle of unparalleled comfort and convenience. With a focus on sustainability and self-sufficiency, we strive to create a harmonious environment where every aspect of life is meticulously curated to exceed expectations.

MISSION

A visionary endeavor aimed at transforming Somabay, into a beacon of luxurious hospitality and sustainable living. With a focus on delivering unparalleled hospitality experiences, the mission endeavors to provide elite accommodations, upscale dining experience and world-class amenities & facilities to cater to the discerning tastes of global travelers. Beyond tourism, the mission aspires to cultivate a vibrant community, offering residents a high-quality lifestyle completes with residential options, employment opportunities, and essential services. Central to its ethos is a steadfast commitment to sustainability, championing environmentally responsible practices such as energy efficiency, waste reduction, and conservation efforts.



SOMABAY HOLIDAYS

Welcome to Somabay Holidays where luxury meets personalized hospitality. Our collection of exclusive hotels caters to the diverse personas of our guests, whether you're seeking adventure, family fun, serenity, luxury, or wellbeing. From thrilling activities to tranquil sanctuaries, lavish accommodations, and holistic wellness offerings, we ensure an unforgettable experience tailored to your desires.

SOMABAY COLLECTION:

Kempinski - Pure luxury
The Cascades - Golf & Spa resort.
Robinson Club - Entertainment resort.
Sheraton - Unique & monumental.
The Breakers - Lifestyle hotel.
Stayr - Bay Life Home Rental



DISCOVER SOMABAY

Explore the wonders of the Red Sea coastline at Somabay, where luxury and adventure intertwine. Indulge in opulent accommodations, thrilling water sports, and rejuvenating spa experiences. Treat your taste buds to a culinary journey featuring authentic Egyptian cuisine and global flavors. Immerse yourself in Egyptian boutique shops for unique souvenirs.

Somabay, a coastal gem on the Red Sea in Egypt, offers an array of activities to suit every traveler's desires. Dive into the crystal-clear waters to discover vibrant marine life, or partake



in thrilling water sports such as wake boarding, windsurfing and Kitesurfing. Golf enthusiasts can tee off at world class practice facilities and the renowned Gary Player-designed golf course while soaking in panoramic views of the Red Sea. For those seeking relaxation, unwind on the idyllic beaches or indulge in rejuvenating spa treatments. Cultural enthusiasts can explore nearby historical sites like Luxor, while nightlife aficionados can enjoy beachfront bars and lively entertainment. With its blend of adventure, luxury, and cultural charm, Somabay promises an unforgettable vacation experience.

SOMABAY REAL ESTATE PROJECTS

Somabay's dwellings are built with the emphasis on being one with the captivating landscape, bringing to life free-spirited living with the spoils of modern luxury and amenities. Become a part of Somabay's exclusive community with its unique citizenship program that grants privileged access to five-star amenities. Feel at home in the paradise of Somabay.



A GOLFER'S HAVEN

THE PERFECT YEAR-ROUND GOLF DESTINATION

Blessed with a year round temperate climate, Somabay is the perfect golfing destination to enjoy an experience like no other.

The championship golf course at Somabay was designed by the golfing icon that is Gary Player. The South African has firmly established himself as one of the greats not just in terms of his playing career but, for many years now in the world of golf course design.

In the mid 1990's Gary Player was approached to design a course on the Somabay Resort and he duly delivered a truly world class layout which he referred to as the Pebble Beach of Africa based on its proximity to the Red Sea.

The course plays through the desert around the resort with no less than 6 holes positioned on the dramatic Red Sea coastline. Tees, fairways and greens provide a playing oasis as the course meanders around the resorts with constant, breath-taking views of the Red Sea all with stunning mountains as a backdrop.

The golf facilities continue to improve at Somabay and world class practice facilities by way of a 300m double ended floodlit range with exquisite turf teeing area has been joined by an incredible 5000 sqm Short Game Arena, designed by James Edwards from EDI Golf that provides an unlimited variety of opportunity for those wanting to hone their short game.

The Par 3 centered in the heart of the Somabay Academy, for novice golfers to also practice and improve their game, and with the expert tuition from our academy team, the Par 3 course provides a safe and challenging environment for those new to the game day & night.

Experience Golf in the middle of the Red Sea. In Somabay, we've transformed golfing into an extraordinary experience. Discover a three-hour adventure from Somabay Marina with 50 golf balls in tow, while you tee off, your companions can soak in the stunning views, groove to melodic beats, snorkel and marvel at the underwater wonders. As stewards of the environment, we ensure responsible collection of all golf balls post – game during a snorkeling experience in 3-meter-deep waters, contributing to marina conservation.

It is our aim to make golf more fun, to deliver golf experiences that leave you coming back for more. What could be better than enjoying great golf in a great place that leaves you with a massive smile on your face

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THE CASCADES
GOLF RESORT, SPA & THALASSO



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Elevated on the highest point of the Somabay Peninsula sits the magnificent Cascades Resort. This one-of-a-kind colonial-style hotel offers 159 spacious rooms and suites. With its prime location, The Cascades offers unparalleled panoramic views of the Red Sea, desert mountains, and green golf course fairways. Offering one of the largest and best equipped thalasso therapy spas in the world, the resort is also home to the stunning Cascades Golf Course designed by Gary Player.

A STAY WHERE ALL YOUR DESIRES ARE MET

The hotel offers 128 comfortable and graciously appointed guest rooms and 31 luxurious suites all with private balconies overlooking the Cascades Golf Course with the sea as its backdrop. The large marble bathrooms include a bathtub as well as a separate shower and toilet matching the highest demands of comfort, design and equipment. In offering the ultimate comfort and privacy, all rooms and suites are equipped with endless amenities; satellite TV, mini-safe, mini-bar, air-conditioning, electronic door locks and easy access to an Internet connection. Most suites can be combined with a connecting room. With the grand style of our traditional hotel, and its tastefully furnished rooms you are guaranteed to feel at home.

A PLEASURABLE CULINARY EXPERIENCE

Characterized by its distinctive style and service, The Cascades Resort incorporates a variety of exclusive dining options with exceptional creations. From quick bites at the pool to fine dining à la carte selections and dietic menus designed for those who chose undergoing nutritional programs; you are guaranteed to find something to match your needs.

DEDICATED TO YOUR WELL-BEING

Disconnect from the world at The Cascades Spa & Thalasso and allow the spectacular views of Somabay to bring your senses to life while the holistic treatments balance, nurture, and energize your body and mind. The spa's 65 treatment rooms and facilities extend over 7,500 square meters offering a range of first-class treatments and services and the purest products with a further 750 m² Thalasso-Tonic Hydrotherapy pool. Containing 830 m³ of sea-water subdivided into a number of distinct zones with water jets, currents and counter-currents, showers and bubbling baths, each zone of the pool is designed to regenerate and tone a specific part of your body. Our repertoire of holistic spa treatments performed by our team of skilled international therapists is a Thalasso-spice tribute. Our unique formula combines the healing properties of seawater with the exotic flavor and health benefits of Egyptian spices and herbs.

UNWIND & REJUVENATE AT A RELAXATION SANCTUARY

Built with the utmost comfort and pampering experience in mind. The Spa extends over 7,500 m² with a wide range of first-class treatments and services at every corner.



This peerless luxury spa includes 65 treatment rooms and is acknowledged for its 750 m² Thalasso-Tonic Hydrotherapy Pool. A treatment designed to regenerate and tone your body as you sway across an 830 m³ of seawater, divided into zones with water jets, currents, counter-currents, showers, and bubble baths. This is where you get to know first-hand what unparalleled leisure feels like.

DIVING & KITESURFING

For some incredible snorkeling and diving, Somabay's dive center managed by Orca Dive Club is the largest on the Red Sea. It offers all services from instructional to professional diving and top-of-the-line rental equipment. Unique to the center is a 420-meter jetty that extends from its doorstep to the house reef offering direct access to the marine wonders.

Somabay's 7BFT Kite House is perfectly located for amazing kitesurfing year round. Ranked one of the top three kite spots world-wide, the spectacular bay offers fantastic flat water conditions. The Kite House also offers training and rental equipment for all experience levels.

The Cascades Golf Resort, SPA & THALASSO | Somabay
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 CAP ST GEORGES

 HOTEL & RESORT

GOLF PARADISE IN CYPRUS

CAP ST GEORGES

Cyprus, the enchanting island in the eastern Mediterranean, captivates not only with breathtaking landscapes and historical landmarks but also offers excellent golf courses that make the heart of every golf enthusiast beat faster.

The golf courses in Cyprus are renowned for their top-notch designs and the opportunity to play amidst nature. With mild weather and sunshine throughout the year, the island presents ideal conditions for golfers of all levels. Well-maintained greens and diverse challenges create unforgettable golfing experiences.

An outstanding jewel among luxury resorts in Cyprus is the 5-star Cap St Georges Hotel & Resort. Its coastal location and luxurious amenities make it an unparalleled retreat for travelers. The resort combines its accommodations with a sophisticated golf offering. It presents exclusive golf packages for stays of 3 to 5 and 7 nights, including meals, transfers, and a special golf gift. The public golf courses of Minthis, Secret Valley, Aphrodite Hills, and Elea are in close proximity and covered by the Cap St Georges package.



The Minthis golf facility in Cyprus stands out with a challenging design cleverly integrated into the hilly landscape, offering players spectacular views.

Secret Valley impresses with a picturesque location in a valley, surrounded by vineyards and lemon trees, providing a harmonious blend of nature and golf enjoyment.

Aphrodite Hills not only captivates with its challenging fairways but also with impressive views of the Mediterranean and the ancient Aphrodite Sanctuary.

The Elea golf course in Cyprus fascinates golfers with its masterfully designed course by Nick Faldo. Lush vegetation and elegant water obstacles make this course a highlight for golf enthusiasts.

Away from the golf course, guests can experience culinary diversity in one of the ten restaurants & bars of the resort or indulge in the spa area. In the Sky 7 Restaurant, guests are treated to gourmet cuisine by world-renowned Michelin chefs once a month. With a harmonious mix of nature, sport, and luxury, Cap St Georges Hotel & Resort in Cyprus is a perfect destination for discerning travelers seeking an exclusive golf experience.





 CAP ST GEORGES

 HOTEL & RESORT

www.capstgeorges.com

GOLF PACKAGES AT CAP ST GEORGES

Experience the ultimate golf getaway with our exclusive 3-5 and 7 night packages, with daily breakfast to fuel your day on the greens at Minthis, Secret Valley, Aphrodite Hills and Elea Golf Courses including the transfers, a golf survival kit for snacking and special memorable golf kit.

Nestled in the heart of Paphos, Cyprus, this picturesque destination sets the stage for the ideal Golf Getaway, combining luxury, leisure, and the pursuit of the perfect swing.

3 NIGHTS PACKAGE

The 3 night package includes a lavish buffet breakfast, complimentary room upgrade to Cap Superior Room, early check-in, late checkout, golf course transfers, one green fee at Minthis and one green fee at Secret Valley, golf survival kit for snacking, 10% discount on all Spa treatments and a special memorable Cap St Georges golf gift.

5 NIGHTS PACKAGE

The 5 night package includes a lavish buffet breakfast, complimentary room upgrade to Cap Superior Room, early check-in, late checkout, golf course transfers, one green fee at Minthis, one green fee at Elea and one green fee at Aphrodite Hills, a golf survival kit for snacking, 10% discount on all Spa treatments and a special memorable Cap St Georges golf gift.



7 NIGHTS PACKAGE

The 7 night package includes a lavish buffet breakfast, complimentary room upgrade to Cap Superior Room, early check-in, late checkout, golf course transfers, one green fee at Minthis, one green fee at Secret Valley, one green fee at Aphrodite Hills and one green fee at Elea, a golf survival kit for snacking, 10% discount on all Spa treatments and a special memorable Cap St Georges golf gift.



www.capstgeorges.com
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CULINARY EVENT AT CAP ST GEORGES



We were excited to host the award-winning German chef, Florian Berger, on September 28th and 29th for the Sky Star's culinary event at Cap St Georges Hotel & Resort.

Florian began his culinary journey in Austria with a classical apprenticeship before joining Hangar 7 in Salzburg, where he honed his skills under Roland Treitl and Eckart Witzigmann. Eager to



learn from the best, he moved to Munich to work at the renowned Tantris under Hans Haas.

In 2016, at just 26 years old, he fulfilled his dream of opening his own restaurant in Munich. By February 2018, his restaurant, "Gabelspiel", had earned its first Michelin star, a distinction it has proudly maintained ever since. Florian is known for his focus on regional and seasonal ingredients, always presented with a sophisticated and unexpected twist. His motto, «Familiar reinterpreted – nothing is impossible – creativity and quality first,» perfectly captures his approach to cooking.

Guests had the chance to savour the creations of one of the world's finest chefs!



To book a Michelin fine dining experience, contact us on +357 26 000 000 or via email enquiries@capstgeorges.com



www.capstgeorges.com

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