



SWISS EDITION

# Golf

pleasure & taste

English

*Travel  
Edition*

REPORTAGE: GOLFING IN LIGURIA

N.18

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*Golf*  
pleasure & taste

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## LETTER FROM THE EDITOR

### “GOLF PLEASURE & TASTE” N 18

A very special edition, Golf Pleasure Taste Travel Edition is an ongoing discovery of important golf destinations from Italy to Germany, with also a focus on the Flower Riviera. This edition will be presented at the Swiss Ladies Open in Zug at the end of June, a national golf event for ladies, where Chiara Cantone, our official golf clinics partner on Marbella, will present her academy and offer lessons and activities for the event guests. During the Swiss Ladies Open will also be officially presented our new Digital App: GPT Digital Card, available on all digital stores. Summer 2024 started slightly late due to weather conditions but will last throughout the

fall until the end of October.

Golf Pleasure Taste Team is also present during the Lugano July 13 competitions with „Pleasure&Taste“ golf cup and Andermatt Swiss Alp with the Yellow Ball and promotion of Biella Region.

Follow us on our social media to observe our activities and always stay with us!

Golfingly Yours!

Francesca Ada Babini  
General Manager  
Fab Consulting GmbH

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Immogolf

**COVER:**

Women in Golf I 2024  
Sports Edition Collection for  
ArtInterior by Elena Kupreeva  
acrylic, oil, gold leaf, metallic paint and  
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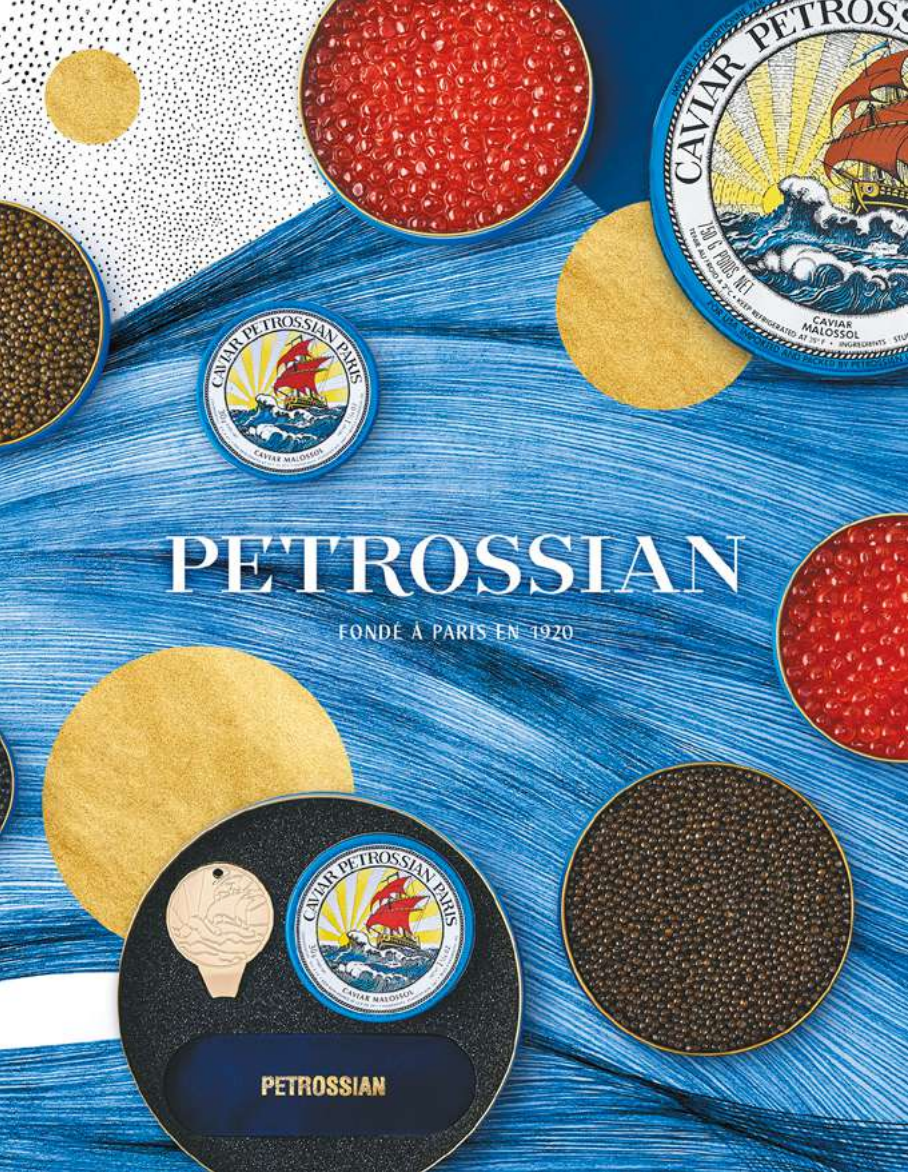
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# PETROSSIAN

FONDÉ À PARIS EN 1920



## SPRING - SUMMER 2024

### SWISS EDITION 18 | GOLF PLEASURE & TASTE

#### PLACES

Golfing in Suisse  
Zurich  
Andermatt  
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Engadina  
Tessin  
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Saturnia  
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Golf & Country Club Zurich  
Andermatt Swiss Alps Golf Course  
Golf Club Andermatt Realp  
Golf Club Lugano  
Garda Hotel San Vigilio Golf  
Golf Club Biella  
Golf Club Cavaglia  
Golf Club Cerrione Il Mulino  
Golf Club Le Primule  
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#### REPORTAGE

GOLFING IN LIGURIA

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GOLFING IN SUISSE





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RESOURCES

ZURICH





# ARTRUST PRESENTS 'MUTUAL'



## THE NEW NEVERCREW EXHIBITION

From 26 October 2023  
at Artrust Gallery Zurich

Starting on 26 October, Artrust will host the new monographic exhibition of the renowned Ticino street artist duo, Nevercrew, born Christian Rebecchi and Pablo Togni, in its Zurich exhibition venue at Bärengasse 16.

«Mutual», the title of the exhibition, will present a series of never-before-seen works, created especially for the occasion, which will return to some of the classic themes of the duo's production and, in particular, to the relationship between the human being and nature and the perception that the human being has of his position within a natural and social equilibrium.

«'Mutual' is the mutual exchange and sharing of the effects of a common participation, the cohabitation of a space, an environment, a context. - Nevercrew explain - Mutuality in the broadest sense, understood as an inescapable and inescapable condition within any system and, as such, a principle underlying a balance

of which we must necessarily become aware». «After numerous collaborations for exhibitions, fairs and events in Switzerland and abroad,» adds Patrizia Cattaneo Moresi, Director of Artrust, «finally our relationship with the Nevercrew is coming to an inauguration of an exhibition entirely dedicated to them, and we are proud to be able to host it in Zurich, at the end of our first year of presence in the Zurich area.

NEVERCREW is a Swiss artist duo consisting of Christian Rebecchi and Pablo Togni. Since 1996, their artistic career has developed mainly in the context of urban art with the creation of wall paintings, installations and sculptures. Their work takes shape all over the world and revolves around the concept of confrontation related to the relationship between man and nature and between man and 'systems', with a focus on environmental and social issues. For more information: [www.nevercrew.com](http://www.nevercrew.com)



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Rif. Matteo Cappelletti, Francesca Masciadri  
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# CELEBRATING WOMEN'S GOLF: A BEACON FOR GENDER EQUALITY IN ART

In the realm of sports, women's golf stands out as one of the flag bearers for gender equality, showcasing the prowess and skill of female athletes on par with their male counterparts.

Beyond the greens, the portrayal of women's golf in art serves as a powerful medium to amplify this message of equality and empowerment. Artist Elena Kupreeva, through her innovative technique in the ArtInterior project, elevates the representation of women athletes, particularly in golf, to new heights.

Women's golf has long been a battleground for gender equality. Despite facing historical barriers and disparities in resources and recognition, female golfers have continued to excel, breaking records and shattering stereotypes. Icons like Annika Sörenstam, Lorena Ochoa, and more recently, Nelly Korda, have paved the way for future generations, proving that talent knows no gender.

Art has the transformative ability to reflect societal values and challenge norms. By portraying women's sports in art, we not only celebrate the athletic achievements but also confront gender biases and inspire change.

## PRESENTING THE ARTINTERIOR PROJECT.

ArtInterior epitomizes a harmonious blend of elegance and refinement, characterized by sleek lines, vivid hues, and adaptable designs tailored to suit any space.



## CONTACT INFO:

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Despite its nascent inception, ArtInterior has swiftly gained traction, resonating profoundly across a myriad of environments, from cozy lounges to upscale hotels and corporate offices.

By seamlessly integrating art and interior design, ArtInterior curates spaces that evoke deep emotional connections, fostering inner tranquility and well-being.

You can find more information on ArtInterior and Elena Kupreeva by visiting her website [www.ElenaKupreeva.ch](http://www.ElenaKupreeva.ch) or her instagram [@evk.fineart](https://www.instagram.com/evk.fineart)

*Elena Kupreeva*





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OFFICIAL RETAILER



The Dolder Golf Club Zurich was founded in 1907 and it is one of the oldest golf clubs in Switzerland. The private 9-hole course is located in the area of the city of Zurich and is idyllically embedded in the forest of the Adlisberg. Guests are welcome. Tee times are to be agreed through the secretariat. The course is located on the southern slope of the Adlisberg.

### 9-Holes Course



- PAR 60
- 3366 m
- Putting Green
- Restaurant

For this reason, the many inclines make the place, despite its clarity, a physically and mentally challenging experience. 2004/05, the place was gently rebuilt and renewed all greens. The 9 hole course can be played in two passes. The deductions remain the same in both rounds. Slopes, stepped greens, bunkers and old, dense trees complicate the game. The course is not very long, but the greens are small and well defended. Precision is therefore more important than length.



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## ITALIAN LUXURY ALLIANCE: A TIMELESS EVENT



"The only certain time is the past" Seneca rightly argued.

And certainly, the time that the members of the Italian Chamber of Commerce for Switzerland spent in the Panerai boutique in Bahnhofstrasse 32 in Zurich, in the company of the Consortium for the Protection of Prosecco DOC, Panerai watches, Explora Journeys, Campari and Technogym, it was undoubtedly unforgettable.

The «Italian Luxury Alliance» event, which took place last May 28, opened with the presentation of the sponsoring brands and included a commendable mix of Made in Italy luxury and elegance.

Like all the events signed by the Chamber, the objective (achieved, ed.) was networking: promoting contacts and synergies between members, encouraging knowledge between the Italian and Swiss business communities resident (in this case) in Zurich, the exchange of experiences and the creation of bridges.

The Italian Chamber of Commerce for Switzerland, in fact, opens its doors to all those who love Made in Italy and who want to enter into relationships with its best representatives on Swiss territory.

The event of May 28th is representative of the quality of the proposal and is part of a busy calendar of events taking place throughout Switzerland, thanks to the three CCIS offices: Zurich, Geneva and Lugano.

In this specific case the focus revolved around the iconic Panerai collections, the Campari Cask Tales (Bourbon, Tequila, Rum) and was enriched with a prestigious raffle. Up for grabs for participants are exceptional prizes made available by members and partners. For example: a cruise with Explora Journeys, a company tour of the Panerai headquarters in Neuchatel, an institutional bottle of Prosecco, a Campari Cask Tales and a wellness ball active sitting by Technogym.

To discover all the events proposed by the Italian Chamber of Commerce for Switzerland, scan the QR Code.







## MADE IN ITALY MEET UP ITALIAN CHAMBER OF COMMERCE FOR SWITZERLAND

where the new members of the Chamber became an active part of the «Made in Italy CCIS members welcome aperitif»: a moment of meeting and exchange between new members associates who were informed about the meaning and objectives of Made in Italy Day, becoming familiar with the Chamber community and future activities.

In this regard, the online meeting on 17 April, entitled «Italy: a Value in the world», which was held at the Unioncamere headquarters in Rome, had offered interesting food for thought for an effective planning of activities that put at the center the culture, values, knowledge, art of «doing» and the typically Italian style that characterize our production system.

In this, the network of 63 Chambers of Commerce of Assocamerestero work daily to underline, abroad, the value and meaning of Made in Italy.

If in Zurich the event was focused above all on the involvement of the new members of the Chamber, in Lugano, on 25 April a choral event came to life which involved the whole city with a real exhibition of discovered Made in Italy objects, designs and productions by the public through ad hoc guided tours and an Italian aperitif in line with the proposal.

To find out more and listen to the history of Made in Italy, visit our podcast channel by following the QR code.



## FIRST WORLD MADE IN ITALY DAY. IN SWITZERLAND, TWO EVENTS SIGNED BY THE ITALIAN CHAMBER OF COMMERCE FOR SWITZERLAND: ZURICH AND LUGANO ARE THE PROTAGONISTS.

Made in Italy now has a day to celebrate it. Thanks to the will of the Ministry of Business and Made in Italy (MIMIT), as part of Framework Law 206/2023, Made in Italy Day was established which allows Italian production to be valorised in the world. Presented on 15 April 2024, the day that gave birth to Leonardo Da Vinci in 1452, the First Made in Italy Day was also celebrated in Switzerland on 17 April.

During the first press conference Adolfo

Urso, Minister of Business and Made in Italy, underlined the importance of the network of Italian Chambers of Commerce Abroad in enhancing Italian know-how.

The Italian Chamber of Commerce for Switzerland wanted to honor this day with a double appointment: one in German-speaking Switzerland and one in Ticino.

The main one was held on 25 April in Zurich, in the CCIS headquarters (Dolderstrasse, 62)

## GENERAL ASSEMBLY OF MEMBERS OF THE ITALIAN CHAMBER OF COMMERCE FOR SWITZERLAND. VINCENZO DI PIERRI ELECTED PRESIDENT.

The General Assembly of the members of the Italian Chamber of Commerce for Switzerland (CCIS) took place on 21 May 2014 in Zurich.

The Assembly was chaired, on an extraordinary basis due to the resignation submitted by President Monica Dell'Anna last March, by one of the three Vice Presidents, the lawyer Alessandro Sparla, who, having assumed the interim presidency, specified that he has reached the end of his mandate.

The participants then took note of the progress of the activities, through the reports of the Presidency, the General Secretary, the Treasurer and the assessments of the auditors, thus carrying out the procedures required by the statute and unanimously approving the 2013 final balance sheets and 2024 budget.

The Assembly, with only one abstention, then proceeded to renew the positions in the Chamber Council which, in light of the confirmations, resignations, for private reasons or due to the end of the mandate, and the availability of new replacements, is now composed as follows:

Bozzo Claudio	Frapolli Elia
Gherzi Giuseppe	Dina Alessandro
De Luca Leonardo	Di Pierri Vincenzo
Lissi Alberto	Fedi Mohr Francesca
Rezzin Stefano	
Lotti Andrea	
Risi Cosimo	
Bottani Dario	
Calderan Massimo	
Ferrazzini Agostino	



MONICA DELL'ANNA, VINCENZO DI PIERRI

Once the assembly work was concluded, the new Chamber Council, in accordance with the provisions of the statute, met to elect the new President who, with a unanimous vote, was Vincenzo Di Pierri.



The beautiful 18 hole / par 72 course, the 685 M.ü.M. can be played with a handicap below 30. Guests are welcome from Monday to Friday. An appointment by telephone, club membership and a valid handicap of maximum 30 is necessary. The Zumikon golf course is equipped with a club house, a driving range and a shop. Elevated tees and greens, sheltered by bunkers and water hazards, are the hallmarks of this golf course. In particular, the height difference provides some challenge to the player.

### 18 hole course

- Par 72
- Restaurant
- Club House
- Pro Shop



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# ANDERMATT





FOUR WORDS DESCRIBE THE SOUL OF THE VILLAGE:  
LUXURIOUS, NATURAL, MAGICAL AND MYSTICAL.

To get an idea of „Mystic“, you can first watch the video series „Mystic Mountains“ on the official website [www.andermatt-swissalps.ch](http://www.andermatt-swissalps.ch). Stories of enchanted mountains, of people who live there, love them and who have chosen sustainability and harmony between innovation and tradition as pillars of urban development.

Andermatt, the pearl of the Ursern Valley at 1,444 meters above sea level, has won its bet with the future without losing the ancient soul of a mountain

village. With the two hotels The Chedi Andermatt, for a luxurious stay and the Radisson Blu Hotel Reussen as the perfect base camp, Andermatt is the ultimate travel destination.

The Andermatt Reuss district continues to grow. In addition to the apartment buildings, there are shops and restaurants on the Piazza Gottardo.

Summer is just around the corner and there are great expectations. The multiple award-winning 18-hole

golf course „Best Golf Course in Switzerland“ with its spectacular mountain scenery allows you to play golf in a Scottish atmosphere and has quickly become one of the most sought-after in all of Switzerland.

Andermatt is located in the heart of the Swiss Alps. Andermatt Swiss Alps offers attractive opportunities for investors. The exceptional real estate, unforgettable mountain adventures and top gastronomy make Andermatt a worthwhile investment.





The development in Andermatt Reuss with the apartment buildings, restaurants and shops around the Piazza Gottardo is progressing steadily. The state-of-the-art Andermatt concert hall offers first-class concerts and entertainment all year round. Those who come to Andermatt in winter will find pistes for every level in the ski area from Andermatt to Disentis: Professionals and freeriders can be found on the Gemsstock and families and sun-seekers will feel at home on the sunny mountain side from Andermatt via Sedrun to Disentis. The year-round destination of Andermatt is a small paradise in the Alps that has the right offer for every season and every type of guest.



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The generously designed golf course is an integral part of the Ursern Valley. While it offers a welcome challenge for golfers, guests enjoy the nature reserves and the opportunity to observe flora and fauna.

The Andermatt Golf Course lies between snow-capped mountain peaks on a plateau. It was planned with foresight and meets the highest ecological standards.

18 hole-course

- Par 72
- 6127 m
- Driving Range
- Pitching Green
- Chipping Green
- Training bunker
- Pro Shop
- Restaurant
- Bar



ANDERMATT GOLF COURSE  
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THE CHEDI  
ANDERMATT, SWITZERLAND

2013  
2023  
A DECADE OF  
MAKING THE  
DIFFERENCE

## THE CHEDI ANDERMATT SWITZERLAND

### ALPINE, ASIAN, AUTHENTIC

The Chedi Andermatt will captivate and move you. With its authenticity, the unusual liaison of Alpine and Asian expression. Lifestyle at The Chedi Andermatt is the result of the successful mix of tradition and nature that is expressed in the resolute use of materials from the region. Star architect Jean-Michel Gathy combined Alpine chic with Asian features to create an interior design that oozes warmth and openness, an intimacy that is underlined by repeated design elements.





At the heart of the Swiss Alps, 1,447 meters above sea level, this exclusive hotel in Andermatt will captivate your imagination with its 123 elegant rooms and suites, four outstanding restaurants and bars, a modern Health Club and exceptional spa area. The Chedi Andermatt offers a glimpse of another world and views of an unforgettable piece of Switzerland.



**THE CHEDI**  
ANDERMATT, SWITZERLAND

**2013** A DECADE OF  
**2023** MAKING THE  
DIFFERENCE



## ROOMS AND SUITES

Dream away in The Chedi Andermatt in one of the 117 rooms & suites. And allow yourself to be spirited away to an Alpine/Asian world by the look of dark wood, soft leather sofas and gentle colours.

## RESTAURANTS

The Chedi Andermatt represents exceptional luxury and service. But also dining at the hotel makes a clear culinary statement. Choose from four different exquisite offers and indulge yourself in the world of perfect taste.

## THE SPA AND HEALTH CLUB

Immerse yourself in our world of calm and relaxation. On 2,400 square metres, we provide you with an integral spa and health concept which makes us one of the most attractive wellness hotels in Switzerland. We will impress you with our generous pool and sauna area, the Tibetan Relaxation Lounge as well as Far Eastern treatments customised to suit your personal needs.



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## THE TWINS SATO & TOFFOLON COOK JAPANESE WITH A MODERN TWIST



“Ichi-go ichi-e” is the Japanese art of living every moment. This “yojijukugo” opens the menu of the twins and new Executive Chefs of The Japanese Restaurant (2 Michelin stars, 17 Gault-Millau points) and The Japanese by The Chedi Andermatt (1 Michelin star, 15 Gault-Millau points). Since May of this year the twins have been unfolding their culinary skills and creativity in The Chedi Andermatt, lifting the Japanese statement cuisine of this five-star deluxe hotel to a new level. Painsstaking preparation techniques at the highest level, excellent ingredients and a pinch of creativity mark their first omakase menu, which is currently tickling diners’ tastebuds. Whether Balfego Tuna, Royal Dove, Wagyu or their signature dish of Black Cod and Yuzu Miso Sauce, the twins bring a modern twist and culinary lightness to Andermatt tables. The new dream team is complemented by native Japanese Yoshiko Sato, who is married to Dominik Sato and is now responsible for the restaurant’s patisserie.

Since May 2023, Schaffhausen-born twins Dominik Sato and Fabio Toffolon have been the Executive Chefs of these two fine-dining restaurants where for the first time the talented twins are running a restaurant operation together. Born in 1989, they not only represent the young generation, they also embody The Chedi philosophy



of Alpine and Asian culture. The culinary concept of the two fine-dining restaurants with their authentic Japanese cuisine remains unchanged under the twins’ aegis. Thanks to their well-filled backpacks of expertise, passion and creativity, they have taken the cuisine to an even higher level. Both Sato and Toffolon worked in leading



positions with the best chefs in Switzerland and Europe before coming to set their joint mark on the cuisine of this five-star deluxe hotel.

#### Taste the difference: Fine Japanese dining in a modern interpretation

“Balfego Tuna with Daikon, Mioga and Shishito Pepper,” “King Crab with Finger Limes, Dashi and Peas” and “Shiitake Essence with Enoki and Edamame” are among the twins’ first creations. “We tweaked, tasted, experimented, discussed, perfected and then threw out entire flavour combinations, until we could 100 percent stand behind our joint premiere menu,” says Dominik Sato. “We’re all the prouder of our first complete culinary work of art,” adds Fabio Toffolon. Highlights include the “Shidashi-Bento Lunch” and the “Omakase Menu” in The Japanese by The Chedi Andermatt at 2300 metres above sea level, and the four- to six-course “Modern Omakase Menu” in The Japanese Restaurant. “Omakase” means “trust the cook,” and diners can, as they experience the chefs’ fine sense of Japanese cuisine in the exquisite care with which the components are placed on dishes, and the love of detail that goes into the presentation. The flavour bespeaks the perfected passion for unusual dishes and first-class product quality that is so important to the twins in sourcing the ingredients. The twins are currently intending to lead both fine-dining restaurants jointly, since they enjoy working together in the kitchen where they complement and enrich each other. Every quarter year guests can look forward to new menus based on the season, naturally excepting when the twins have a new spur-of-the-moment umami idea.

#### A family affair: Yoshiko Sato in charge of patisserie

The Chedi Andermatt has achieved another coup in patisserie. Dominik Sato’s wife Yoshiko Sato is from Japan, and it is she who is responsible for the twins’ passion for Japanese culture and cuisine that has influenced their dishes for many years now. A very talented and successful pa-



tissière in her own right, Yoshiko Sato has now followed her husband and brother-in-law to The Chedi Andermatt. She takes her place in the new dream-team, and is responsible for patisserie in The Japanese and The Japanese by The Chedi Andermatt. With her long experience in high-end gastronomy – including in the restaurant of The Dolder Grand Hotel and Victor’s Fine Dining by Christian Bau – she gives the sweet creations of this five-star deluxe hotel a touch more Japanese authenticity.

# THE CHEDI

## ANDERMATT, SWITZERLAND



THE CHEDI  
ANDERMATT, SWITZERLAND

2013  
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DIFFERENCE



# YELLOW BALL CUP 2024 BY GOLF PLEASURE & TASTE

— Andermatt Swiss Alps Golf Course —

The Yellow Ball format took its actual form many years ago thanks to a group of friends sharing the same passion for golf and the desire to spend time together. This special game formula makes the event unique and certainly different from all other competitions, that's the reason why no one wants to miss out on it! Each team is made up by 4 players taking turns in playing a yellow ball: one shot per hole with final score counting the sum of yellow balls together with the best 18 shots played during the competition.

13.09.2024 THE YELLOW BALL

Dress code: Masquerade Team dress

### PROGRAM:

8.30 Start the Game

During the day: buvette with sandwiches

When you leave the score you can fill up a free form to participate to the Lottery.

We will return with a nice gift.

17.30 Apero Riche and Price Giving Ceremony

18.00 Lottery

19.30 Farewell and Open Bar

### POSSIBILITY OF STAY:

The Chedi Andermatt and Radisson Blu Hotel Reussen

Andermatt are now offering your guests the following benefits:

15% discount on the best flexible room rate, bookable online with code GOLF via

<https://www.thechediandermatt.com/explore/summer-activities>

10% discount on Restaurant and Spa Services (no retail and excluding The Japanese)

**Costs of Competition: 185 CHF all inclusive (green fees + all extra entertainments)**  
payable directly at Andermatt Swiss Alps Golf Course  
[golf@andermatt-swissalps.ch](mailto:golf@andermatt-swissalps.ch)

Possibility of trial of the Course: 12.09 from 12am for only 120 CHF



### Golf at the Gotthard

Our golf course in Realp is shaped and built by weather and ice. A golf course that harmoniously adapts to the natural terrain and provides exciting and challenging sports. A golf course that turns golfing into an adventure in the midst of an imposing mountain world. Our place is most likely to be called the «alpine golf course in the world». Something nostalgic please? The clubhouse is housed in a former army building. We offer the right menu for every occasion. Take a seat and let yourself be pampered in the restaurant or on the garden terrace.

### 9 Hole-Course



- Par 66
- 4154 m
- Restaurant

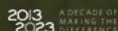
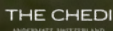
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SPECIAL THANKS TO:





# CASA TOLONE

RISTORANTE - VINOTECA

The family-owned **Casa Tolone** traditional Italian dining culture is celebrated in its original form since 1995th In a quiet location on the outskirts of Lucerne's old town on the Fluhmattstrasse, the atmospheric restaurant and the idyllic garden terrace invite you to linger.

**A kitchen that impresses with its simplicity, homemade specialties and a varied seasonal offer. These are accompanied by fine wines from our own Vinoteca.**

The «Sala Barolo» and the «Salette Chianti» can accommodate banquets up to 50 people.  
CASA TOLONE RISTORANTE - VINOTECA



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# HEIDILAND





# HEIDI LAND



## THE HOLIDAY REGION HEIDILAND

The holiday region Heidiland is easily accessible in the east of Switzerland. The destination area stretches from Lake Walen to Sarganserland and the Bündner Herrschaft to the gates of Churs and offers a wide range of accommodation and day trips at any time of the year.

Heidi – Original location of the world famous novel. The world-famous Heidi story is set in the small winegrowing town of Maienfeld, which became internationally renowned with the publication of Johanna Spyri's novel "Heidi's Years of Learning and Travel" in the year 1880. The charm of the legendary Heidi story can still be experienced in the region today. Today, visitors experience the Heidi myth in the original Heidididorf, which attracts around 150,000 visitors to Maienfeld every year. The region of the Bündner Herrschaft - to which Maienfeld also belongs - is also known as the «small region of great wines». The wines from the «Herrschaft» are regularly awarded international prizes.

Bad Ragaz, a world-class spa resort: The

ascent from Bad Ragaz to a world-class spa town began in 1840, when the 36.5°C thermal water from the Tamina spring was first led four kilometres out of the Tamina gorge and into the Ragaz farmhouse. Famous bathers such as Rainer Maria Rilke, Friedrich Wilhelm Nietzsche, Thomas Mann and Victor Hugo pay tribute to the former farming village. Today Bad Ragaz is a modern health resort with numerous leisure and health facilities such as the public thermal spa Tamina Therme, golf courses and a casino. Regular events such as the Bad RagARTZ sculpture exhibition and cultural events round off the offer.

Lake Walen and the Riviera of Eastern Switzerland Lake Walen is bordered on its northern side by the steep Churfürsten peaks. The scenery with the deep blue lake and the steep rock faces is reminiscent of a Norwegian fjord. A special feature is the car-free wine village of Quinten, which can only be reached on foot or by boat. Between Weesen and Quinten, the three-tier Seerenbach Falls, which are among the highest waterfalls in Switzerland, also attract visitors.



## FLUMSERBERG, A LEISURE PARADISE IN SUMMER:

Flumserberg lies on a sunny terrace above Lake Walen and can be reached from Unterterzen in 12 minutes by cable car or car from Flums. 150 kilometres of hiking and theme trails, the toboggan run Floomzer and the Climber climbing tower, as well as numerous mountain inns, ensure variety. The Flumserberg has also greatly expanded its range of biking facilities and today offers 13 kilometres of biking pistes and modern transport facilities.

## THE HIKING AND ADVENTURE MOUNTAIN PIZOL:

The area around the Pizol summit is one of the most beautiful hiking areas in Switzerland, the famous 5-lake hike is considered a classic. Two feeder roads from Wangs and Bad Ragaz - both easily

accessible by motorway or public transport - take visitors into the mountain world. Theme trails such as the Heidi Trail and a varied gastronomy on the mountain enrich the summer offer here.

## EVENTS

### Bad RagARTz 2024

Every three years, Bad Ragaz becomes the venue for a very special exhibition. Bad RagARTz 2024, one of the most renowned open-air exhibitions in the world, will take place again this year. It will run from 4 May to 31 October 2024, during which time the spa town of Bad Ragaz will be transformed into a landscape full of sculptures. Under the motto «Present», 80 artists from all over the world are invited to show their works to an international audience in the extensive parks of Bad Ragaz. While the exhibition is free of charge and accessible to all, the



Tamina Therme

## Golf Bad Ragaz



experienced and highly trained team of Bad Ragaz guides provide in-depth information during the guided tours, which take place several times a day. Herzlich willkommen – Bad Ragaz – Stiftung Triennale der Skulptur

New Heidi musical on the lake stage at Walensee The 20th anniversary of the Walensee stage is coming up. From 12 June to 27 July 2024, the new production of Johanna Spyri's world bestseller will celebrate its premiere on the Walensee stage. The upcoming HEIDI-MUSICAL tells and stages the original story in a new, touching musical version. The libretto and music will be newly written and composed. Be enthralled by the 24 professional actors, an impressive stage set, cheerful dance

scenes, authentic costumes and a rousing live orchestra. An unforgettable experience for families, theatre and musical lovers.

WALENSEE-BÜHNE: BEST OPEN AIR MUSICALS IN SWITZERLAND  
(walenseeuehne.ch)

Photos: Bilddatenbank - Ferienregion Heidiland – DE  
Copyright: Heidiland Tourismus

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# ST. MORITZ

39th Snow Polo World Cup St. Moritz 2024  
(26 – 28 January 2024):

Team Mackage clinch Snow Polo World Cup St. Moritz:  
Lidia Gauss becomes only the second lady player to win the  
tournament in its 39 year history

This is a tournament which has to be experienced first-hand, both by the best polo players in the world, who see it as a 'must do' tournament and the spectators who need to experience this – and once is never enough.

Once again, CEO and founder Reto Gaudenzi made the decision that today's competition would be a series of penalty shoot outs, rather than the usual four chukka format. Whilst the ice is safe at a depth of

40 centimetres, recent warm weather has meant preparing the optimal playing surface has not been possible. In order to preserve the high standards of this elite high goal polo tournament and the highest levels of safety – for both the ponies and players – today each player had to take four penalties each: two from 30 yards out and two from 50 yards. It may have looked easy, but it really was a test of nerve and skill under the close scrutiny of both officials and spectators.



It was an all-American battle which kicked off proceedings today with Ganzi vs Ganzi action delighting the crowds. As the first female winner of the tournament back in 2019, 'The Queen of Snow Polo' Melissa had her work cut out pitting her wits and the skill of her World Polo League team against her husband Marc 'The Cobra' competing for The Casablanca Trophy. A flurry of nail-biting penalties defined this match, which came down to a test of nerve. Despite Nic Roldan, 'The man who can' in the words of commentator Jan-Erik Franck, coolly slotting three goals through the posts for Flexjet, matched by his teammate Martin Jauregui with another goal hatrick – it was not enough. Alejandro Novillo Astrada, one of the best players in the world, who won the tournament in 2019 alongside Melissa, showcased his skill as the only player to secure all four shots. His efforts, combined with Melissa's tally of two, nudged World Polo League into the winning spot, 11:9, to secure the deal. Marc Ganzi was unanimous in defeat commenting, "We had a lot of fun this weekend. Melissa hit some great penalties and Alejandro was faultless. Fingers crossed the handicaps hold and we can return back next year with this competitive team. In the meantime, we are looking forward to having a great lunch and then hitting the mountains for some skiing!". After the match, Stephen Alexander, Chief Executive of Casablanca, presented The Casablanca Trophy to a delighted Melissa Ganzi.

The action was narrowed down to the last four teams and next, Perrier-Jouët faced St. Moritz – Top of The World in the Subsidiary Final for The Mackage Trophy. Perrier-Jouët has been the flavour of the weekend, with an impressive 5,000 bottles drunk during the whole weekend. Jonathan Tidswell-Pretorius



and Niclas Johansson kicked off proceedings with faultless conversions, while five time winners Nacho Gonzalez and Max Charlton alongside David 'Pelon' Stirling added some penalty taking flair with a mixture of backhands, nearside forehands and air shots to score – a true display of the player talent on show in this world-class tournament. St. Moritz – Top of The World, with the born Engadin player and winner for the past two years – Tito Gaudenzi, secured third place and The Mackage Trophy with a 14:11.

So, to the hotly anticipated Final – by definition featuring the two best teams of the tournament along with their large group of supporters, with The Kusunacht Practice crowd in chic all white team apparel and their Mackage opposites enthusiastically waving flags from the sun-soaked grandstands. It was Lidia Gaus, Captain of the Mackage team and the only lady left in the tournament, who started the scoring account for Mackage, slotting a seemingly effortless goal through the posts and another five 30 yard goals followed from her trio of polo professionals. The Kusunacht Practice answered with six goals at the 30 yard distance with strong play from young British player Hugo Taylor, experienced Nico San Roman and team Captain Eduardo Greghi receiving the half time total to a too close to call six goals apiece.

It was all to play for in the final period of play, which saw the true polo pedigree of Jack Hyde shine through. His father 'The Polo Professor' Chris – a former 10 goal arena player has won the tournament a record seven times. As they say, "Like father, like son" and Jack confidently followed in his father's illustrious footsteps in St. Moritz to follow up his earlier two goals with another two at the 50 yard distance. As the only player in the Final to achieve a clean sweep of goals with no misses, he totally deserved the Most Valuable Player Award.



The final few penalty shots saw both teams matching each other goal for goal, the scores rested at just one apart as Nicolas San Roman took aim for the final time for The Kusunacht Practice, but the ball hit the posts meaning that first timers to St. Moritz, team Mackage sealed the victory with a close 10:9 score.

"In 39 years of the tournament we have only had two lady players win it, the ratio is a little low but we are working on it!" said Reto Gaudenzi on Lidia Gaus as she demonstrated true 'girl power' team by joining Melissa Ganzi as the second lady in history to win this illustrious tournament.

Lidia Gaus won The Best Playing Patron Award, presented by TJ Joulak, the General Manager of Waldorf Astoria Maldives Ithaafushi, winning a five-night stay at the exclusive resort. Lidia said, "I have never been, so this is right on time!" The Most Valuable Player was awarded to Jack Hyde, who was presented with a shopping spree voucher of 2,000 Swiss Francs at luxury fashion chain Trois Pommes by FIP President Piero Dillier. Whilst the "Polo Times Best Looking Pony" was awarded by Nick Hine to Ryan Pemble for Ginny, a seven-year-old New Zealand mare, Ryan receiving a bespoke pony rug and 200 Swiss Francs from Evviva Polo St. Moritz for his groom, Martina Durkechova. The Kusunacht Practice received exclusive designer watches presented by Bucherer 1888.

After three days of polo action on the frozen lake in this truly unique location, it was time for everybody to say goodbye. The team of 150 who had worked so hard to make the event a success, the players from around the world, the VIPs and public who enjoy the incredible spectacle that is Snow Polo World Cup St. Moritz, all bade a fond farewell to polo friends both old and new.

This year was a complete sell out, with 25,000 spectators enjoying the event over the three days. Make sure you get your diary out now to join us next year. It's going to be even better (if that is possible) as we celebrate Snow Polo World Cup St. Moritz's 40th anniversary on 24, 25 and 26 January 2025... we look forward to seeing you then!



CHAMPAGNE PERRIER-JOUËT FLEXJET SNOW POLO WORLD CUP THE KUSNACHT PRACTICE MACKAGE

casablanca THE WORLD'S ONLY HIGH GOAL TOURNAMENT ON SNOW - ESTABLISHED 1985 26-27-28 JANUARY 2024 WORLD POLO SWITZERLAND St. Moritz TOP BY THE WORLD





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### GOLF CLUB LUGANO: A LOVE STORY

In 1915 Erwin von Riedemann moved from Germany to Lugano with his beloved wife Josefa. Josefa was a passionate golfer, winner of various important competitions. So it was that her husband Erwin decided to show all his love for her by founding one of the first golf courses in Switzerland, inaugurated in Magliaso on 24 November 1923. Created as a 9-hole course by the architect Percy Dell, it was expanded to 18 holes by Donald Harradine in 1970. It is a small miracle: in fact the land on which the course extends today is only 32 hectares, while modern courses they employ around fifty. The holes alternate well, offering inte-

resting challenges for both beginners and professionals.

The Lugano Golf Club also hosts the Lugano Golf Academy under the direction of Paolo Quirici, a golfer who in the late 1980s took fourth place at the Crans Open, the most important competition for professionals in Switzerland and part of the European circuit.

Today the course winds along the Magliasina river on flat terrain among woods of birch, oak, pine, beech, rhododendron, oleander and azalea, among which one encounters many squirrels and also a splendid heron, which often stops between holes 10 and 11. We warmly welcome you and wish you a good game!

### GOLF CLUB LUGANO

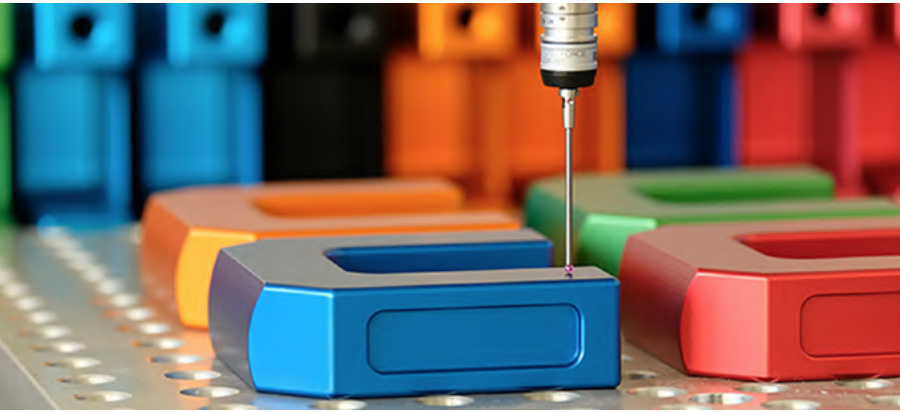
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## MYPTTER.CH a dream of two old friends

The friendship between Jérôme and Ludovic started already during the primary school time. Then they started to play golf together more than two decades ago in many countries all over the world.

We developed MYPUTTER.CH together after many years of research (errors and trials ;-). Jérôme is a mechanical engineer, Ludovic is a cardiac surgeon and in common we have a dedication to precision.

The main idea and difference of MYPUTTER.CH is

the curved face that was already used in the 70's but adapted on modern putter shapes (mallet, semilunar, half blade).

Our goal was to produce a customizable Swiss made putter that stays in the middle price range so that it is accessible for everybody.

But at the same time our product can be totally personalized: from the color, the shaft, the lie and your own name or logo....

MYPUTTER.CH is FULLY customisable!



We want to give a kick of colours and trendy, for the moment we have 7 colours (reflecting the rainbow) and the 8th is in the way...

You can choose the colour of your MYPUTTER.CH according to your outfit and emotions and the trendy way you would love to be seen on the golf course.

MYPUTTER.CH is also sustainable. A part of the production is done by disabled people in a sheltered workplace in Wallis and this has surely a positive impact and energy on the product.

Discover MYPUTTER.CH on social media  
[@myputter.ch](https://www.instagram.com/myputter.ch)  
Follow us and be part of our Family



[jerome@myputter.ch](mailto:jerome@myputter.ch)

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[www.myputter.ch](http://www.myputter.ch)



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*Change your vision on putting*



# NEUROPSY GOLF

*Delphine Charvat*



## NeuropsyGolf :

A new concept, an innovative approach, to make the golfer's mind their best club!

### WHO AM I ?

My name is Delphine CHARVAT, I have been a neuropsychologist since 2009. After university studies in Applied Mathematics (Bachelor), I trained in psychology (Bachelor) and Neuropsychology (Master in Research and Master in Clinic). I worked in private practice, then 9 years in a neurology department in neuropediatric consultation, and I then opened my private practice in 2021. I receive children, adolescents and adults in the office, to carry out neuropsychological assessments, neuropsychological rehabilitation sessions and psychotherapeutic follow-ups. In September 2021, I am taking my first golf lesson. Very quickly, this new sport became a passion, even an addiction. I take classes and train intensively. I realize during each golf practice session that I apply neuropsychological strategies used in the office during my rehabilitation sessions. Quickly, the idea of putting neuropsychology at the service of golf germinated in my head. I realize every day that my knowledge in this field, my professional experience and my observation and listening skills can constitute a real asset in mental preparation for golf, whether for amateur or professional players. So, in July 2022, I am launching my concept NeuropsyGolf, an innovative approach resulting from the fusion of my two passions: golf and neuropsychology.

### What is Neuropsychology?

Neuropsychology is a branch of neuroscience studying the relationship between mental and behavioral processes and the brain. It is the study of cognitive functions, that is to say intellectual processes such as attentional functions (ability to pay attention and concentrate), memory (ability to learn and remember), language (production and comprehension), reasoning (problem solving) and executive functions (decision making, planning, inhibition, cognitive flexibility, etc.).

### What does the job of neuropsychologist consist of?

A neuropsychologist is responsible for the assessment, diagnosis and treatment of cognitive, behavioral and emotional problems that may result from different processes affecting normal brain function.

To do this, a neuropsychologist carries out neuropsychological assessments. He/she conducts interviews, administers calibrated and scientifically validated psychometric tests (Qi test, attention and concentration tests, memory tests, etc.), he/she carries out important behavioral clinical observation work, and finally he/she scores the tests then interprets the results.

The neuropsychologist is also trained to offer psychological follow-ups but also to carry out neuropsychological rehabilitation sessions, particularly attentional and executive functions, or memory skills.

### THE NEUROPSYGOLF CONCEPT

It is based on one main idea: putting neuropsychology at the service of golf. Combining two of my passions: my job and my sport, seemed obvious to me. The idea is to offer mental preparation





different, to adapt to the needs of each player, and make HER personality a strength for her golf.

On a green, it's the personality that is revealed. My goal is to make this personality the strength of the player, to make his mind his best club, and to allow him to be the player he is, the player she is, no not to become like someone else, but to be fully himself or herself!!

How to do ?

Identify in the golfer what undermines her game, deconstruct her patterns and limiting thoughts, and work on her weaknesses  
Strengthen their strengths, promote what serves their game, and help them gain confidence in themselves.  
Through this Neuropsychology Golf concept, I wish to put to the benefit of the player my professional skills of observation, behavioral analysis,

listening and kindness (essential qualities of a neuropsychologist). My role is to advise and guide the player, to help them understand, find their answers and reveal their potential!  
My role, my mission, is to be a rock for the player, to be the one on whom he/she can lean, confide and move forward together!!

FOR ME, COACHING IS AN ADVENTURE THAT TWO OF US SHARES WITH A COMMON GOAL: TO ACHIEVE THE GOLFER'S GOAL!

The tools and techniques used

I use different tools and techniques during my sessions and my support:

- Behavioral analysis via field observation
- Clinical interviews
- Neuropsychological tests
- Techniques and exercises to strengthen (or even re-educate) attentional and executive

functions

- Relaxation and breathing exercises (cardiac coherence, guided relaxation, mindfulness meditation, etc.)
- Discussions
- Cognitive Behavioral Therapy Techniques
- Management of stress and emotions
- ...

The services

- Individual face-to-face or video sessions
- Collective sessions for teams
- Observations on the course (6, 9 or 18 holes) with debriefing and analysis
- Competition/tournament observations (individual or team) with debriefing and analysis
- Support during competitions/tournaments (coaching and debriefing)
- Neuropsychological assessments of attentional and executive functions and personality questionnaires (taking tests + writing a report with areas to work on/strengthen)
- Mental & golf preparation courses/workshops, in collaboration with golf pro

**Delphine CHARVAT, neuropsychologist**  
Neuropsychology Golf  
Evian-les-bains, FRANCE - Possibility of traveling around the world (to be seen according to requests).  
+33689256576  
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Instagram account: @neuropsych\_del

Youtube Interview Link: <https://www.youtube.com/watch?v=Y1oVlrmPmpA>





*Beauty*  
FOR LADIES

 therealindapavlova

Ambassador Golf Pleasure & Taste



often about mise-en-beauté- the final touches to arrange the appearance after the skincare therapies.

And what if to start with the hair to enter the world of L.RAPHAEL? The new Hair Department is revealed in that elegant space with a lounge overlooking the lake of Geneva.

Known for its innovative approach, L.RAPHAEL applies breakthrough hair and scalp care technologies. The skillful team of doctors, beauticians, nurses, hair therapists and stylists offer plenty of exciting discoveries : Oxy Hair and Scalp booster, Hair Botox, L.RAPHAEL Clay Treatment, Scalp skin cell therapy, Hair Meso treatment, Platelet-Rich Plasma (PRP) Injections etc ...

L.RAPHAEL is also keen on making its clients maintain the professional treatment effects at home, offering from high-efficiency ampoules for the hair to recommending special food supplements and vitamins to be sourced at a drugstore.

L.RAPHAEL values time of its clients. In 2-3 hours spared to the hair visit in their busy agenda, they get so much and the best. A tailor-made program may combine the hair care with extra pampering options – from a signature delicious healthy club meal to feet massage with a special device for total relaxation. Indeed, an overall care about healthy beauty - from head to toes...



L.RAPHAEL Geneva : Reputable Swiss Beauty institution opens a Hair Department offering new beauty prospective

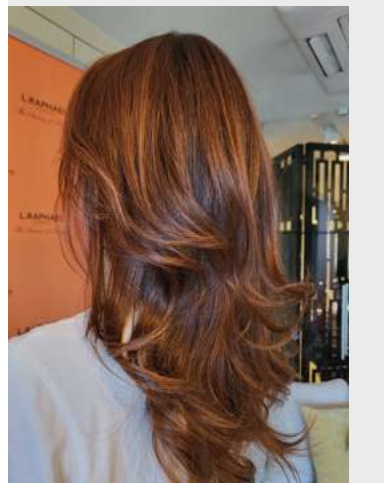
L.RAPHAEL, a visionary Swiss brand is famed for mastering beauty far beyond youthfulness and freshness of the skin. Its legendary 7 Foundations embrace well-being and health, nutrition and physical activity, management of age as well as stress and leisure.

In this signature holistic equation, however, there has always been an element that could be appreciated by mainly those who had been already L.RAPHAEL's lovers. Meanwhile, for those passing by the prestigious institution on the rue du Rhone a grooming space behind its illuminated belle etagewindows rather looked intriguing.

The L.RAPHAEL has been always offering hair treatments, color and styling. Yet, it was more



Shop online : [www.l-raphael.com](http://www.l-raphael.com)







L.RAPHAEL INTRODUCES  
THE REVOLUTIONARY ANTI-AGING TECHNOLOGY FOR THE  
SKIN IN ITS EXCLUSIVE SKINCARE LINE

*Green Caviar  
Cellular Repair*

L.RAPHAEL IS PROUD TO BE THE FIRST BRAND TO LAUNCH  
A HIGHLY EFFECTIVE ANTI-AGING LINE DESIGNED FOR  
SEASONAL CHANGES



L.RAPHAEL, a recognized pioneer of the skincare technology and science of beauty, announces another revolutionary achievement. The news was awaited by the international expert community as well as faithful clients of this prestigious Swiss beauty brand and institution – they were waiting on the Green Caviar line since it had been partially revealed in 2019 at the Cannes Film Festival where L.RAPHAEL’s worldwide premiers traditionally take place. This powerful aquatic plant found in Okinawa, Japan contains valuable nutriment such as high contents of amino acids, minerals, micronutrients and vitamins. Amino acids act like collagen which can be effective for skin elasticity and continuous skin hydration. Designed to protect the skin barrier and moisture levels, while preventing fine lines this active helps skin look revitalized, firmer and smoother. Green Caviar, in comparison to land plants, can store these compounds at a concentration that is up to 1000 times higher.



The Green Caviar’s unique, dermatological benefits include potent, positive and physical effects on skin cells, anti-oxidant activity counteracting free radicals, strengthening the base membrane of skin cells through stimulating production of essential proteins, including Laminin-5 and Collagen IV.

Altogether these active ingredients represent the core of the formulas of GREEN CAVIAR CELLULAR REPAIR, the exclusive protective and anti-aging line, which is the L.RAPHAEL’s latest innovation.

This collection of 3 beauty products suitable for all skin types counteracts the first signs of aging, protects the barrier of the skin and refinishes it by promoting microbiome balance, in other words, balancing the ecosystem of the skin and preserving its structure. Used on a regular basis, it prolongs the face youthful appearance.

The new hydrating, protective and anti-aging line of L.RAPHAEL offers a 3-step skincare ritual starting with Day & Night Repair Serum to be followed with Face, Neck & Décolleté Shield Cream and/or Overnight Repair Mask. All are to be smoothly applied over the skin using a gentle, upwards motion.



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# BIESGEN PLASTIC SURGERY

Dr. med. Thomas Biesgen

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BODY.



## EXPERTISE AND EXPERIENCE IN PLASTIC, RECONSTRUCTIVE AND AESTHETIC SURGERY.

Thomas Biesgen, MD, has been practicing in the field of Plastic, Reconstructive and Aesthetic Surgery for nearly 25 years and offers excellent expertise in many areas of this surgical specialty.

As you can see from my resume, I am not just a purely aesthetic surgeon.

Having experienced and also imparted continuous education and training at international centers for reconstructive and

microsurgery for almost 20 years, I am proficient in complex surgical procedures that are essential to the field of aesthetic surgery.

Through my membership in many internationally renowned associations and professional societies, I always remain at the cutting edge of science in the fields of aesthetic, reconstructive and hand surgery, which allows me to offer you, the patient, the highest standards and safety.

I also have this claim as an authorized expert in the state association of Rhineland-Palatinate in the field of plastic and aesthetic surgery and hand surgery.

When I welcome you as a patient in my consultation, you are of course the center of attention and will be personally informed by me about the various options of the procedure, as well as the possible risks and complications.

The preservation of the personal naturalness of the individual patient is the highest goal of my treatment. Thus, long-term connections between beauty, functionality and health can be created.



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# OQUA

LUGANO

OQUA Fabulous Body Cream:  
A combination of beauty and  
sustainability



Made in Switzerland 

GRAVITÀ ZERO  
SKINCARE

LUGANO - OQUA LUGANO, known for its ethical and sustainable cosmetics, presents the Fabulous Body Cream. The product proves that beauty and environmental protection can go hand in hand. The body cream combines luxury, effectiveness and environmental awareness in the most beautiful way.

#### FABULOUS BODY CREAM

Inspired by nature and driven by the belief that true beauty should not come at the expense of our environment, OQUA LUGANO has developed a 100% vegan cosmetics line that does not contain any animal ingredients. The latest addition to the cosmetics line is the Fabulous Body Cream. It is more than just a body cream - it combines beauty and environmental protection in perfect harmony.

«With our vegan cosmetics line, we want to help everyone feel completely well - with a clear conscience towards animals and nature.»

#### BROWN ALGAE EXTRACT PROVIDES MOISTURIZATION

The Fabulous Body Cream is rich, moisturizing and dermatologically tested. Made from a unique blend of brown algae extracts, astaxanthin from green algae and pro-vitamin C, the Fabulous Body Cream supports the formation of collagen, improves the firmness and elasticity of the skin and gives it a radiant appearance.

#### SUSTAINABILITY FROM A-Z

With the Fabulous Body Cream, OQUA LUGANO is committed to a more conscious and sustainable beauty experience. The packaging is recyclable and only natural raw materials from sustainable sources are used to ensure that not only the skin but also our environment is protected. Last year, OQUA LUGANO was awarded the Vegan Beauty Award.

The vegan care products from OQUA LUGANO impress with their airy, light textures and provide long-lasting moisture. They are free from undesirable ingredients such as silicones,



OQUA LUGANO - GRAVITÀ ZERO  
Web: Facebook:  
franziska@oqua.ch  
www.oquabeauty.com  
@oquabeauty



Parabens, polyethylene glycol (PEG), preservatives, mineral oils and microplastics, thus protecting the skin and the environment. All products are dermatologically tested and are 100% vegan.

**OQUA LUGANO** produces and develops its products holistically in Switzerland. The dark color of the elegant, 100% recycled glass packaging is reminiscent of Lake Lugano, in which the lights of the city and the silhouette of Monte San Salvatore are reflected at night.

#### AWARD-WINNING INNOVATION

The high-quality formulation of OQUA products is based on nature. They are the result of clinical tests that have made it possible to develop natural-based care formulas that activate the skin at the cellular level and thus support its regeneration. A tripeptide has been integrated into the night mask, which won the Swiss Technology Award. The day cream and eye cream from OQUA LUGANO also contain the tripeptide. It has a Botox-like effect and penetrates



deep into the skin, visibly smoothes, protects collagen and refines pores.

#### ABOUT OQUA LUGANO

With OQUA LUGANO, beauty entrepreneur Franziska Terch has fulfilled her dream: a glamorous skin care line that meets her personal care requirements and has as little impact on the environment as possible. The six skin care products from OQUA LUGANO are free from harmful ingredients, animal components and animal testing. They are also vegan and 100% Swiss quality. The jars made of recycled glass are manufactured in northern Italy. The CO2 footprint of transport to Switzerland is accordingly low.





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GOLFING IN ITALY





TERME DI SATURNIA -  
„A WONDER OF  
NATURE TO BE  
PRESERVED“

CASCATE DEL MULINO





## CLEANSE YOUR SPIRIT, HEAL YOUR BODY AND FEEL REBORN

The natural hot spring thermal waters at Saturnia maintain a constant temperature of 37.5 °C. This warmth is beneficial, helping to immediately ease issues with muscles and bones. Saturnia's thermal waters also boost the basal metabolic rate, reduce water retention, reinvigorate capillary circulation, and enhance hepatic cell activity, ultimately lowering blood sugar levels. This, in turn, increases the production of bile needed for fat digestion and decreases the absorption of cholesterol in the intestines.

When consumed on an empty stomach and in small amounts, these waters aid digestion and have a positive impact on gastrointestinal disorders. Additionally, Saturnia's thermal waters naturally exfoliate the skin due to their



## TERME DI SATURNIA NATURAL DESTINATION A HAVEN FOR REGENERATION AND RELAXATION

Situated in the heart of Tuscany, just under a 2-hour drive from Rome, Terme di Saturnia Natural Destination is one of the best and renowned international Spa destinations. It offers a chance to escape the stresses of daily life and indulge in a transformative experience that seamlessly combines luxury and relaxation. A place characterized by magnetic energy, it is ideal for those in search of psycho-physical balance, harmony between mind and body, health and beauty. The art of hospitality, coupled with the expertise and passion of the Terme di Saturnia team, works harmoniously to turn a stay at the 5-star Luxury Resort into an

authentically rejuvenating experience.

### IMMERSE IN THE MAGICAL WATERS OF TERME DI SATURNIA

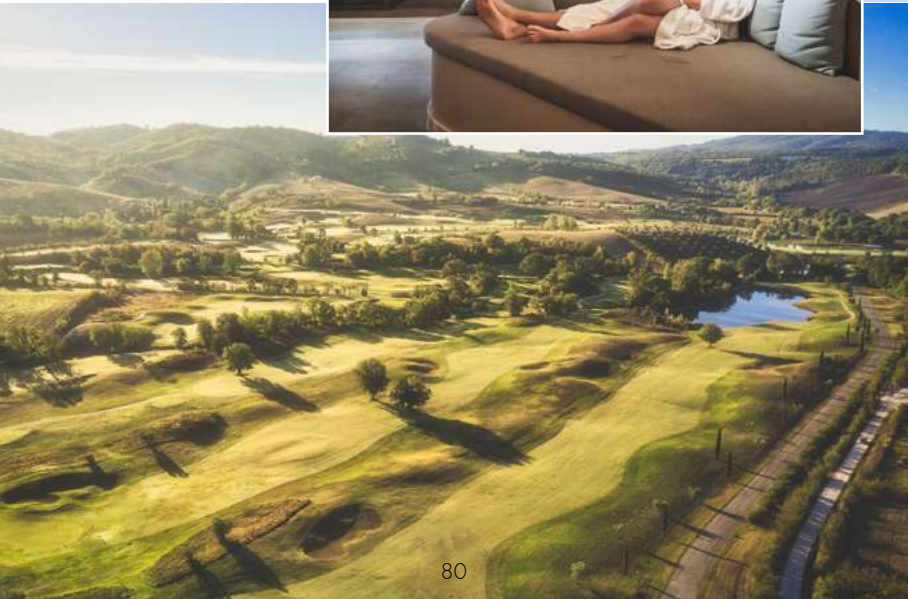
The miraculous waters, continuously flowing from the depths of the Earth for 3,000 years at the very heart of the Resort, bestow upon you the precious gift of genuine rejuvenation. The Terme di Saturnia experience is rooted in the tradition of thermal culture, harnessing the inherent therapeutic power of the certified thermal waters — a source of vitality, well-being, and physical restoration dating back to Roman times.



cleansing and antiseptic properties. They are characterized by being sulphurous, carbonic, sulphate, bicarbonate, alkaline and ferrous.

### THERMAL PLANKTON

The thermal plankton that forms and matures in the Natural Hot Spring is a priceless biogenic treasure of natural minerals and nitrogenous substances, rich in amino acids, sulphur, potassium and magnesium and endowed with extraordinary anti-inflammatory, antioxidant and regenerative properties. Its effectiveness and tolerability have been demonstrated at the most prestigious Italian university centres. Radical-scavenging activity tests were conducted on this seaweed and its extracts, and they proved to be antioxidants.



## TERME DI SATURNIA NATURAL DESTINATION - A SYMBOL OF HOSPITALITY AND WELLNESS

Nestled within 120 hectares of untouched nature, Terme di Saturnia Natural Destination comprises a hotel offering 124 rooms and suites, a multi-awarded spa, a GEO-certified 18-hole golf course and two restaurants. Surrounded by rolling hills, vineyards, and olive groves, the Resort serves as an ideal retreat to immerse oneself in a world of radiant well-being. The hotel is also the gateway to unlocking your active well-being, offering numerous complimentary facilities and daily activities. Positioned at the heart of Tuscan Maremma, a region that captivates with its charming villages, historical sites, cultural attractions, wineries, and local gastronomic excellence.

### A WORLD-RENOWNED SPA

Terme di Saturnia Natural Destination is celebrated for its tailor-made programs using its' exclusive cosmetic line. The spa offers a wide array of comprehensive physiotherapeutic treatments, encompassing kinesiotherapy, hydrokinesis, therapeutic massage, and Tecar therapy. Advanced non-invasive cosmetic treatments, utilizing cutting-edge equipment, include filler injections, laser therapies, and skin peels.

The Natural Spa also provides specialized services, such as medical, thermal, dermatological, physiatric and naturopathic consultations. Through the «Terme di Saturnia Method», tailored programs harmonize body, mind, and soul, promoting holistic





healing and equilibrium. These programs, spanning Mind, Detox, Slim, and Classic, activate the body's defenses, countering the adverse effects of free radicals.

#### NATUROPATHY

At times, individuals may seek an alternative route to enhance the overall quality of their lives. Terme di Saturnia's in-house Naturopath, Laura Quinti, an expert in Nutrition, Energy Medicine, Homeopathy, and Bio-Energy, provides guidance through diverse modalities including iridology, family constellations, reiki, and bioenergetic healing. These approaches aim to address, unblock and reenergize, fostering positive transformations.

#### TERME DI SATURNIA'S ACTIVE BEAUTY COLLECTION

Every cosmetic in this collection is formulated with precision, featuring Saturnia bioplancton, a natural marvel. This cosmetic line empowers you to carry the essence of a Terme di Saturnia spa treatment, allowing you to experience its extraordinary softness wherever your journey takes you.

#### MEDICAL CONSULTATIONS

In the realm of preventive healthcare, the doctors at Terme di Saturnia are available for consultations in the private and serene surroundings of the facility. The multidisciplinary team is committed to preventive healthcare, addressing immediate concerns and contributing to the development of a stronger body for a healthier long-term life.



#### CULINARY JOURNEY - LOCAL TRADITION, INNOVATION, PRIME QUALITY, FRESHNESS

Embark on a culinary adventure that follows the rhythms of nature, offering a delightful journey for the senses. The Resort features a fine-dining restaurant, a typical Tuscan «trattoria» and a bar overlooking the Natural Spring. Each venue has a unique ambiance and a menu celebrating the flavors of the region and the prime-quality ingredients of Italy.

Executive Chef Salvatore Quarto strives to deliver distinctive flavors to both the plate and the palate, creating lasting memories and evoking emotions. His seasonal approach forms the foundation of his culinary philosophy, creating dishes that evolve with the changing seasons. Chef Quarto is environmentally conscious, selecting ingredients and practices that



respect the local ecosystem. Prioritizing nutrition and wellness, his creations are designed not only to delight the senses but also to nourish the body and soul. Each dish is a symphony of balance and taste, leaving guests not only satisfied but also energized and revitalized.



## GOLF

Terme di Saturnia Golf is a championship, Par 72, 18-hole course designed to merge with the surrounding hills while carefully conserving natural habitats.

Professionals appreciate the many challenges, while beginners quickly discover the pleasures of golf in these inspirational surroundings.

Excellent facilities include an extensive practice area with driving ranges and manicured putting greens, with the Club House conveniently located in the Resort's premises.



NATURAL DESTINATION

### TERME DI SATURNIA NATURAL DESTINATION

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[www.termedisaturnia.it](http://www.termedisaturnia.it)



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**GARDA HOTEL SAN VIGILIO GOLF**  
THE BEST GOLF HOTEL SPA & RESORT  
ON THE GARDA LAKE • ITALY



GOLF COURSES



Official Golf Course



## HOTELS & APARTMENTS

On Lake Garda, it is perfectly located within a 110-hectare park, in harmony with the surrounding environment and equipped with all services and comforts. The care in furnishing and in the choice of materials has created a sophisticated Italian environment that tells a story of style and great hospitality.

## RESORT

Once you enter the Garda Hotel San Vigilio Golf, you will be immersed in a world where modernity, efficiency and excellent service standards blend with unspoiled nature surrounded by rolling hills and lush vegetation.



**GARDA HOTEL  
SAN VIGILIO GOLF**  
POZZOLENGO  
LAGO DI GARDA • ITALY

GARDA HOTEL SAN VIGILIO GOLF  
Loc. San Vigilio, 1  
25010 Pozzolengo (BS) - Italy  
T +39 030 91801  
P.IVA: 02559330986  
info@gardahotelsanvigiliogolf.it



The resort offers many personalized packages such as stay and platzreif package, stay with unlimited golf, outdoor sports, wellness, wine tastings and a restaurant that offers both traditional dishes and surprising combinations of flavours.

A golf course, a hotel with SPA, apartments, restaurants, meeting rooms, a sports center and large spaces to plan a holiday with many different but harmonious ingredients have been created around a 12th century Benedictine abbey, the historic heart of the park.

The location of the Garda Hotel San Vigilio Golf is ideal because it is close to Lake Garda and is open all year round, with all its attractions and uninterrupted holiday seasons, as well as the cities of Lombardy and Veneto and is inserted in a landscape where tranquility and being in contact with nature are essential. This enchanting place is the perfect destination for athletes, travellers, families, couples and businessmen who can find a break, a moment of pleasure, entertainment or the ideal environment for business meetings. Garda Hotel San Vigilio Golf is also the venue for the 77th Italian open, awarded many times as the best golf hotel and best golf course in Italy.





GARDA HOTEL  
SAN VIGILIO GOLF  
POZZOLENGO  
LAGO DI GARDA • ITALY



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The Garda Hotel San Vigilio Golf, a stone's throw from Lake Garda, was designed by architect Kurt Rossknecht and boasts 36 holes, 9 of which executive and 27 championship, divided into three courses: Benaco, Solferino and San Martino.

When you enter the Club House, you will immediately feel enveloped in elegance and sophistication. Situated in such a way that it has a panoramic view of the golf course and the entire resort, it has a wonderful outdoor area where you can relax.

In addition, a large space for pro shops and accessories for golfers (changing rooms, luggage storage and parking trolleys, etc.) complete the functional services.

**BEST CLUB HOUSE AWARDED  
IN ITALY**





**ARGENTARIO**  
GOLF & WELLNESS RESORT

AUTOGRAPH COLLECTION  
HOTELS

The Argentario Golf & Wellness Resort is located in a protected natural area 5 minutes from the Duna Feniglia Nature Reserve, 10 minutes from the seaside villages of Porto Ercole and Porto Santo Stefano, and just 90 minutes from Rome Fiumicino international airport.

The Orbetello lagoon, the sea and the slopes of Monte Argentario offer a panorama of extraordinary beauty and create a microclimate that allows you to practice sports and outdoor activities at any time of the year.

All the greenery of the Resort, including the 18-hole course, is «Agri Cert» certified organic and eco-compatible: all the products used for its maintenance are totally natural.

The Argentario Golf & Wellness Resort is a design hotel, whose philosophy was born from the search for well-being while respecting the environment: everything develops around these concepts. The resort offers luxury rooms and villas with incredible views of the golf course, the landscape of Monte Argentario, the sea and the Orbetello lagoon. Each design accommodation is equipped with a panoramic terrace and the latest



technologies, and is the result of meticulous research into materials and furnishings.

In 2023, the Argentario Golf & Wellness Resort in Porto Ercole became part of the largest and most prestigious hospitality group in the world, the Marriott International group, thus becoming the first 5-star resort in Italy and one of few golf Resorts in Europe belonging to Marriott's golf portfolio.

A series of restyling operations have led the Argentario Golf & Wellness Resort to join the exclusive Autograph Collection Hotels brand in June 2024, a collection of independent

hotels individually selected by Marriott International for their unique perspectives on design, craftsmanship and hospitality, and with exclusive and luxurious experiences.

In March 2019, The PGA (Professional Golfers Association) chose the Argentario Golf & Wellness Resort and its 18-hole course as its national headquarters for Italy, making it the only course in Italy to have the PGA National Italy license.





The Argentario Golf & Wellness Resort is not just golf. The sporting opportunities that await you in this Design Resort are many: in addition to the 18 holes, there are also 2 padel courts and 2 tennis courts, a five-a-side football pitch, 2 jogging paths, an indoor gym and an outdoor fitness station, the indoor and outdoor swimming pools.

At the Espace wellness centre, the choice of massages and treatments is wide, from relaxing ones with olive oil from the surrounding olive groves and lavender from the Maremma fields, to shock and energizing treatments for athletes. In the warmer months, the Argentario Golf & Wellness Resort offers a terrace surrounded by greenery with 2 swimming pools to cool off in the Tuscan sun, including one for children. The indoor swimming pool continues towards the outside and is open all year round with the water heated to 28°C.

For those who love fitness, the large gym is equipped with Technogym cardio machines and equipment for weightlifting, CrossFit and functional gymnastics. The huge windows allow you to admire the verdant nature while lifting weights or running on the treadmill.

At the Resort's restaurants, Dama Dama and Club House, you can enjoy cuisine made of local flavors and colours. Chef Emiliano Lombardelli gives particular importance to organic products from the Resort's garden and scrupulously chooses the raw materials from small local producers, thus favoring the seasonality of the ingredients and their authenticity.

Dama Dama is the fine-dining restaurant, while Club House offers an informal atmosphere. Both offer an outdoor terrace with panoramic views.

The Club House Restaurant is open every day for lunch and dinner, and is the ideal place to enjoy relaxation after a day spent on the golf course, on the beach or around Tuscany.

If you choose the Resort for a detox holiday, you can also savor the dishes cooked with the Wellbeing Method of the nutritionist biologist Luca Naitana, who teaches a lifestyle based on the well-being of the body and mind, a diet that favors vegetables and fruit, legumes, extra virgin olive oil, white meats and fresh fish.

Among the other services of the Resort there are:

- Affiliated beach at an exclusive establishment on the sandy beach of

Giannella, nestled between the crystal clear sea and the Mediterranean pine forest, just 10 minutes from the Resort;

- Covered garage (for a fee) and free outdoor parking;
- Heliport;
- Mini Club in the summer months and on New Year's Eve;
- Boat and yacht rental;
- Boutiques and Pro Shops;
- Concierge for organizing tours, cooking lessons, wine and oil tastings, horse riding...



**ARGENTARIO**  
GOLF & WELLNESS RESORT  
AUTOGRAPH COLLECTION

ARGENTARIO GOLF & WELLNESS  
RESORT  
Località Le Piane, 58019 Monte  
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DISCOVERING BIELLA REGION



# A UNIQUE EXPERIENCE OF RELAXATION AND WELL-BEING



**Cascina Era:** The Wellness Resort in Biella perfect for your special moments. The right place to treat yourself to a relaxing and regenerating holiday. But also a suggestive location for weddings and events.

An exclusive location, ideal to satisfy all your needs: a big event, a city break, a short business stay or a long relaxing holiday. Our hospitality and professionalism to satisfy your every expectation.

We are in front of the La Rocchetta Castle, a historic location embellished with elements of pure design.

We have recovered and maintained the



architectural identity of the resort by renovating it with contemporary minimal design elements.

Cascina Era È Resort Wellness now offers 23 Suites of FOUR different types: SPA Suite, WELLNESS Suite and DESIGN Suite and ROOM GARDEN, each with peculiar characteristics, ready to give you true moments of relaxation and privacy.

The Cascina Era È Resort Wellness restaurant enhances the local culinary tradition, expertly revised in a modern key and with great attention to raw materials.

## RELAIS CASCINA ERA È RESORT WELLNESS

Via Casale, 3, 13876 Sandigliano BI, Italy  
+39 015 249 3222

[www.relaiscascinaera.com](http://www.relaiscascinaera.com)





# 19

## golfshoes

[www.nineteen.cc](http://www.nineteen.cc)

"WE BRING BACK THE CLASS"



G.C.Biella – Le Betulle, founded in 1958, has in the golf course, framed in a landscape of rare beauty, its strongest point. Over many years G.C. The course, designed by British architect John Morrison, is a typical example, rarely found in this country, of "English style" layout, very "environment-friendly". Silver birches, chestnut trees and centuries old oaks frame the eighteen holes with colourful backdrops that change with each season. Practice facilities are available, consisting of two practice putting greens, a practice hole complete with bunkers, chipping and pitching greens and a driving range with grass tees and sheltered practice boxes.

Golf Club Biella "Le Betulle" is home to important International Championships which saw the participation of the best European professionals including the No. 1 in the world Rory McIlroy. Inside the Club House, the simple but refined furnishing and wooden flooring pierced by spiked shoes give a feeling of warmth. The Lodge, aesthetically delightful, offers very comfortable rooms with old style furnishing, perfectly in sintony with the Club House.

### 18 hole - course

- Par 73
- 6534 m
- Restaurant
- Driving Range
- Putting Green
- Pro Shop
- FORESTERIA (20 rooms)



ASSOCIAZIONE SPORTIVA  
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# YELLOW BALL CUP 2023







# YELLOW BALL CUP 2023





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The GOLF CLUB CAVAGLIA', which celebrated its first 25 years of activity in 2023, is a facility located between Milan and Turin (less than 5 minutes from the Santhià motorway exit), equipped with an 18-hole par 68 course, swimming pool, tennis court, 5 meeting rooms, hotel with 37 rooms and the renovated La Prateria Steak House Restaurant with magnificent views of the golf course. The Club, which has always been characterized by a green vision, was also awarded by Federgolf with the environmental recognition „Committed to green“ (Energy category). In its short history, the Cavaglia Golf Club has had a continuous evolution and with the passing of the seasons it has grown in the quality of its services and in the number of holes. From the initial 6 holes in 1998, 9 holes Par 73 with double starts were reached in 1999, to which 6 executives holes were added in 2001. In 2014, work began on the transformation of the land into a single 18-hole par 68 course officially opened with

a Pro Am inaugurated by the great Costantino Rocca. In 2018, modifications were made to 4 holes which further lengthened the course by over 200 metres, making it increasingly challenging and fun at the same time. The 7th hole (par 5 of 463 metres) which ends with the green in front of the club house is the signature hole. While the handicap hole 1 is the 13th, a 360 meter par 4 with a channel separating the fairway which interferes with the first shot and a water obstacle on the left. The club has a large and well-kept driving range ideal for training and organizing golf clinics. The Cavaglia Golf Club, which is located approximately halfway between Turin and Milan at the crossroads with the Aosta/Genoa route, is an excellent base for those who want to organize a golf tour among the best Italian courses in Piedmont, between Biella, Turin and Lake Maggiore. The characteristic colonial-style club house is home to the bar and the renowned La Prateria Steak House restaurant open to all with the charming veranda overlooking the green of hole 7. Furthermore, in the large car park, where the first Tesla Supercharger station was installed in Piedmont, there are 14 electric charging columns.



Via Santhià, 75 13881 Cavaglia (Biella)  
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segreteria@golfclubcavaglia.it



## THE REALE GOLF SCHOOL WAS BORN OUT OF A PASSION FOR THE GAME OF GOLF AND THE DESIRE TO SPREAD IT THROUGH ITS TEACHING.

The teaching activity began 50 years ago thanks to the founder and „progenitor“ Agostino Reale, who passed on his enthusiasm to his three sons, Andrea, Michele and Stefano. These have consequently first become internationally renowned players, then masters appreciated for their technical knowledge, experience, behavior and love for golf, which for the Royal family represents not only a sport, not only a job, but the fulcrum around which the what is now a family tradition.

The school doesn't limit itself to building good swings, but aims to train good players able to be at ease on any course. To achieve this goal, the members of the RGS use an organic method that takes into consideration

not only the playing technique, but also the knowledge of the rules of golf, the psychological nuances, the athletic aspects and the basic knowledge of construction of the tools used by the golfers.

The prerogative of the school is to supervise the various offices directly with a family member, not delegating to third parties or assistants. This makes it possible to guarantee a high level of quality, as well as to present students with a single, organic, coordinated and consolidated teaching model over the years. Furthermore, the students can easily experiment with the various teachers of the school, obtaining however coherent and never contradictory solutions.

## THE SCHOOL

Individual lessons: find in the „where we are“ section the course closest to you where an RGS instructor teaches.

Youth activity: RGS has always promoted the importance of youth activity in the various clubs, as it is the lifeblood for results, energy, involvement, fun and the future of golf.

The Golf Clinics: the RGS has been a proponent of this teaching method for 25 years, which allows you to concentrate in golf clinics from 1 to 7 days, at its offices in season or at mild locations in winter.

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The Cerrione Il Mulino Golf Club is a 9-hole course spread over an area of 30 hectares between the Bessa Nature Reserve and the Ollobbia stream. The club takes its name from an old mill, still present today on the fairway of hole 2.

The course is 2610 metres, it is a par 36 with two par 5s of over 500 metres, full of natural obstacles. One of these is the ruins of the old mill from the 1600s in the middle of hole 2.

There are few bunkers, hole 1 is spectacular with the lake to fly from above which fascinates everyone. Since January 2018, the maintenance of the course has been

entrusted to Matteo Sacco (Superintendent and qualified Greenkeeper, graduated from the national golf school in Rome), with whom the organic management began, free of herbicides and fungicides of various kinds, in compliance with the nature and man.

Our structure boasts a multi-year presence in the golf sector, offering the possibility of using one of the best playing fields in the entire Biella area and surrounding areas. The greens are very large with an average surface area of 600m<sup>2</sup> built with different degrees of slope and stratification of the terrain.

Services:  
Driving range  
Approach area  
2 Putting greens  
Outside pool  
Locker rooms

GOLF CLUB CERRIONE  
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13888 Cerrione Biella - ITALY  
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### IL RELAIS

Close your eyes and imagine a 4-star hotel at the foot of the Biella Alps. Surrounded by large green spaces, a swimming pool and padel courts. Enhanced by an elegant SPA and enriched by a cuisine and a local wine list. Theater for corporate, private and cultural events, with that extra touch. Imagine a Relais with all the services at your disposal on the outskirts of Biella.

Now open your eyes again: this is the Santo Stefano SPA Relais.

In any room you stay, you will be able to look out over the greenery that surrounds the Relais Santo Stefano.

If you want to pamper yourself a little more and choose one of our Suites, you will have a sitting room and a kettle with a selection of teas and herbal teas. If, on the other hand, you want to give yourself the best, the rooms of the SPA Lodge await you with their bathroom area equipped with multi-jet showers designed by Gessi.

A place to live.

### RESTAURANT

If you are looking for a peaceful corner, with a view of the olive trees and the swimming pool, stop at the SANTO STEFANO RESTAURANT.

A relaxed atmosphere will be the setting for a break during work during the week, or for a weekend break, after a game of padel or after a regenerating afternoon in the SPA. You can try our cuisine for lunch and dinner on the occasion of a business or private event, or during your stay at the hotel, or even for a visit during the day: in fact, the restaurant is OPEN EVERY DAY by reservation, even for external guests .



### SPA

The SPA of the Relais Santo Stefano, a few km from Biella, is all you need to recharge your batteries, disconnecting your mind and regenerating your body. A perfect cuddle to give or to treat yourself.

With attention to every detail, it is spread over two floors between modern design cabins and a wet area equipped with every comfort. A multi-sensory journey through colours, sounds, scents and natural materials that accompany our guests in search of a new dimension of well-being.

Our SPA awaits you whether you are a guest of the hotel or an external guest: IT IS OPEN EVERY DAY upon reservation.



### AND ALL THE SPORT YOU WANT...



### CONTACTS

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# PhysioGolfMarbella

## A BIELLESE IN MARBELLA FOR 13 YEARS



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Magna Marbella Golf,  
Avda calderón de la barca s/n 29660  
Nueva Andalucía (Málaga)  
Chiara Cantone +34 691 011 240

My name is Chiara Cantone, I was born in Biella and at the age of 20 I graduated in 2001 in Novara as a Physiotherapist.

Always a lover of sport, nutrition and health, I wanted to get involved and started my professional experience in the south of Spain in Marbella.

From the first moment I was struck by the large number of golf courses and, with a clinical eye, how potentially harmful the golf swing could be. But I had to know more so I approached the world of golf as an amateur.

As a former volleyball player, I didn't have too many difficulties in understanding the dynamics of the game (in volleyball the ball is simply bigger and the field smaller than in golf) and my sports mentality helped me a lot to be determined in my training goal.

As a physiotherapist I decided to specialize in golf injuries since, having done market research, none of my colleagues had this profile; I started taking lessons, training, playing competitions, until after several years and sacrifices, I went to Madrid and after tests and exams, in 2012 I became a golf teacher.

This is where it all started; I integrated my knowledge of anatomy, biomechanics and health into the technical gesture of golf and together with my friend and colleague Luis Martínez (golf teacher and professional) I

created the revolutionary Less is More Golf® method

Our headquarters is Magna Marbella Golf Academy, in the beautiful golf valley, in New Andalusia, a district of Marbella.

It is a method with a holistic approach oriented towards the player's health at 360 degrees, thanks to which our students learn or continue to play without incurring the pain or injuries typical of the game of golf; the swing is natural, it respects the individual's innate abilities and movements, learning through the 5 senses.

We complete our wellness offer with workshops dedicated to well-being, to give practical advice in order to improve the quality of life of the people who participate through mindfulness exercises, functional training, postural education etc.

In my team of teachers, we have physiotherapists, masseurs, osteopaths, personal trainers, sports psychologists and medical support, the method being endorsed by various clinics on the coast as a way to heal.

To complete the product, we offer, through the Physio Golf Marbella platform, therapeutic treatments at home or room service in the hotel, 7 days a week and at any time, to allow golfers to fully enjoy their stay in Marbella and the golf experience, without being limited by unexpected physical problems.

Our motto is "Feel better, live and play better"



## WELLNESS CHAMPION 2023

Chiara Cantone

Let's all be the best versions of ourselves

Jean-Guy de Gabriac - Founder  
Brussels 15-17 September 2023





“You don’t realize how important your health is until you lose it”  
 Phrase from my dear grandfather that has stuck with me and has certainly influenced my personal and professional path.

A university-trained physiotherapist, I became a golf teacher in Madrid in 2012 and combined the world of health with that of golf in Marbella, southern Spain.

The golfer’s profile fascinated me right away and the approach from a golfing point of view is very similar to the medical one.

It is necessary to diagnose the main errors, determine a treatment and give specific exercises until the next appointment.

The golfer is a person who wants to feel good and fit to be able to play as much as possible and my 2 projects were born from

this need; Physio Golf Marbella is a platform of health therapists specialized in home services to be able to physically help golfers not to miss a single day of golf, treating their pain and injuries.

Co-founder and director of the revolutionary golf teaching method Less Is More Golf which, through a holistic approach focused on wellness, takes care of both the golfer’s body and swing, improving health and technique.

Magna Marbella Golf Academy is located in the beautiful golf valley, in New Andalusia and is open to the public 7 days a week.

The public in Marbella is decidedly cosmopolitan and we receive visits from all over the world; for this reason we also offer an online lessons service, to be able to follow

our students wherever they are in the world. Being Italian and close to Switzerland (my hometown is Biella, Piedmont) the goal I am consolidating is to create a solid bridge with these regions, to be able to offer golf, health and a splendid climate all year round.

For the same reason I am creating a strong relationship with the Emirates, who due to the high temperatures cannot play as much as they would like and for reasons of culture and religion, the female sex is limited; this is why we are creating an exclusive and reserved area in my academy so that I, as a woman and golf teacher, can give lessons to this specific audience.

Marbella offers quality of life all year round, including easy and effective golf, with health and well-being.

My motto is “Feel better, live and play better”





# 3T

BOUTIQUE HOTEL IN IVREA



Located in the heart of Ivrea, just 450 meters from the historic centre, this exclusive Eco Boutique Hotel with 30 elegant rooms and suites, its own restaurant and bar and modern business room, has immediately become the perfect place to spend a few days discovering del Canavese, a Unesco heritage industrial city of the 20th century.

## ECOLOGICAL. COMFORTABLE. MODERN.

We designed our eco-boutique hotel with the idea of creating a sustainable balance between people and the environment and guaranteeing maximum comfort for guests: the 3T Boutique Hotel, in fact, was designed with profound respect for nature.

The structure is anti-seismic and entirely in wood, a sustainable material with a positive ecological balance, and is made up of Xlam panels, which make it light and resistant. A mineral fiber thermal coat guarantees its insulation and the solar and photovoltaic panel system, aligned with the solar rotation, takes care of the production of thermal and electrical energy. LED lighting limits energy waste.

Inside you will be able to enjoy the benefits of a wall of preserved greenery, a real vertical garden that helps regulate the temperature and humidity of the environment and purify the air in a natural way, without CO2 emissions. We are also equipped with two Porsche columns for recharging cars.

### ROOMS AND SUITES

Rest in one of the exclusive rooms and suites and let yourself be pampered by the soft velvet materials and iridescent colors that you will find in the 6 different room types.

At the 3T Boutique hotel the 30 rooms and suites express a modern and comfortable design. A different theme inspired the





concept design for each room so as to make them unique and unforgettable, with a view of both the Castle and the morainic amphitheater.

All rooms are equipped with a soundproofing system for an impeccable quality of sleep and privacy, lulled by ergonomic mattresses, very light shaved cotton sheets, and a real menu in which to choose your favorite pillow.

#### RESTAURANT

XO Restaurant & Lounge Bar is synonymous with traditional Piedmontese cuisine with delicious reinterpretations and with an original touch. Whether it's a business lunch, an aperitif at sunset or a special dinner, the XO staff and the attention of the entire structure are at your complete disposal.

#### BUSINESS HOSPITALITY

The 3T Boutique Hotel is equipped to host

events, presentations and business meetings. The business room is equipped with the most modern technologies such as the interactive Flipchart and is modular.



**IL 3T BOUTIQUE HOTEL**  
Via Sant'Ulderico, 7 ad Ivrea (TO)  
Per informazioni o prenotazioni:  
+39 0125 036019  
hotel@3thotel.it  
www.3thotel.it



Located on the outskirts of Turin, our 9-hole golf course awaits you.

Immersed in a landscape that will offer you pure fun and total relaxation.

Our primary objective is to create an aggregation pole in the area, bringing young people and their families closer to this exciting sport, which has returned to an Olympic discipline since 2016, capable of creating the right competitive spirit but above all of transmitting the importance of the rules by affirming unique values such as loyalty and style.

The intriguing 9 holes of our course, approved by the Italian Golf Federation in 2014, complete the initial design of the driving range and pitch&putt course, inaugurated in 2007.



**GOLF LE PRIMULE**  
Strada Provinciale di Rondissone  
10035 Mazzè TO - ITALY  
T +39 011 983 0224  
Info@golfleprimule.it



WWW.GOLLEPRIMULE.IT





[www.golfballs24.com](http://www.golfballs24.com)

#### A RECOVERY SERVICE YOU CAN TRUST ...

Every day, a large number of balls are lost due to incorrect shots, which players leave behind them on the playing field. Our entrepreneurial idea was born from this objective consideration.

"Golfballs24" has been in the business of selling and recovering used golf balls from lakes for over 20 years.

Thanks to the collaboration with professional divers, highly specialized in this sector, the recovery activity is carried out in the waterways with avant-garde equipment and tools, which allow during the operations to preserve the structure of the lakes in full compliance with the nature and environmental balance.

The balls recovered in the fields then allow us to activate sales channels

in order to recycle products that would otherwise inevitably pollute the beautiful playing fields and at the same time guaranteeing the preservation of their uncontaminated nature.

Our divers, during the search for the balls, also take care of cleaning the filters and collecting all the waste found on the bottom of the lakes, then proceeding with the correct disposal of the same.

To date we collaborate with about 100 golf courses in the world.

What is the service we offer?

We first carry out a specific study of the golf course where our research will take place, in order to plan the activity in detail. Once the most suitable solutions have been identified for the field, they are shared with the Club Managers in order to implement what was planned. At the end of the recovery service, the



double result obtained will be visible and tangible: the reclamation of the bodies of water in full respect of the environment and a secure income for the course, as the recovered balls will be paid to the golf course by bank transfer banking.



#### GOLFBALLS24 SRLS

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[www.recuperopallinegolf.it](http://www.recuperopallinegolf.it)

# myputter.ch

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OFFICIAL RETAILER



**GOLF CLUB VERONA**  
dal 1963



Located on the outskirts of the city center, the Verona Golf Club is a demanding course nestled amongst the vineyards of Custoza. Set in a perfectly intact landscape, it is an itinerary of choice in traditional golfing. The Golf Club Verona is considered one of the most prestigious Clubs combining the beauty of the Course with the charm of its Club House and its long tradition.

A hilly course with slopes only on challenging stretches. The first nine holes are narrower and shorter, the second nine are very long but also wider. The raised greens demand a well-calculated approach.

- Men's slope rating 142 | Men's course rating 73,7 | Women's slope rating 134 | Women's course rating 75
- 18 holes, par 72, 6075 metres
- Driving Range with putting green on two levels, pitching green, chipping green and bunkers

After a game of golf or to spend a day of relaxation, take a plunge in the swimming pool of the Golf Club Verona in the midst of the Club's marvellous park. To conclude a pleasant day focused on wellness, why not sample one of the dishes offered by the Restaurant? Enjoy an occasion of wellness and an unforgettable experience!



Golf Club Verona A.S.D  
Loc. Ca' del Sale, 15  
37066 - Sommacampagna (VR)  
info@golfclubverona.com



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Founded in the early 50s by a group of friends, Barlassina Country Club has always been a meeting place between golf and the pleasure of sharing time with friends.

pride and proof of how this goal is achieved and reconfirmed every day thanks to the passion that each member of our staff demonstrates in their work.

The exclusive location, surrounded by the Groane Park, makes the club a unique place to get away from the chaos of the big city and enjoy the beauty of spending a day between the wonderful 18 holes (created by the inspiration of the Englishman John S.F. Morrison, assisted by Donald Harradine) which develops among the hills of the splendid bucolic landscape.

Designed by architect Luigi Vietti, the club house is reminiscent of the country house of a large party-loving family. The style of the club recreates, even in its structures, an elegant but at the same time welcoming atmosphere. The charm and elegance of the club house have enchanted many, so much so that Michelangelo Antonioni chose it as the set for the film "The Night" in the 1960s, with Jeanne Moreau and Marcello Mastroianni.

The extensive history of the club and the affection shown by its members are our

Service:  
Club House  
Guest Rooms  
Restaurant  
Tennis  
Pool



BARLASSINA COUNTRY CLUB  
Via Privata Golf, 42, 20823  
Lentate sul Seveso MB - ITALY  
info@barlassinacountryclub.it  
T +39 0362 560621





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REPORTAGE:  
GOLFING IN LIGURIA





## ROYAL HOTEL SANREMO: AN OASIS OF LUXURY, CHARM AND RELAXATION ON THE ITALIAN RIVIERA OF FLOWERS

The Royal Hotel Sanremo is an exclusive and charming five-star hotel rich in history and tradition. With a breathtaking view of the Mediterranean Sea and surrounded by its lush subtropical park, the hotel offers its guests an oasis of peace and well-being within walking distance of sandy beaches and downtown attractions, including the famous Casino and elegant boutiques.

Only 45 minutes from Nice International Airport and 30 minutes from Monaco, it is the ideal choice for guests seeking relaxation, intimacy, and luxury: a perfect blend of refinement, warm hospitality, and personalized service.

It features 127 rooms and suites with all modern comforts, spacious lobby with panoramic views, piano bar, and smoking lounge. It also presents a delicious and top-class cuisine with innovative dishes and gourmet experiences to satisfy even the most refined palates.

For a relaxing break, guests can enjoy the outdoor seawater pool heated at 27°C, open from April to October, a beautiful panoramic terrace, a tennis court and the Royal Wellness, featuring high-end treatments, hydromassage pool, emotional showers, Turkish bath, Vitarium, relaxation area and fitness room.

Just 5 km from the hotel is the Circolo Golf degli Ulivi, an 18-hole course nestled in a green hillside overlooking the sea, accessible year-round thanks to the mild climate of the Riviera of Flowers. This prestigious club, which celebrated its 90th anniversary in 2022, is renowned not

Corso Imperatrice, 80, 18038  
Sanremo IM, Italy  
[www.royalhotelsanremo.com](http://www.royalhotelsanremo.com)





only for its breathtaking panorama, but also for its environmental commitment as evidenced by the federal award "Committed to the Green (INV) Cultural Heritage - Historical, Artistic and Cultural Heritage."

Therefore, our golfing guests can take advantage of the beautiful Golf Club and one of the special Golf offers that will allow them to combine physical and mental well-being with our "Golf and Wellness Experience." An exclusive offer that includes, in addition to two Green Fees and other unique added values, a gastronomic experience to discover local flavors and two wellness treatments to regenerate the body and mind.

All this and even more at the Royal Hotel Sanremo, a unique setting for an unforgettable stay.



 **TRENTINI**  
HARDWOOD PUTTERS



Swiss Line available

[Francescababini@icloud.com](mailto:Francescababini@icloud.com)

0041 78 843 09 60

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piacere al gusto

EVERY GOLFER IS UNIQUE



GOLF PLEASURE AND TASTE  
EXCLUSIVE INTERVIEW WITH  
DARIO TRENTINI, FOUNDER  
OF HARDWOOD PUTTERS



TRENTINI

HARDWOOD PUTTERS

**Golf Pleasure and Taste (GPT):** Welcome, Dario! We're thrilled to have you with us today. Can you share with our readers the inspiration behind HARDWOOD PUTTERS?

**Dario Trentini (DT):** Thank you for having me! The inspiration for HARDWOOD PUTTERS came from my passion for golf and my admiration for traditional Italian craftsmanship. I wanted to blend these two worlds to create something truly unique and exceptional.

**GPT:** Your putters are indeed a testament to Italian craftsmanship. Could you tell us more about the artistry and dedication that goes into crafting each putter?

**DT:** Absolutely. At HARDWOOD PUTTERS, we take immense pride in our artisanal approach. Each putter is meticulously

handcrafted in Italy by skilled artisans who have inherited centuries-old woodworking techniques. They pour their expertise and passion into every detail, ensuring that each putter is not only functional but also a work of art.

**GPT:** That attention to detail is truly remarkable. Can you share a bit about the materials you use and how they contribute to the excellence of your putters?

**DT:** Certainly. We spare no expense when it comes to materials. We source only the finest woods from around the world, including Italy's lush forests and exotic woods from distant lands. Each piece of wood is carefully selected for its beauty and performance, ensuring that our putters not only look exquisite but also deliver exceptional results

on the green.

**GPT:** Your commitment to quality is evident. How do you approach customization, and what options do customers have when personalizing their putters?

**DT:** Customization is at the heart of what we do. We believe in empowering our customers to create their golfing legacy. From selecting the perfect wood to choosing custom shafts, weights, and inlays, the possibilities are endless. Our customers have the freedom to tailor their putters to match their unique style and preferences.

**GPT:** Impressive. And finally, what sets HARDWOOD PUTTERS apart from other options on the market?

**DT:** What sets HARDWOOD PUTTERS apart is the perfect blend of craftsmanship and performance. While our putters are undeniably works of art, they are also precision-engineered tools designed to elevate your game. With HARDWOOD PUTTERS, you're not just buying a putter; you're investing in a golfing experience that embodies the true essence of Italian craftsmanship.

**GPT:** Thank you, Dario, for sharing your insights with us. It's been a pleasure speaking with you.

**DT:** Thank you for having me. It's been a pleasure.

EVERY GOLFER IS UNIQUE



WWW.HARDWOODPUTTERS.COM



## Residence Due Porti



The Residence dei Due Porti offers fully furnished studio, two-room and three-room apartments in the center of Sanremo for a seaside holiday ten meters from the beach. The comfort of an apartment with the service of a hotel. The price includes daily cleaning and change of bathroom and kitchen linen every two days, air conditioning, fast wifi internet, bicycles to use on the nearby cycle path.

Presence of at least one person at the concierge day and night. The reception office is at your disposal from 8:00 to 19:30. Solarium with a splendid sea view equipped with sun loungers. Tripadvisor Certificate of Excellence from 2011 to 2023.

### Residence dei Due Porti

Corso Trento Trieste 23 Sanremo (IM) Italy

Tel. +39 0184 506506 WhatsApp +393355795800

E-mail: [info@dueporti.it](mailto:info@dueporti.it) [www.sanremo-aphotel.com](http://www.sanremo-aphotel.com)



### 18-hole course

- PAR 69
- 5203 m
- Driving Range
- Putting Green
- Restaurant
- Pro Shop



Created in the 1930s, the golf course consists of 18 holes and is located on hills of olive trees and mimosas.

It all began on Tuesday 1 December 1931, when Prette and Pasquali, two of the best goalscorers of the time, decided to perform a demonstration in front of a curious audience new to the sport. Due to its morphology, the course certainly cannot be counted among the long ones, the par 4s are all more or less easily reachable with the second shot. It is not a course for „hitters“, but it compensates well for this deficiency by offering very technical and delicate holes, where the player must pay maximum attention.

Architect: Peter Gannon

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# LEISURE BY THE SEA



LA SPIAGGETTA DEI  
BALZI ROSSI

LEISURE BY THE SEA

Come and visit us by boat or car, you will be welcomed with a yacht tender or with a shuttle service that will take you from the car park to the beach. Our gourmet restaurant is always open and at sunset it transforms into a sparkling lounge bar by the sea, with music and refined cocktails.

For wellness lovers it is possible to participate in specifically designed courses with personalized detox menus, follow yoga and aqua fitness lessons.

If you are thinking of a special occasion, a dinner, a party or even a wedding, let our team organize it for you.



[www.balzirossi.it](http://www.balzirossi.it)  
+39 0184 22 70 20  
[reservation@balzirossi.it](mailto:reservation@balzirossi.it)

Are you planning to reserve a yacht, a limousine or a personal shopper? ...We'll think about it!

## THE PLEASURE OF TASTE

From May to September, the Spiaggetta restaurant offers dishes prepared with fresh local ingredients and the catch of the day; a Mediterranean cuisine dedicated to well-being.

We offer a list of fine wines to accompany your dishes and a choice of classic and refined cocktails.

Our chefs are available to create personalized menus for your dinners and private events.





# M

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## Mirazur

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### Mirazur's universe

At the foot of the mountains overlooking the sea, a stone's throw from Italian border post, the 1930s-era rotunda building housing the Mirazur enjoys an idyllic setting.

It spreads over three levels on the hillside, surrounded by lush vegetation.

The elegant, spacious and light-drenched dining room commands a panoramic view of the sea and the town of Menton through the large windows running all the way around.

### The kitchen

Through his personal interpretations of ingredients and flavour combinations, Mauro Colagreco has forged a style of his own.

He has absorbed his Italian-Argentinian cultural heritage and that of the chefs with whom he trained, and now follows his intuition as he draws on the local culture on both sides of the border.

Inspired by the sea, the mountains and the fruit and vegetables grown in his own gardens, Mauro invents colourful, pictorial dishes that play with textures and bold contrasts.



### Mauro Colagreco

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### Restaurant Mirazur

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reservation@mirazur.fr





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CAP ST GEORGES  
HOTEL & RESORT

# GOLF PARADISE IN CYPRUS

## CAP ST GEORGES

Cyprus, the enchanting island in the eastern Mediterranean, captivates not only with breathtaking landscapes and historical landmarks but also offers excellent golf courses that make the heart of every golf enthusiast beat faster.

The golf courses in Cyprus are renowned for their top-notch designs and the opportunity to play amidst nature. With mild weather and sunshine throughout the year, the island presents ideal conditions for golfers of all levels. Well-maintained greens and diverse challenges create unforgettable golfing experiences.

An outstanding jewel among luxury resorts in Cyprus is the 5-star Cap St Georges Hotel and Resort. Its coastal location and luxurious amenities make it an unparalleled retreat for travelers. The resort combines its accommodations with a sophisticated golf offering. It presents exclusive golf packages for stays of 3 to 5 and 7 nights, including meals, transfers, and a special golf set. The public golf courses of Minthis, Secret Valley, Aphrodite Hills, and Elea are in close proximity and covered by the Cap St Georges package.



The **Minthis** golf facility in Cyprus stands out with a challenging design cleverly integrated into the hilly landscape, offering players spectacular views.

**Secret Valley** impresses with a picturesque location in a valley, surrounded by vineyards and lemon trees, providing a harmonious blend of nature and golf enjoyment.

**Aphrodite Hills** not only captivates with its challenging fairways but also with impressive views of the Mediterranean and the ancient Aphrodite Sanctuary.

The **Elea** golf course in Cyprus fascinates golfers with its masterfully designed course by Nick Faldo. Lush vegetation and elegant water obstacles make this course a highlight for golf enthusiasts.

Away from the golf course, guests can experience culinary diversity in one of the ten restaurants of the resort or indulge in the spa area. In the Sky 7 Restaurant, guests are treated to gourmet cuisine by world-renowned Michelin chefs once a month. With a harmonious mix of nature, sport, and luxury, Cap St Georges in Cyprus is a perfect destination for discerning travelers seeking an exclusive golf experience.



[www.capstgeorges.com](http://www.capstgeorges.com)



# FINE DINING AT CAP ST GEORGES

A journey to Cyprus promises an unforgettable experience, not only for golf enthusiasts but also for food connoisseurs. Cap St Georges has its own „Perivoli“ Garden, offering Mediterranean products across 44,000 square meters. Fresh fruits, vegetables, herbs, and citrus fruits from this garden are utilized in the resort’s restaurants, including the fine dining establishment, Sky 7. This is where the culinary event series ‘Sky 7 Stars’ has already commenced, featuring renowned Michelin-starred chefs who delight guests with their gourmet cuisine once a month. The diverse menus showcase a wide range of flavors influenced by international cuisines and modern techniques. From Mediterranean to Asian cuisine, everything is offered, with a particular emphasis on using regional ingredients and sustainable fishing practices.





## NETWORKING SERENDIPITY: A DAY IN SYDNEY

I was on a private yacht in front of the Sydney Opera House, hanging out with millionaires.

“How did I get here?” I wondered.

The sun was shining, the water sparkling, and the conversation buzzing with ideas and opportunities. We were an intimate group of seven, enjoying a late lunch of vegan sushi.

I was supposed to meet up with a friend in the city, but instead, I found myself being picked up by friends of hers on a private yacht. The experience was surreal, the

kind that makes you reflect on the power of serendipity.

Yet after all, it wasn't the first time I found myself in exclusive situations that not even money can buy. Courtesy of my network, which was remarkably broad and diverse. Through my corporate role as a PR executive, I had developed and nurtured relationships with journalists, mega-influencers, VIPs, celebrities, and luxury brands. On a personal level, I was frequenting personalities from thought leaders to executives to entrepreneurs to politicians to royalty to old friends from

school, all around the world.

A few years before, I had been ranked among the top 10 most connected people in the world. This recognition had led to speaking engagements at conferences and consultations as a networking strategist with corporations and personal brands. I had made it my mission to teach these publics the principles that led me where I was.

“You shouldn't go into networking if you haven't done personal development work first. Without personal development, you're likely to have a scarcity mindset, thus becoming a taker, or at best, a matcher. True networking requires being a giver, which you can only do if you live in abundance. And you can only live in abundance if you have done personal development work.”

“Living in abundance also leads to finding joy not only in connecting with people, but also and especially in connecting them with one another. This is the essence of a connector. A networker builds relationships but keeps them to themselves. A connector builds relationships and shares them generously, facilitating connections and creating value. When done at scale, you are a super connector. And when done globally, you are a Global Super Connector.”

“Jessica, join us on the bowl!” my new friends called. I had been immersed in my thoughts for a few seconds without realising. “Coming!” I replied. I gazed at the Sydney skyline and smiled, thinking: “Serendipity: it feels like the first time every time.”

J Fab  
PERSONAL PR

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# DAS ACHENTAL

## PURE CHIEMGAU

In the heart of the Chiemgau, between Chiemsee and Kampenwand, you will find our resort DAS ACHENTAL. Pure nature, lots of feel-good ambience and first-class service guarantee you relaxation and enjoyment from the very first moment. Discover our rooms and suites, indulge yourself in our restaurants, relax in our spacious wellness area or enjoy our excellent 18-hole golf course in a unique natural setting. Edip Sigl and his team will be happy to welcome you to the 2-star gourmet restaurant es:senz and take you on a culinary journey. Whoever enters es:senz is greeted by a pleasant atmosphere, atmospheric lighting, noble interior, open fireplace and stylishly set tables. This luxurious yet relaxed ambience is complemented by cordial staff and crowned by the culinary delights from the kitchen.





## STAY IN THE HEART OF CHIEMGAU

Our 195 well-being rooms, Junior suites and suites combine relaxed luxury and Alpine cosiness. The facilities include plenty of original wood, loden and natural materials to create a cosy atmosphere, in which you get to wonderfully relax.

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## ES:SENZ

The pure flavour of Chiemgau. Surprising re-interpretation.

Behind the name es:senz is the promise to concentrate on the essentials in every dish. Instead of many ingredients, only a few selected components are used, from which the best of their original taste is extracted. True to our motto «Chiemgau Pur», mainly regional products are used for this, naturally in the best organic quality. The 2-Michelin-star gourmet restaurant es:senz in Chiemgau, combines everything the heart desires. Visitors can expect plenty of variety, such as the magnificent Chiemsee, mountains, moorland, sights such as Herrenchiemsee Castle, the hotel's own golf course, lots of relaxation in the Achenal SPA and plenty of feel-good ambience in the resort's rooms and suites. A perfect combination for a relaxing break paired with the finest culinary delights at the gates of Munich.



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## ACHENTAL SPA

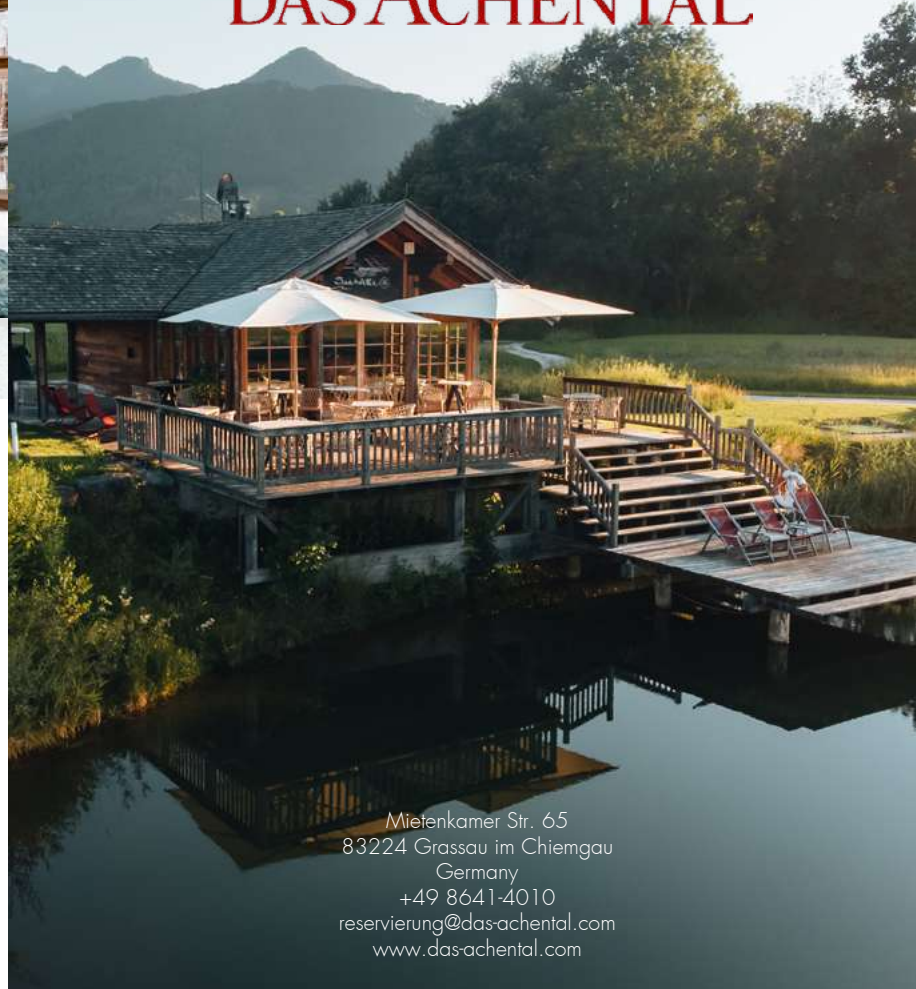


True beauty comes from within. Let's start with your well-being. With our feel-good treatments, we create moments of happiness that you can draw on for a long time to come. We pamper you from head to toe and ensure relaxation that you will see. Let our spa team pamper you and return home fresh and relaxed. We will be happy to advise you individually and put together a feel-good program according to your wishes.

We recommend that you book your personal spa break before you arrive so that you can make a firm reservation as you wish. You can reach us by email at: [spa@das-achental.com](mailto:spa@das-achental.com) or by telephone at Tel: +49 8641 401 760.



# DAS ACHENTAL



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## DAS ACHENTAL

18 hole - course

- 5835 Mt
- 6 Restaurants
- PGA Premium Golf School
- PGA Academy
- Pro Shop
- Simulator
- Fitting Center

The Das Achenal resort is located in the heart of the Chiemgau, between Kampenwand and Chiemsee. The in-house 18-hole golf course, rated as a 5-star superior golf course and one of the „Leading Golf Clubs of Germany“ as well as the PGA Premium Golf School with spacious practice facilities are right next to the hotel. Opened in 2013 and designed by the renowned course architect Thomas Himmel, the course challenges players of all handicap classes and at the same time impresses with its excellent maintenance and high standard of service on and off the golf course. Another highlight is the Halfwayhaus Seehütte10, which is well-known across the border and is located on the hotel's own lake.

### DAS ACHENTAL

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 shangel@das-achental.com







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REAL ESTATE



## AMEDEO MENEGAZ

Amedeo Menegaz, dynamic entrepreneur, was born in Rome in 1973. In 1999 he began working, as a designer, for the Archiconsult SA studio in Lugano, of the well-known architect Giorgio Giudici.

After 7 years of experience, combined with passion and talent, he decided to pursue a professional career independently: the AmProgetti studio was born in 2006.

In 2010 he founded the company AmProgetti Sagl, an architecture studio and Feng Shui school; in this renewed context, the construction of the first Feng Shui residence in Ticino begins, the Residenza Sguardo (completed in 2012).

In 2014, Amedeo's book, The sense of Feng Shui, was published by Salvioni Editore, and he set up the Feng Shui interior design studio in Dubai: AMEDEO MENEGAZ FZ LLC in D3 (Dubai Design District).

In October 2015, the AmProgetti Sagl studio was recognized as a training company for AFC architecture apprentices.

Starting from January 2017, Amedeo is a guest during the program In onda con voi on Teleticino. The first episode aired on January 19th. All the episodes concerning Feng Shui are uploaded on the YouTube channel.

December 2020 Amedeo develops his art and founds the oEdem'Art brand.

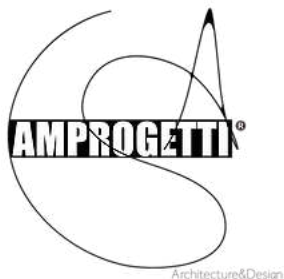
He is hosted with two of his works at the virtual collective exhibition «Love and its forms» curated by the artist Rubinia.

<https://bct.comune.terni.it/amore-e-le-sue-forme-0>

*«I need to feel the power  
within me.» AM*







## “FEEL THE ENERGY OF THE NATURE”

Quote from Amedeo Menegaz's "Il senso del Feng Shui", SalvioniEdizioni, 2014

- AMEDEO MENEGAZ -

# AmProgetti

- FENG SHUI ARCHITECTURE -

In AmProgetti's architecture, contemporary style meets the ancient Feng Shui philosophy, a very important aspect in the creative process.

This oriental discipline makes it possible to qualify living spaces by creating an energetic harmony between man and natural elements. The study and knowledge of Feng Shui prompted Amedeo Menegaz to found a thematic school and to formulate the concept of «Feng Shui residence», defining in design terms the possibility of sharing the practical advantages of this philosophy.

Feng Shui has become an essential approach in the work of the AmProgetti studio, both in the design of new spaces and in the reformulation of existing ones; it is what is defined as Feng Shui consultancy, i.e. the personalized analysis of the customer for an intervention aimed at increasing well-being in his living spaces.

AmProgetti periodically organizes courses on Feng Shui design at its headquarters in Bellinzona, for the training of new qualified professionals.

### WHAT IS FENG SHUI?

Feng Shui is an ancient oriental philosophy dating back 6,000 years. It brings well-being and vital energy to our private spaces, workplaces and all frequented environments. This Chinese practice provides guidance on

how to furnish, arrange furniture, use shapes, choose materials and colors according to one's elemental structure, in order to increase inner and outer harmony and the quality of life.

The main purpose is to improve physical and mental health by removing negative energies, which are often the cause of discomfort, ailments and disturbances.

Feng Shui consultancy concretely proposes the possibility of an effective change for the benefit of individual fulfilment.

You will discover a concrete improvement in your affective and social life. Positive energy will increase optimism, self-esteem, determination to achieve goals, which will imply a secure self-realization.

Harmony, health and success are the keywords.

AmProgetti's Feng Shui philosophy expands, reaching international borders.

This is where «Amedeo Menegaz Feng Shui and Design» comes to life. Designed to best meet the needs of the individual, to ensure psycho-physical well-being in the individual.



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 **TRENTINI**  
HARDWOOD PUTTERS



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